

THAT IS IT!!!!

Posted by aaron - 01 Feb 2010 06:10

THE REAL ME

I've had it with falling. I'm getting serious now. I will not let anything get in my way. Not my yeher hara for arayos, depression or anything else. I have the potential for greatness! H' has blessed me with more than I could ever desire. He has absolute love for me. I don't care that I just experienced a horrible fall and broke my shvua. I will not be controlled by my Y'h for depression. As I was slipping I had a great shmonei esrei, crying and everything, which ended up making me all the more worse off, leading to an actual deep fall. I am here to change myself, my community and the world at large, simply one day at a time, one smile at a time.

I am put in this world for the ultimate pleasure and I'm not going to let some petty, deceiving, sly, mamzer, shagetz snake of a y'h take any of it away from me.

GET OUT!!! GET OUT OF ME!!!! I'LL SLIT YOUR THROAT AND SPILL YOUR BLOOD ON THE FLOOR!!!!

I'M IN CONTROL!!! Any time I find myself getting weak, I want to realize the tremendous signs I'm getting at that moment to stop. I want to stop living in the past and start living in the present. There is so much pleasure in my life. I'm not alone. No one ever is. I am always loved by my creator, no matter how far I fall and I'll always get back up no matter how bad the trip. I am a Jew, decendant of the holiest people on earth. My blood is the blood descending from a people who gave millions of their lives to promote the name of G-d in the world!! I am in control and I could care less what he this idiot has to say about it!

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Re: THAT IS IT!!!!

Posted by aaron - 10 Feb 2010 00:34

Ok, so i just fell. ok. i'm going back and reading my "diary". i'm seeing the pattern, i see what i want to improve on, but i don't know how.

every time i fall, despite having taken shvuas against p*** and mast**** I ignore them. this time again though i see that i keep falling by public computers.

ANY SUGGESTIONS? maybe i should change my shvuas to be against using public computers for various amounts of time alone?

is it entirely stupid for me (an addict) to be taking shvuas>?

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Re: THAT IS IT!!!!

Posted by aaron - 10 Feb 2010 01:48

k, feeling better. i just realize that i stayyed clean for like 7 days and fell for like 10 minutes. thats 24hrs X 7.5days X 60 = 10,500 minutes

i am dominating the Y"H!!!

1/1050 - i wouldn't bet on those odds ;D

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Re: THAT IS IT!!!!

Posted by silentbattle - 10 Feb 2010 15:57

I would stay away from shvuos, especially since oyu have trouble keeping them. Shvuos are an enhancement of our standard willpower. But we already know that willpower alone is not enough to get us through this.

You need to do something different before you get into the situation where it's your willpower against the nisayon.

Can you avoid public computers? Or put yourself in a situation where you'll be less likely to fall?

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Re: THAT IS IT!!!!

Posted by aaron - 11 Feb 2010 00:19

After having fallen to depression yesterday, I was feeling pretty down. I had done my dances,

listened to a bit of music, but i still felt numb inside.

Then it started to snow.

it wasn't just any snow.this snow canceled school. this snow was keeping all the teachers at home.

this snow was playfully being thrown by jews at other jews. this snow looked beautiful, elegant and

precious.

So on one hand, it was pretty.

I thought to myself, I should try and appreciate what H' is giving me here. A person should try and

see yad H' in everything in the world, no?

so i thought i would stop for a moment and observe how it sat on the tree.

draping nearly every branch, the powder looked prestine, shimmering against the brown wood that held

it in place.

It was amazing to me. How could so many inches of snow pile onto a single branch? how could it

stand so tall with such a weak, narrow base. it looked like a miricle.

but then i noticed the tree, how it was weighed down by this snow. Although each flake was at best a

bit of powder, it piled high and was pulling down the branches with slow and consistant force. with

all of its leaves fallen, it gloomily stared back at me. Even the thick and "shtark" branches were

being pulled down. It looked bare and dead on the outside.

in comparison to the elegance of the snow, it was dreary, nearly a base for all the elegant white.

but then i noticed, that some branches didn't have snow on them. some of the branches were able to

avoid being hampered down by all the snow.

i noticed, it was the ones that were growing straight up - they were not held down by the snow. The

straighter they grew, the less snow they held. The smoother and thinner they were, the less snow

clung to them. They had managed to not be held back.

i could see small buds on them - the place where the leaves would come out.

How beautiful gualus looks. its culture is beautiful and shimmering,piling high atop all the trees
of NY. holding down so many of the branches of our people, miraceosly clinging to the branches
growing outward, hiding the tree's essence.

who, amidst the snow and the shimmer would think that the seemingly dead branch was
actually

brimming with life below. who knew the truth that really, this tree was alive, capable of growing
lush leaves and beautiful flowers, of housing nests and providing shade? who knew of its actual
potential, its actual identity.

As pretty as the snow was,I knew it paled in comparison with the essence of its support system.

And who was it that could avoid the snow? those climbing upward. those climbing directly
upward, who

were thin, smooth - lacking flaws, lacking blemishes, reaching for the sun, reaching for its
energy

Source- fighting gravity, wind and gloom just to gain an inch of sunlight. It was from those branches that I was reminded of the trees real nature, of its burried essence.

One day, may it be soon, the Sun will come out, and all the heavy, thick snow will trickle away.
The
tree will reawaken and even its branches growing sideways will know their identity and purpose
-
and they too will climb, bud and recognize their Source.

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Re: THAT IS IT!!!!
Posted by shemirateinayim - 12 Feb 2010 01:19

beutiful, and poetic.

just one thing:

"...all the trees of NY.....this tree was alive.....capable of growing.....lush leaves and beautiful flowers

NY has trees??? when did this happen?

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Re: THAT IS IT!!!!

Posted by silentbattle - 12 Feb 2010 07:26

Aaron - realize that YOU are one of the branches growing straight and tall. You don't grow in the direction that so many other branches do. And that's what keeps you going, keeps you winning.

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