

Please gimme some Chizuk and or Mussar.

Posted by Ineedhelp!! - 04 May 2009 05:15

Hi fellow Yiddin,

I am new to the site, but what I've seen so far is extremely comforting. Before I saw this sight, I thought my cause was hopeless. I knew I could never tell anyone my sins in person and here comes this website to allow me to gain advice from people who are in the same boat as me and from poeple who have gone beyond the natural tendencies of man and succeeded.

I am a college student who learns half the day. I need to stop immediately. The internet is the biggest Yetzer Harah since the Nachash in the story of Adam and Chava. Many times I feel they are comparable. The Nachash told Chava that Hashem said she couldnt touch the tree. When in reality Hashem said she couldnt eat from it. After the Nachash pushed Chava into the tree, she saw that maybe the whole condition is canceled and she could now even it from it. We all know the rest of the story. And what was Chava's punishment? She had to go through painfull childbirths. From the Men's perspective we can see this as us doing the same. When we are Nichshal and do this evil sin, we are causing ourselves to go through a painfull childbirth. I dont know about anyone else, but after I finish giving in to my Yetzer Harah, I have the worst feeling in the world. It hurts more than any exterior wound. I really feel like "Shir Hama'alos Mimamakim Kerasicha Hashem!" It genuinely feels like calling to Hashem for help from the depths of earth, like Im on the brink of entering Gehinom. So, if we are about to be Nichshal we should try to rememebr that feeling that we had after the previous time, like were are going through childbirth so that next time we will actually think about our actions and not let our minds go astray.

I really daven everyday that everyone who wishes to, should have the Koach to destroy this Yezer Harah.

Hashem: Please all the Jews here have such holy intentions, give them the strength!

everyone should have a great day and keep your eyes down when walking, constantly think about Torah and what Hashem would want, and daven. (i wish that would all be as easy to do as it is to write)

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Re: Please gimme some Chizuk and or Mussar.

Posted by silentbattle - 18 Jan 2010 15:09

I think it can be a good idea...you just have to know yourself, and not take on too much.

I'm sorry to hear about what happened with your parents...I hope things have been peaceful on that front.

I know that in my own life, one of the things that I needed time to realize is that my parents, with all their issues, are probably never going to change, certainly not very much. And I learned that I need to grow myself, and on whatever level I can, accept them as they are. And one of the hard things about that was realizing that I'll *never* have the relationship with them that I wish I did. But I can work on having the best relationship possible.

I do find it interesting that your father resents you for the lack of relationship...

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Re: Please gimme some Chizuk and or Mussar.
Posted by imtrying25 - 21 Jan 2010 23:12

hey yiddle wats up?? missed ya tonz. my fault i know but missed anyways. :-\ :D

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Re: Please gimme some Chizuk and or Mussar.
Posted by Ineedhelp!! - 22 Jan 2010 01:27

Hey IT25,

The guy in your picture looks happier than ever so I am glad this vacation wokred out for you. Glad to have you back!

-Yiddle

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Re: Please gimme some Chizuk and or Mussar.
Posted by imtrying25 - 22 Jan 2010 08:31

Happy to see someones glad im back!!! :D :D :D :D :D :D

Have a Great Shabbos mein tai'yer'eh yidde'leh!!!!

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Re: Please gimme some Chizuk and or Mussar.
Posted by Ineedhelp!! - 22 Jan 2010 21:01

I Hope Everyone Has an Amazzzzzziiiiiiiiinnnnnnnnngggggggggggg SHABBOS!

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Re: Please gimme some Chizuk and or Mussar.
Posted by imtrying25 - 23 Jan 2010 20:40

Now thats really nice of you!! :D :D :D :D :D :D :D :D

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Re: Please gimme some Chizuk and or Mussar.
Posted by silentbattle - 24 Jan 2010 01:51

I followed your instructions - I did have an amazing shabbos! Hope you did, too!

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Re: Please gimme some Chizuk and or Mussar.
Posted by Ineedhelp!! - 07 Feb 2010 15:45

I havent been posting in a while, but because I recently had a slip/fall I will go back to it! I hope everyone is good.

-Yiddle

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Re: Please gimme some Chizuk and or Mussar.
Posted by Sturggle - 07 Feb 2010 16:30

well, we're happy to have you here with us and to be hearing from you.

it's great that your reacting to the slip/fall (which one was it? not that it really matters) by posting here.

gut voch!

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Re: Please gimme some Chizuk and or Mussar.
Posted by Ineedhelp!! - 07 Feb 2010 16:35

It was a fall (not sure why i called a "slip/fall"???). Baruch Hashem I have so much to be thankfull for from Hashem. He has given me so much. And I knwo He only gives me what I need. I am learning to appreciate what I **have** and not depress on what I **dont have**. Some poeple are so much worse off than me. God has treated me well thus far and no reason to think He wont today.

Thanks Sturggle!

-Yiddle

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Re: Please gimme some Chizuk and or Mussar.
Posted by Ineedhelp!! - 07 Feb 2010 17:06

Just a random thought that I had yesterday. I had a Hava Aminah to watch the Super Bowl. Then I said to myself, "If I am going to be a slave to something for 4 hours then why not be an Eved to Hashem?" There really is NO reason to watch the Super Bowl. This is the Greeks all over again and althogub Purim is coming up, this eerily reminds of Chanukah and Greek society. IF YOUR WILLING TO MAKE YOURSELF A SLAVE THATS GREAT!!! JUST MAKE YOURSELF A SLAVE TO HASHEM, NOT SOME STUPID TV SCREEN THAT WILL CONTROL YOUR BRAIN FOR 4 HOURS. That's one sixth of our GOD given day watsed on nothing of importance or mind stimulating. add another 6-8 of sleep. Thats half our day right there!

Wow fels good to rant!

-Yiddle

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Re: Please gimme some Chizuk and or Mussar.
Posted by Ineedhelp!! - 07 Feb 2010 17:08

(Oh, and I didnt even mention the Pritzus that will be injected into your brain ;D ;D ;D ;D)

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Re: Please gimme some Chizuk and or Mussar.
Posted by Dov - 08 Feb 2010 00:44

[Yiddle2 wrote on 07 Feb 2010 17:08:](#)

(Oh, and I didnt even mention the Pritzus that will be injected into your brain ;D ;D ;D ;D)

Hey, whadayamean "your brain"? Try saying "your brain"! ...uh oh...you know what I mean....never mind....

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Re: Please gimme some Chizuk and or Mussar.
Posted by Kedusha - 08 Feb 2010 00:48

[Yiddle2 wrote on 07 Feb 2010 17:06:](#)

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-Yiddle

Sports is not a Nisayon for me. But, if it is for you Yiddle, this is awesome!

GYE - Guard Your Eyes

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