

Should I start dating?

Posted by yb555 - 22 Apr 2025 00:08

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Hi Everybody, to make the story short Ive been struggling for a couple years already and baruch Hashem I made it once to 180 days but fell again, and now its ups and downs. BH recently I made it to 90 days without M, but Im still struggling ocassionaly with P. Of course im taking steps to try to stop it altogether.

Im 21 years old and I want to start Shidduchim already. My only concern is if should I start now still struggling, or should I wait some time till ive been clean for a while?

Im just taking some advice from the Olam, maybe somebody went through the same situation, but the final decision will be with my Rav.

Does somebody have any advice?

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Re: Should I start dating?

Posted by jewizard21 - 22 Apr 2025 04:49

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Some important questions to answer are,

why do you want to start dating?

and

why do you think you are ready to date?

what is marriage?

how does this nisoyon affect a marriage?

Answering these will not only help us understand you more but they are crucial to entering shidduchim and marriage with a healthy mindset.

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Re: Should I start dating?

Posted by proudyungerman - 22 Apr 2025 14:22

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Hey!

Great question!

Why don't you make a phone call to one of the amazing mentors here? They will have a lot of insight into this question (besides for some good advice that may help you stop engaging in these behaviors, too!) You won't regret it.

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eerie - [1gimpelovitz@gmail.com](mailto:1gimpelovitz@gmail.com)

Muttel - [muttel15@gmail.com](mailto:muttel15@gmail.com)

Hatzlacha!

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