GYE - Guard Your Eyes Generated: 28 July, 2025, 13:05

HELP!!!! Posted by undertheNet - 02 Mar 2010 09:46
I'm on my eighth day, and so far have had almost no problems. Today I opened a folder on my PC and found some pictures in it which shouldn't have been there - in an instant all the old feelings came back. I understand know why this is called an addiction.
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Re: HELP!!!! Posted by bardichev - 02 Mar 2010 14:53
Understanding does not help!
KEEP ON TRUCKING
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Re: HELP!!!! Posted by Chazak Amenu - 02 Mar 2010 16:33
don't worry underthenet, what you need to do is ASAP close the page and get rid of it with out even thinking about it! and then come here and find chizuk so you will not fall!!!! and eventually you will forget why it is called an addiction! be strong
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Re: HELP!!!! Posted by silentbattle - 02 Mar 2010 18:29
Delete them, move forward, and rock on!
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KEEP ON TRUCKING!!

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