

walking contradiction

Posted by yankeld - 16 Feb 2010 03:56

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But what the heck. Double standard my fanny! I was mekabel OI Malchus Shamayim 2x today. No I wasn't. If I was really mekabel OI Malchus Shamayim - truly accepted it - this would have never happened.

in desperate need of chizuk.....

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Re: walking contradiction

Posted by trying123 - 16 Feb 2010 04:15

Hey Buddy: You're fighting the battle, you want to be better... This sounds like a good jew to

me...

Hey, big men have fought dirtier battles. We don't always get to choose our battles, they are sometimes thrust onto us. We do the best we can and try to move forward...

SO LONG AS YOU'RE FIGHTING, YOU ARE NOT LIVING A DOUBLE LIFE!!!

You learn well during the day, and fight the Y"ח at night... That's what jews are meant to do...

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Re: walking contradiction
Posted by silentbattle - 16 Feb 2010 05:10

I think we need to call in a dovish air-strike over here ;D

This isn't an issue of being mekabel ol malchus shamayim - it's an issue of whether or not you want to live, to survive...

Have you been going through the handbooks?

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Re: walking contradiction
Posted by shemirateinayim - 16 Feb 2010 05:51

Let's say that tomorrow you spend one hour preparing for davening, [for all practical purposes pesukai dezimra and birkos hashachar are included , that's why we do them, tos. berachos] . Now you come to birkas krias shma in such an awe and hergersh, that you shudder at the words 'Vechulam mekablīm alaiher...' Now you finish ahava rabba, with a spent box of tissues, and crying so hard you can't even see the expression on peoples faces. Then you grab your tzisis in your laft hand, you gently cover your eyes...and you begin. S H E M A

You think that after such a tefilla you can't possibly choose to veiw shmutz... wrong. If you where right, you would be soter a zohar. Ok so I'm sure you're saying, nu I'm not noheig minhagim al pi kabbala. And be'emes we only pasken like the zohar in 3 places against the bavli. And we hold 'ain davar Haomeid bifnei hateshuva. And tos. haROsh in yevamos is forced to learn that even having a mamzer from znus, still has teshuva, mekoich the kushya of 'ain davar haomeid'. And, epes I realy could change myself cold turkey. And Reb baruch Ber stopped smoking cold turkey, and is among the many gedolim who stopped smoking cold turkey when they realized they realy learn better without it. And 'Aln davar HaOmeid bifnei Haratzon', and it's only when I'm chasser koach that I fall, but if I get the ratzon and chizuk I'm immune to the YH. And Barasi YH, Barasi Lo torah tavlin, and Mashcheihu lebais hamedrash. vechadome.....

BUt the reality is.... [copied from my thread in the beis medrash]

Tzadok in his sefer Pri tzedek, vayechi, 4.

We say every shabbos, in pesukai desimra "hodu Lashem....Ki leolam chasdo". Within that kepitel of tehilim we say "leosei niflaot...", and subsequently go-on to mention brias haolam and yetzias mitzrayim, and finally kriyat yam suf. The question begs to be asked, how are these 3 an expression of "Leosei Niflaos"? I'll leave you to guess about brias haolam. But yetzias mitzrayim was a "peleh" of a geulah. In-that all other geolas, still left of with a stain of their respective gauls. As the gemara (megilah 14a) says, "we are still subjugated to achashveirosh", in that what his galus repsented still scars klal Yisrael today. However when we left mitzrayim, hashem said "Lo Tosifu lirotam oid", not just their physical decaying bodies, but everything they represented and embodied. And not only will we not see it in them, but we will not see it in ourselves, in our actions, and natural inclinations. This great rebirth happened at Kriyas Yam Suf, ad it was only at that great moment that we became freed. As we say every day in davening "Shira Chadasha shibchu geulim ... and when... Al Sfat hayam!"

The sefer ?Matnas kehuna? (mem,tuf"chaf) says that just as the geula of mitzrayim, and likewise the geulah HaAsidah was a 'peleh', so too parnasah is a 'peleh'. In exactly what aspect do we find the comparison?

The obligation/curse for man to seek a livelihood, stems from the cheit of the Eitz hadaas. And says r tzadok, the nature of that cheit was not merely in food, but in all areas of lust. When we derive pleasure from something, intended to be a keli for kedush vetahara, and we solely lust after it. If we where to eat, merely for the nourishment that our bodies require, for the performance of torah and mitzvot, even if that where our only 'holy' intention, we would be attaining new spiritual levels with every bite! {see kuntres Eit haochel - after vayachi} But when

we desire food, "ki tov haeitz lemaachal, Vchi taavah Hu LaEinayim, Vnechmad haEitz Lehaskil" we are fortifying the 'zuhama' instilled within us by the nachash. When man makes a 'kosher' livelihood, and when he spends his money in a 'kosher' way, he is perfecting himself in this area. He is rectifying the pegam that was instilled into mankind by the nachash!

And being that the pegam hanachash is not only in food/money, but in all areas of tayvah, for the sake of lust (R Tzadok somewhere in vayeichi), it also applies to sexual addictions. Shabbos is a prime time to rectify ourselves in this area in regard to both food and sexual desires. I didn't make-up this correlation, R tzadok crings it from a zohar chadash in this parsha. By rectifying one's lust for food, he also rectifies his pegam habrit.

We all know this well, but why not say *davar beshaim omro*? The zohar in noach (219,2) says that everything can be rectified with teshuva, except for this (*bar Miha*). *Ay but ain davar omeid bifnei hatshuva*??? So R tzadok brings another zohar (noach 73, 2) "if you do it once it leaves a mark, when you repeat it [SA] it strengthens its mark, when you do it a 3rd time the stain spreads from one side to the other, as it says "nechtam Avonecha". Pretty scary, huh? Since the pasuk the zohar bases "addiction" on, implies that it cannot be undone. So R tzadok is *medayeik* in the pasuk. {sorry I don't know the source, check in a better printing} "ki im *tiochabseini bineter vitarbi lach borit nechtam avonecha lifunai*" if we try to 'clean' this stain, not only will we be unsuccessful, but the addiction/aveira will be permanently *lifnei hashem!!!* Since "Sheain moil hatshuva mitzad ha'adam livado rak tzarich levakeish mahashem yitborach shehu yitharenu" And if we use that approach, then "Ubikeish Tichabseini Umisheleg albin" !

If merely breaking free of our destructive addiction were not enough, R tzadok makes a beautiful *diyuk* in the *lashon* used by the pasuk to define our tshuva, "misheleg albin". If I am not mistaken, in the levels of *tzara'as* the whitest of them is 'sheleg'. When hashem tells us of the level we can attain by putting ourselves in his hands, he says we will be 'whiter than snow', whiter than the purest of whites. This level, says R tzadok, is the *Sha'ar HaNun* of Bina that even Moshe Rabeinu couldn't reach. Because in order to attain it one must do teshuva *meAhava*. He must be 'a light emerging from the darkness'. As R Tzadok frequently quotes the zohar "leis nehora Ela DiAsi migo Chashucha"

When we reach this level of kedusha, and teshuva *meahava*, even our *aveiros* will count for *zechoyos*! We will rectify the pegam hanachash, and bring the *geula*.

Addictions are a *neiya zach*. A new *Din* in Y"H. What you need to do is treat it as such! R Twersky and other *rabbanim* have matched all 12 steps to *mekoros* in Chazal. *Chachma bagoyim Ta'amin*, they merely found out the *chachma* that was already *nisgalah* in the Torah,

just that they compiled it into a program for addicts. Use it.

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Re: walking contradiction

Posted by imtrying25 - 16 Feb 2010 11:58

as dov would say, "we need to learn how to be a man, then we can try and be a good jew"!!

We need to do things differently. And we need to be honest with ourselves. Ive blocked many sites that have kosher parts to them, but i told myself i =m not taking any chances. Do we really want this or not?? If we do we would take every precaution there is. Its like there a fire in the next room but we wont leave because its not in our room!! Plain stupidity!!! eventually its gonna get to our room as well!! So we need to take every possible step if we really wanna recover!!

sorry if i came over strong, but i really only mean it for your good.

With love and wishes for much hatzlacha,

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Re: walking contradiction

Posted by yankeld - 16 Feb 2010 14:20

thanks sHeMiRaTeInAylm

fyi - as a bt which I hide well - i didn't know all the yeshivish you wrote - which is why i kind of skimmed your post. i think I'll finally read the gye material this morning.

and imtrying25

thanks also - your post's first line from Dov kind of made the most sense to me considering the way I'm feeling.

but for example - amazon - the whole site DOES NOT need to be blocked - but certain parts are a MUST considering my parnassa! it's really frustrating because the amazon really is one of the cheapest websites out there.

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Re: walking contradiction

Posted by bardichev - 16 Feb 2010 14:31

[yankeld wrote on 16 Feb 2010 03:56:](#)

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LIVING A LIE IS GOOD

VERY GOOD!!

AHHH YOU ARE A LUCKY MAN!!

OK BARDS YOU ARE MAKING A JOKE OF ME

NO> I AM NOT!!

THANK HASHEM YOU STILL "FEEL" SOMETHING

IF YOU WERE TOTALLY "GOOD" WITH YOUR "MATZAV"

THAN YOU REALLY GOT A PROBLEM

LISTEN TZADDIK

YOU ARE NOT ALONE

MANY PEOPLE THAT YOU ARE HIDING YOUR LIE FROM

ARE HIDING IT FROM YOU TOO

NOW THAT DOES NOT EXCUSE ANYTHING

BUT IT HELPS KNOWING THAT OTHER "NORMAL" PEOPLE FELL INTO THIS TRAP
TOOWHY??HOW??WHAT IS THE REASON ??

WHO THE GEHONNOM CARES

GET AWAY

RUN

SCREAM FIRE!!

DO WHAT EVER IT TAKES TO SAVE YOUR LIFE

YOU CAN

I DID!

YES I DID !!

I WAS TRAPPED FOR YEARS

YES DAVENING LEARNING SAYING SHIUREI TORAH GIVING PEOPLE SHALOM BAYIS
HELP

ALL OF THE ABOVE

BUT BUT...

TRAPPED

UNTIL I FOUND THIS PLACE CALLED GUE

WHERE THE CHIZZUK AND THE ABILITY TO WRITE MY FEELINGS TO LIKE MINDED
PEOPLE

SO IN A NUTSHELLL

"KEEP ON TRUCKING"

ONE DAY AT A TIME

AND TONITE AFTER NITE SEDER, TELL THE Y"H THAT YOU ARE PREOCCUPIED!!

BARDS!!

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Re: walking contradiction
Posted by imtrying25 - 17 Feb 2010 12:15

WOW!!! rebbe what a beautiful post. thanks for sharing!!

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Re: walking contradiction
Posted by the.guard - 17 Feb 2010 12:20

Dear Yankle,

For better blocking and filter advice, please be in touch with our filter gabai at filter.gye@gmail.com.

As for being a walking contradiction, that is what the addiction does to us. **All of us** here felt the same way as you did, or we wouldn't be here.

Read the GYE handbooks and learn the tools how to find freedom from this insanity.

Join Duvid Chaim's phone conference calls, even if it means missing some of seder. Derech Eretz Kadma LaTorah. A new cycle is tarting soon. [See here](#).

Don't trash your life. **You're worth it, Yankle.**

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Re: walking contradiction
Posted by bardichev - 17 Feb 2010 18:26

[imtrying25 wrote on 17 Feb 2010 12:15:](#)

WOW!!! rebbe what a beautiful post. thanks for sharing!!

thank you IMT

that is a classic trick of the YH

he gets all frum

and he starts quoting gemaras left and right!!

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Re: walking contradiction
Posted by Holy Yid - 17 Feb 2010 20:50

I have bad news for you.

EVERY SINGLE PERSON ON THIS PLANET IS A WALKING CONTRADICTION.

You say: WHAT ARE YOU TALK ABOUT?

Me: Hashem created us with two inclinations, one good and one bad. We do things that both of them suggest. We have good days and bad days. Good hours and bad hours. The point of life is to develop the good side and weaken the bad side.

WELCOME TO THE WORLD!!!!

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Re: walking contradiction
Posted by imtrying25 - 17 Feb 2010 21:43

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