

We're strong, we'll beat the yetser

Posted by iwillkeepmybrith - 23 Apr 2025 13:27

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Yesterday I wrote for the first time years introduce yourself, today I would like to continue to share but more about the difficulty I have to hold. For a long time I lied to myself about what it means to hold, I thought it was not masturbating but it's wrong in reality it's not stimulating yourself, whether through porn or even other alternatives whatever. And this is really complicated, everything is a danger, Youtube, Chat GPT, more specific sites that I will not specify. And it's really hard to keep up. I feel like I'm destined to watch what I shouldn't watch, to do what I shouldn't do. And the more barriers I put up, the more ways I find to get past them. I can't take this fight anymore but I don't want to give up. I feel powerless but I don't want to believe it. I literally came into this world to resist it. So, not knowing what else to do, I'm going to keep writing and sharing my daily struggle, and even if sometimes I fall, I keep believing every time that this time was the last and that I'd never do it again. Yesterday I watched porn but I didn't masturbate and today I believe I won't masturbate and I never will again, I won't watch porn and I never will. And above all I'm happy as I am, I don't need porn, nobody does. Guys we are strong, we must not forget it we are the generation with the most yetser ara just the fact that we are on this forum proves that we are strong we must not underestimate ourselves we have power we must believe it we must feel it and we must live it

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