

saving myself

Posted by tanks - 30 Jun 2025 20:42

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Having a really rough week with urges. Haven't been on this forum in years. Trying to do anything I can to prevent things from crossing a line.

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Re: saving myself

Posted by BenHashemBH - 30 Jun 2025 20:51

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Hey there tanks,

Sorry to hear you are having a tough week. Hang in there. We're here for you if you want to reach out to anyone.

Kol Tov

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Re: saving myself

Posted by tanks - 30 Jun 2025 20:52

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I see a few people have read this post. It's not so interesting, I know. If anyone would be so kind as to reply so I can continue to engage here and stay away from drek I would be most grateful!

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Re: saving myself

Posted by yosefthet zadik - 30 Jun 2025 23:07

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I'm a beginner, not really a mentor on here. All that i can say is that it worth it! The greatest feeling in the world is being in control of yourself. Think about how proud g-d must be of you. If someone has a wife that loves them with all their heart, and some random offered them a night

out, they would say; are you crazy?!? The same with g-d; when you would only grasp how much g-d loves you, more then any love in the world, how can you cheat on him?

Pray to g-d, without his help man can not control his urges.

Think long term: where do you want to stand in six monthes around?

weigh the short term relief vs the long term satisfaction, is it worth to give up your streak.

Hope this helps.

Good luck on your journey.

Seniors on here, please correct me if I'm wrong about anything.

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Re: saving myself

Posted by eerie - 30 Jun 2025 23:59

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My friend, we are here for you. It's kedai to have a connection with people for exactly such a time, so you can reach out and get some personal chizuk (and hugs). But even if you haven't established such connections, it's not too late. You can reach out to some guys here.

Feel free to reach out to the email in my signature

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Re: saving myself

Posted by lamaazavtuni - 01 Jul 2025 00:04

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**Warning: Spoiler!**

You mean you've been struggling since you've been on the forum years ago.

brother I ligit feel for you, that's gotta stink.

Maybe rejoin your fellow yidden who are having the same struggles as you, we can use guidance and wisdom from experience from someone that's been around the block.

**Warning: Spoiler!**

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Re: saving myself  
Posted by mickey30 - 01 Jul 2025 03:02

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how you doing?

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Re: saving myself  
Posted by jonatrosse1024 - 01 Jul 2025 04:01

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Hope you're doing a little better now. Hang in there brother.

Blessings,

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Re: saving myself  
Posted by stopsurvivingstartliving - 01 Jul 2025 04:23

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[tanks wrote on 30 Jun 2025 20:42:](#)

Having a really rough week with urges. Haven't been on this forum in years. Trying to do anything I can to prevent things from crossing a line.

It's very special of you to come back here after years of not being here.

Even more so is it special that after so much years of fighting you still won't cross that line you made for yourself!

KOMT!!!!

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