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HELLO I'M NEW TO THIS FORUM	
Posted by Kedusha252 - 07 Mar 2010 01:28	

A Gut Vocht to the the members of this heiligher forum,

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Every Motzei Shabbos in *atah chonantanu* we ask Hashem to save us from sinning - "chasuchim mikol cheit," during the coming week. Oftentimes when I say this bakasha just moments removed from a spiritually uplifting Shabbos I don't feel the urgency to implore Hashem to save me from the awesome nisyonos of viewing improper things or m\*\*\*urba\*\*on. This reminds me that one of the hardest things about this "nisayon of our generation," as R' Bentzion Shafier from the Shmuz.com calls it, is to maintain a strong motivation to be weary of the taivas we have and the tremendous responsibility we have to fight them.

I hope your Shabbos was rejuvinating and enjoyable

The weekends are a time when taiva burns a little stronger so I hope I can stay aware of all obstacles and taivas over the weekend. May we all have the strength to win and keep growing day by day and week by week.

Sincerely,	
TrueRatzon	
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Re: HELLO I'M NEW TO THIS FORUM	
Posted by silentbattle - 07 Mar 2010 01:45	
Amen!	

## **GYE - Guard Your Eyes**

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Since you're obviously aware of the struggles coming up, is there any way you can prepare beforehand, schedule a full, exciting fun day?

And then, you can look back and say, "what a great day i had - and I even feel great afterward!