

Today Thursday was the last time in my life!!  
Posted by lasttimewasfriday - 15 Aug 2025 04:27

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Hi guys i hope you are doing well i just wanted to let everyone know that TODAY WAS THE LAST TIME IN MY LIFE THAT IT HAPPENED!!! I will fight back like a lion!!! I will Fight!! Fight!! and Fight!! the actual thing that i am still fighting after all of those setbacks shows that i will win the fight at the end!. It will be hard but if hashem sent it to me he knows that i could fight back and win!! hashem only sends nisyonas to people who could win it.

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Re: Today Thursday was the last time in my life!!  
Posted by lasttimewasthursday - 07 Sep 2025 03:59

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Day #23

Today was a harder day when I had a couple of strong urges that in my olden days would have progressed to something much bigger and worser but thanks to the techniques that i learned in the past 20+ days i was able to retain myself and not be an animal that follows whatever his heart tells him to do in a blink of an eye, but rather be a human that follows his brain and the Torah.

The fight is getting a little harder but I am ready for anything and everything and I will **NEVER SURRENDER.**

***"The harder the battle, the sweeter the victory."***

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Re: Today Thursday was the last time in my life!!  
Posted by keepmekadosh - 07 Sep 2025 04:26

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Great work!

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Re: Today Thursday was the last time in my life!!

Posted by lasttimewasthursday - 07 Sep 2025 04:28

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[keepmekadosh wrote on 07 Sep 2025 04:26:](#)

Great work!

Thanks for your support!!!

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Re: Today Thursday was the last time in my life!!

Posted by lasttimewasthursday - 08 Sep 2025 01:38

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## **Day #24**

Just another ordinary day as a free man. Some small urges in the beginning of the day, but they all went away. The *Yetzer Hara* also tried some of his old tricks by saying that nothing bad will happen from "just a little bit," but that obviously didn't work.

I'm wondering what he'll come up with tomorrow. I'm 100% sure he won't let one of his old loyal customers go free so fast and easy.

Let's wait and see what tomorrow brings.

**"You are stronger than your strongest excuse."**

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Re: Today Thursday was the last time in my life!!

Posted by lasttimewasthursday - 10 Sep 2025 04:25

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## **Day #26!!**

I had a few urges today, and some old emotions came back up but with the help of Hashem, I was able to withstand them.

The fight is on, and it will continue until I return my soul to its Creator. Until then, I have a

mission to accomplish and I want to be able to report back to the Sender that I fulfilled it.

This Friday, I will complete a full month in my current journey of freedom and holiness. Never in my wildest dreams did I think it would last this long, but life is full of surprises and here I am, Day #26, without even a minor setback.

**"Discipline now, freedom later. Indulgence now, regret later."**

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Re: Today Thursday was the last time in my life!!  
Posted by hashemisonmyside - 10 Sep 2025 12:36

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Hey, keep going you're on the right path!!

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Re: Today Thursday was the last time in my life!!  
Posted by lasttimewasthursday - Yesterday 02:31

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## **Day #27**

Today was a very easy day, Baruch Hashem.

I wish I had known six months ago how easy it would be to quit.

It's a hard battle, but once you're able to rewire your brain and truly recognize that *you* are the boss here and not your urges, everything becomes much, much easier.

**"Your mind is a tool. Make it your servant, not your master."**

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