

Its been a while...and Im in a deep deep hole
Posted by Will - 10 Jan 2010 07:01

Hey guys...

Im actually quite embarrassed to be writing this email. Ive been away for so long and I see that B"H the GYE community has grown exponentially. I see so many people have grown and are leading normal lives. I see the people that were helped now helping others. And I feel like garbage.

You see, Im about to be married in about a week...and I just masturbated about half an hour ago. I feel like my neshoma has been batted into oblivion. If the wedding was a couple months away, Id think "Ok, Ill start now and do some real teshuvah"...but THERES ONLY A WEEK!! I remember writing on the forum a while ago "Anyone not putting everything they've got into this fight against lust has no business getting married" and here I am still losing!!!!!!

The past 6 months have been very tough on me...I did so well for such a long time and only recently (after Chanukah) did I fall so hard. I have fallen about 5 times since then...and after the fourth time I tried to do some form of Teshuvah...and now I messed up again. I dont know what to do!! I feel like Im going into marriage as a handicap...lacking what I need to build a Bayis Ne'eman...What can I possibly do to rectify myself before my wedding, and ensure that I will not fall again afterwards?!!??

Please guys, help me!

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Re: Its been a while...and Im in a deep deep hole
Posted by silentbattle - 15 Jan 2010 17:46

Not sure if you're already married or about to be, but either way - mazal tov!

What you need to remember is that one fall doesn't mean you're back to where you started. It means you had a fall. No one is perfect, although everyone's slips and falls are different. Dust

yourself off, remind yourself of where you're truly at, and move forward to a beautiful life.

As far as focusing on your wife, there are lots of ways to do that. As Eye pointed out several times, part of that is thinking about, actually considering, what she wants, and how to make her happy. The more you practice doing that, the more it'll become a part of who you are.

have a great shabbos!

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Re: Its been a while...and Im in a deep deep hole
Posted by Eye.nonymous - 16 Jan 2010 17:39

[silentbattle wrote on 15 Jan 2010 17:46:](#)

Not sure if you're already married or about to be, but either way - mazal tov!

Yeah, what's up? How are you doing, Will?

--Eye.

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Re: Its been a while...and Im in a deep deep hole
Posted by Will - 16 Jan 2010 23:47

Ahhhhh! I read all your replies with an EAR TO EAR smile on my face. You guys are incredible! It never ceases to amaze me how everyone here is so caring, and they take their precious time to write lengthy replies to fellow warriors. INCREDIBLE!

I do have one confession...my wedding is not for another week. I wrote a week in my original post for reasons of anonymity...but now...I feel like a brother to you guys and I don't mind if you're the guy that learns next to me second seder and you figure out who I am. I'd like to know who my fellow brother and warrior is. Im so overcome with emotion right now that I would like to formally invite everyone here to my wedding. In fact, I'm making a new thread to that effect.

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Re: Its been a while...and Im in a deep deep hole
Posted by Kolliel Guy - 16 Jan 2010 23:58

Perhaps you should wait till the emotion passes before you make such a drastic move like that...

Being overcome with emotion is definitely sensational, but you can do some silly things.

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Re: Its been a while...and Im in a deep deep hole
Posted by Will - 17 Jan 2010 00:08

[Kolliel Guy wrote on 16 Jan 2010 23:58:](#)

Perhaps you should wait till the emotion passes before you make such a drastic move like that...

Being overcome with emotion is definitely sensational, but you can do some silly things.

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You should come too.

Re: Its been a while...and Im in a deep deep hole
Posted by Kolliel Guy - 17 Jan 2010 00:11

I hope you didn't really make an invitation thread....

I mean you can make a virtual invitation, like guard did for his sons bar-mitzva.

Like invite everyone to be there "in spirit" or something feminine like that. :D

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Re: Its been a while...and Im in a deep deep hole
Posted by Will - 17 Jan 2010 00:14

[Kolliel Guy wrote on 17 Jan 2010 00:11:](#)

I hope you didn't really make an invitation thread....

I mean you can make a virtual invitation, like guard did for his sons bar-mitzva.

Like invite everyone to be there "in spirit" or something feminine like that. :D

Lol...Whats the big deal? Absolute WORST comes to worst and someone I know in Yeshivah finds out its me. Then what? If he's on this forum he'll understand anything I've gone through and maybe it will just serve as an inspiration to us both.

So come.

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Re: Its been a while...and Im in a deep deep hole
Posted by Ineedhelp!! - 17 Jan 2010 00:15

He did but he didnt give out any info. He siad anyone who would like to attend can send him a PM. I think thats pretty harmless. I wouldnt do it but not for security reasons.

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Re: Its been a while...and Im in a deep deep hole
Posted by Will - 17 Jan 2010 00:16

Why wouldn't you do it?

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Re: Its been a while...and Im in a deep deep hole
Posted by Ineedhelp!! - 17 Jan 2010 00:17

Im still stuck in my little shell called "afraid of being found out". But if you've been inspired and came out of that shell I think thats a really great thinkg and should ride the wave.

-Yiddle

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Re: Its been a while...and Im in a deep deep hole
Posted by Will - 17 Jan 2010 00:26

[Yiddle2 wrote on 17 Jan 2010 00:17:](#)

Im still stuck in my little shell called "afraid of being found out". But if you've been inspired and came out of that shell I think thats a really great thinkg and should ride the wave.

-Yiddle

Its probably easier coming out of that shell as a bochur getting married as opposed to already married....I wish you could be here Yiddle.

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Re: Its been a while...and Im in a deep deep hole
Posted by Ineedhelp!! - 17 Jan 2010 00:31

Well I am not married but thanks for your good wishes.

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Re: Its been a while...and Im in a deep deep hole
Posted by silentbattle - 17 Jan 2010 01:24

Your invitation is an incredible step forward towards all of us - I hope you'll put in a tefillah for all of us while you're under the chuppah? For the success of GYE, for Guard, for all the holy warriors' success...

And maybe put in a request for me to find the right girl? ;D

As far as everyone responding to you - we're all getting inspiration *from* you! You're such an incredibly caring person, so concerned about how to best focus on giving...and so appreciative of the support you get from others!

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Re: Its been a while...and Im in a deep deep hole
Posted by ark321 - 25 Jan 2010 22:04

[Yiddle2 wrote on 17 Jan 2010 00:31:](#)

Well I am not married but thanks for your good wishes.

hey yiddle how are you? ur profile has some kind of error as it says u are married

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