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Posted by kadosh - 21 Feb 2010 00:48

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Re: some advice, please  
Posted by shemirateinayim - 21 Feb 2010 02:15

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It happens to guys .

ANd thus all guys in yeshiva seem to have some unwritten rules about protecting each other's privacy in such 'personal' areas. Some 'uncouth youths' may even be so blunt as to mention such 'ploicies' to their new roomates (I personally bore witness to such a 'oreantation'--weird is an understatement).

It will also happen to people at the start, and for a large duration of their clean streak. The point in this is for you to get depressed over it, and in doing so lose the battle against your Yetzer hara. Don't be yet another statistic, realise there is nothing you can do, you have done nothing wrong, you will not be held accountable for this unless you could have done soomething to prevent it, and above all.... ;D smile.

Going to yeshiva, assuming you utilixe the oppertunity to seriously learn (on whatever level it may be), is the most empowering tool in your fight agaist the Yetzer Hara in these areas, specificy. It will give the you means, power, and inspiration to connect to Hashem, to the propper extent needed to do the 12 steps. Personaly, I feel it may be possible to suplement hitting "rock bottom" utilizing intense torah study. it's just a hypothesus, and I can easily be wrong about it.

Oh yeh, and welcome \*arms open-wide to give a hug\* (we don't have the :)for it). Keep the dialog going here. If you keep your thread flowing enough, you might be able to keep all the regulars following your story, and adding their insight. Good luck (I talk from experience---but there is always SB who will be there for you)

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Re: some advice, please

Posted by Sturggle - 21 Feb 2010 07:17

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Kadosh,

It is normal. No reason to see a doctor. Please don't let it get you down. That is just giving the y"h what he wants. And learning in yeshiva is a great idea! You're working on yourself and I think that fits hand in hand with being in a learning and growing environment.

much hatzlacha!

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Re: some advice, please

Posted by the.guard - 21 Feb 2010 18:37

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[kadosh wrote on 21 Feb 2010 00:48:](#)

Hi GYE friends,

On last week i had a problem.

I was 7 days clean and i had keri twice on 2 following days. Sometimes it hapens after 10, 14 days. I couldn't believe in what hapened. I get so depressed because of this. Is it normal? Should i see a doctor?

[www.guardureyes.com/GUE/FAQ/FAQ5.asp](http://www.guardureyes.com/GUE/FAQ/FAQ5.asp)

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Re: some advice, please

Posted by imtrying25 - 21 Feb 2010 18:42

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Dear Kadosh,

What an appropriate name! As is obvious from your tremendous teshuka to get better you are very holy! And as others have already explained, this is normal. And when it occurs, it doesn't have to be public knowledge. Even in a yeshiva people are usually pretty respectful of others' privacy. In most situations, at least.

Hatzlacha rabbah!! Wishing you all the best!

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Re: some advice, please

Posted by silentbattle - 22 Feb 2010 23:19

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[-?- wrote on 21 Feb 2010 02:15:](#)

Some 'uncouth youths' may even be so blunt as to mention such 'policies' to their new roommates (I personally bore witness to such a 'orientation'--weird is an understatement).

Um, yeah - that would be kinda weird - not sure if I should laugh or wince!

[-?- wrote on 21 Feb 2010 02:15:](#)

but there is always SB who will be there for you)

Hey, SE - I appreciate the vote of confidence, but let's not expect too much - I've been falling

Kadosh - Wow! The more I learn about you, the more impressed I am - you're frum despite coming from a family that 1) is not frum, 2) is actively antagonistic to you being frum! That's truly incredible.

I agree with you that going to yeshiva would probably be a good idea. Going to a different country might be difficult, but I'm sure you can talk to people who can help smooth the way for you.

As far as being nervous/embarrassed about keri issues, I totally understand. Waking up in the morning and having to deal with it when you've got roommates - not fun. But I think pretty much everyone's done it, and we're still here, alive and well. It's something that, as embarrassing as it is, everyone else deals with, too.

Keep on rocking - let us know what's happening by you! how many days clean are you now (remember, keri is *totally* not a fall)?

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Re: some advice, please

Posted by Sturggle - 23 Feb 2010 08:23

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Kadosh,

You have a lot going on. I have a lot of respect for you for pushing through and holding on to  
, even if we don't feel that way, it really helps!

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what you know is important. And we can always