

A Messed Up Image of Hashem

Posted by trying123 - 04 Mar 2010 12:34

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Hi Guys...

What kind of relationship do you have with Hashem?

I have such a hard time turning to Hashem for help... :-[

I want to be able to connect, but have very negative associations with anything involving Hashem... :'(

This is due to a very messed up message about Judiasim that I grew up with....

Does anyone else out there have this issue?

How can I undo this?

The reason I ask is because one of the fundamental concepts of the 12 steps is about turning to a higher power to pull us through....

I seem to be unable to do this.... ???

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Re: A Messed Up Image of Hashem

Posted by silentbattle - 16 Mar 2010 21:51

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First of all - no, I'm not bored. Trust me, I have a million things on my mind right now! But I want to read your posts, your thread, because YOU are important to me.

Why do you think that everyone won't understand you? I agree that I don't fully understand what you're going through - but I accept that you have trouble with doing all the things you want to do, and that you're working on it. And I think that's beautiful.

As far as wanting to yell at hashem...what do you think the healthy way of doing that would be? I think that it would be something along the lines of saying, "Hashem, you've put me through a lot of pain in my life, in situations x,y, and z. I really feel angry because of that, since I'm not able to see your plan, and it's really difficult to even remember that there IS a plan, sometimes." I think it's fair to say that.

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Re: A Messed Up Image of Hashem  
Posted by trying123 - 17 Mar 2010 04:35

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I felt a bit more positive today...

Is it because I did exercise...?

Or was it simply a blessing from my G-d...?

Or is it that a medication I am taking kicked in...?

Either way I am thankful...

It is great to have you people to turn to...

(thanks 7up and SB for your responses...)

Peace and Love Holy Brothers...

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Re: A Messed Up Image of Hashem  
Peace Holy Sisters  
Posted by trying123 -- 19 Mar 2010 04:17

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The past couple of days I felt myself heading up a little....

I was used to being somewhat inhibited, past couple of days I was feeling less so....

(I feel bad that some of my posts lately were.... well a little confrontational....)

I want to slowly get used to striking a balance betw. being assertive but still sensitive....

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Re: A Messed Up Image of Hashem  
Posted by DovInIsrael - 21 Mar 2010 15:25

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confrontational is fine.

no prob at all - we can handle it.

besides these are great times to start a funny face feud!

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Now I am struggling so so much... I don't think I will hold out...

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Nobody.

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Finding a balance is what it's all about - you'll get there.

Hope you're doing OK - sorry I haven't been around as much, I've been crazy busy with life...(what, life outside GYE???)

When you're down, remember what will help you feel better. And we both know that falling isn't going to help.

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Re: A Messed Up Image of Hashem  
Posted by trying123 - 23 Mar 2010 19:48

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[dov wrote on 23 Mar 2010 16:37:](#)

Nobody - nobody is perfect.

Nobody.

Thumbs up....

Its all in the pudding... Or else no one would survive....

We do and do and do... It's like a two way highway with a rest stop on the other side... But it's good....

What ??? ??? ??? ??? ??? ??? ??? ???

I'm learning from Rebbe Reb Dov... It will make sense if you work hard enough to understand it  
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Re: A Messed Up Image of Hashem  
Posted by trying123 - 27 Apr 2010 06:42

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You probably forgot about my whole issue here about whether G-d is kind or not.....

Here is my bottom line:

The issue was never how I view G-d, it was my own issues that where coming to the surface....

See this:

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