

Masturbating in one's sleep

Posted by DesertLion - 20 Mar 2010 17:41

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Hey Guys,

This may disgust a lot of you, but yesterday night I masturbated during my sleep. Thankfully, I didn't go the whole way and end up falling. I also remember that I was having a very erotic dream at the same time.

Whilst this has happened before in the past, I've never been able to discover how to totally eradicate this problem. Do any of you have any tips/experience with a similar problem?

Thanks guys and hope you're all well.

TC and KUTGW,

DL

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Re: Masturbating in one's sleep

Posted by DesertLion - 24 Mar 2010 12:14

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Am I the only one who's experienced this phenomenon? Oh well, I guess I must be special then, lol.

Anyway, I have found that regularly reading the Chizuk e-mails seems to act like a spiritual shield to this problem.

TC fellas, and I hope you're all well.

DL

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Re: Masturbating in one's sleep

Posted by Yosef Hatzadik - 24 Mar 2010 18:14

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See the "Wet Dreams" thread in the "Break Free" section [- it is now on page 2].

This topic is discussed thoroughly over there. (Including what a Rabbi told me about this topic - towards the end of the thread)

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Re: Masturbating in one's sleep

Posted by Chazak Amenu - 24 Mar 2010 21:46

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i agree with Yosef Hatzadik you should read up on it it answeres all of your questions here is a link in case you cannot find it.

[rehab-my-site.com/guardureyes/forum/index.php?topic=1891.0](http://rehab-my-site.com/guardureyes/forum/index.php?topic=1891.0)

hope this helps! peace out!

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Re: Masturbating in one's sleep

Posted by DesertLion - 25 Mar 2010 18:37

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Hey guys,

Thanks for your help. I will check out the link tonight. I hope you're all doing well (Chazak, Yosef and Rage).

Also to Rage:

Looks like the stakes are high then! I think I might have to chicken out of this one, lol. I didn't know it was possible to have sex with the missus whilst completely asleep!

Anyway,

KUTGW and Keep on trucking,

DL

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Re: Masturbating in one's sleep

Posted by Chazak Amenu - 28 Mar 2010 01:33

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Were you able to check out the link and if so did it help? have a great pesach!

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Re: Masturbating in one's sleep

Posted by DesertLion - 28 Mar 2010 15:29

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Hey Chaz,

I checked out the link and it was helpful. Thanks for bringing it to my attention. How are you doing? I hope you have a great Pesach as well.

TC and KUTGW,

DL

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