

Please gimme some Chizuk and or Mussar.

Posted by Ineedhelp!! - 04 May 2009 05:15

Hi fellow Yiddin,

I am new to the site, but what I've seen so far is extremely comforting. Before I saw this sight, I thought my cause was hopeless. I knew I could never tell anyone my sins in person and here comes this website to allow me to gain advice from people who are in the same boat as me and from poeple who have gone beyond the natural tendencies of man and succeeded.

I am a college student who learns half the day. I need to stop immediately. The internet is the biggest Yetzer Harah since the Nachash in the story of Adam and Chava. Many times I feel they are comparable. The Nachash told Chava that Hashem said she couldnt touch the tree. When in reality Hashem said she couldnt eat from it. After the Nachash pushed Chava into the tree, she saw that maybe the whole condition is canceled and she could now even it from it. We all know the rest of the story. And what was Chava's punishment? She had to go through painfull childbirths. From the Men's perspective we can see this as us doing the same. When we are Nichshal and do this evil sin, we are causing ourselves to go through a painfull childbirth. I dont know about anyone else, but after I finish giving in to my Yetzer Harah, I have the worst feeling in the world. It hurts more than any exterior wound. I really feel like "Shir Hama'alos Mimamakim Kerasicha Hashem!" It genuinely feels like calling to Hashem for help from the depths of earth, like Im on the brink of entering Gehinom. So, if we are about to be Nichshal we should try to rememebr that feeling that we had after the previous time, like were are going through childbirth so that next time we will actually think about our actions and not let our minds go astray.

I really daven everyday that everyone who wishes to, should have the Koach to destroy this Yezer Harah.

Hashem: Please all the Jews here have such holy intentions, give them the strength!

everyone should have a great day and keep your eyes down when walking, constantly think about Torah and what Hashem would want, and daven. (i wish that would all be as easy to do as it is to write)

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Re: Please gimme some Chizuk and or Mussar.

Posted by Ineedhelp!! - 28 Oct 2009 14:51

"I'm confused, are you saying you need money? Do you want us to make an appeal?"

No i dont need money. I need a way I can call in. My father pays the phone bill not me.

"Do you live at home, in Yeshiva?"

Yeshiva.

"Don't you have any other phones around that you could use?"

No.

"Do you have a rebbe or friend (adult) who knows about your struggle and who would be happy to let you use his phone for that?"

No.

Thanks for the suggestions though please keep them coming.

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Re: Please gimme some Chizuk and or Mussar.
Posted by the.guard - 28 Oct 2009 14:56

Thanks for the suggestions though please keep them coming.

You don't leave us very much room for suggestions if there are no other phones around. How do you want to call in, with a "sandwich maker" (like I had in Yeshiva)? :-\

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Re: Please gimme some Chizuk and or Mussar.
Posted by Ineedhelp!! - 28 Oct 2009 15:16

How do you want to call in, with a "sandwich maker" (like I had in Yeshiva)?

MMMM that would be a tasty phone call. But someone might know how I can clal from the internet. Ive had tried something called evaphone but fro some reason the phone number of the group doesnt work.

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Re: Please gimme some Chizuk and or Mussar.
Posted by the.guard - 28 Oct 2009 15:31

Maybe jajah.com?

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Re: Please gimme some Chizuk and or Mussar.
Posted by Ineedhelp!! - 28 Oct 2009 15:40

Dont think that is free....Maybe i just dont know how to use it.

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Re: Please gimme some Chizuk and or Mussar.
Posted by Kedusha - 28 Oct 2009 15:45

I have a Verizon plan that has a "Friends and Family" feature, in which you can enter up to 10 numbers that won't count towards your minutes. If you have a plan with Verizon, maybe your father can look into that. You can explain that you like to listen to Shiurim over the phone.

The other choice is to find yourself a prepaid phone plan and pay for it yourself - is that an option?

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Re: Please gimme some Chizuk and or Mussar.
Posted by Ineedhelp!! - 28 Oct 2009 15:48

i would do a prepaid phone thing i dont have a credit card though. Is that a problem?

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Re: Please gimme some Chizuk and or Mussar.
Posted by Kedusha - 28 Oct 2009 18:02

Not sure - see if you can do it with cash.

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Re: Please gimme some Chizuk and or Mussar.
Posted by Ineedhelp!! - 28 Oct 2009 18:24

Baruch Hashem I think Boruch helped me find a solution. Might cost me some significant money, but recovery is priceless. Dont think ill be able to make it to the call tommorrow though because i can only get the phone on Friday and I cant call in anymore on my regular phone (ive already used 180 of the 700 minutes in the plan and the cycle started 2 days ago!!!! ???) have a great day all.

-INH

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Re: Please gimme some Chizuk and or Mussar.
Posted by 7yipol - 29 Oct 2009 10:35

[Ineedhelp!! wrote on 26 Oct 2009 17:56:](#)

Here's a great quote I just saw from an anonymous author:

"The important thing about a problem is not its solution, but the strength we gain in finding the solution"

Great quote for us but I would change problem with "challenge" or "issue" (thats for you Duvid Chaim). so lets read it:

"The important thing about a **challenge** is not its solution, but the strength we gain in finding the solution"

Hope everyone is having a great day cause I am!!

-INH

Chaval no one commented on this brilliant quote.

Deserves to be ACeD!

Thanks for sharing this,

Im posting it on the corkboard next to my computer!

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Re: Please gimme some Chizuk and or Mussar.
Posted by Ineedhelp!! - 29 Oct 2009 13:35

Thanks 7up just found it on a website but it really brings out the essence of our common goals.
B'H doing great today. Fasting till chatzos cause its Behab. Cant wait for another amazing day
from Hakadosh Baruch Hu.

-INH

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Re: Please gimme some Chizuk and or Mussar.
Posted by Ineedhelp!! - 29 Oct 2009 14:21

I just found out a very interesting fact, today is the 40th anniversary of the first time internet was
used. On Octoboe 29th 1969 a UCLA professor sent a message from his computer to a friend. I
think it is no coincidence that I am fasting today. Yes today is behab, but also the day the ever

so infamous internet was invented. I guess its kind of ironic thaat i bash the internet, yet the very thing that carried me to the depths of of the earth, will also bring me up. Just a quick thought I had.

-INH

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Re: Please gimme some Chizuk and or Mussar.
Posted by Ineedhelp!! - 30 Oct 2009 14:05

Hey all,

Guten Erev Shabbos. Another day in the books, but not really counting how many that is. Maybe 5 or 6. Again Im going with the idea of not counting the days but making the days count. I joined Boruch's phone group last night and its very interesting because its completely different than Duvid Chaim's. Here's my dilemma. I can pay money and get a prepaid phone in order to continue to attend Duvid Chaim's group, but there wil probably be days when I cant attend. Or I can do Boruch's group only which I can do for free beecauase (its only at nights). What should I do? Keep in my mind I will not be able to make it to Duvid Chaim's every day and I would have to pay some money in order to buy a sperate phone for his group. Thanks all.

-INH

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Re: Please gimme some Chizuk and or Mussar.
Posted by Kedusha - 30 Oct 2009 15:12

Boruch's group sounds like a reasonable option. How many times a week is it?

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