

I don't know what to subject. Oh well, next Igues  
Posted by barackobama - 19 Jan 2025 10:50

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It doesn't feel like there is a way out of this. Its only been two weeks and back at it again i am. Gd is def gonna f me over for this one. Next girl im rett? Prob gonna be a bait and switch. Who knows, maybe he'll even give me cancer.

I havnt been getting many suggestions and its not bc im retarded like i sound, irl im relatively normal. And the whole time that im not getting suggestions im thinking, "ok, im being tested, this is an opportunity for me to grow and i just need to make it out of it clean and ill get my pot of gold at the end", like the girl is waiting right there and i just need to not m and ill get her, so I do that and i persevere and then i don't, and then it's this terrible feeling of, "great, ive just tacked on another x amount of time till i get married, and made it so that x amount additional tzaros will randomly be visited upon me over the continuation of my life" and yeah. Its like Gd is doing this thing, testing us and giving us the opportunity to become closer to him, and its like this hypothetically:

Me: youre testing me, and giving me this great chance to become great, but its painful, and when did you ask my permission?

Gd: i feel your pain, my child, but it will all make sense in the end

Me: but it hurts

Gd: ...

Like how would we feel if a fellow person did this to us? Like imagine if this hot shot know it all adult came in and started abusing you and manipulating your life to make it challeging etc and youre like, "hello stop" and hes like "dont worry its because i care about you and want to see your growth" youd want to sock him.

Its like at the point where i just feel so negative about things that its like what girl would want me anyway. Like im depressed and hate my life and im just white knuckling to get this girl and only

then, when i finally pick her up, do i start smiling.

My ocd is telling me not to post this because it borders on apikorsus (or maybe crosses) and im gonna be machshil other Jews. It sucks being in my head.

And, just to note, i did this because i was stressed. How dysfunctional. If i hadnt been stressed now id be sound asleep, an unquestining member of the tribe, ready to wake up early the next day.

I also feel like people are gonna judge me for being so negative. To those people i say, "sorry for accusing you im projecting"

And like all the messed up things im watching/imagining- the more my head will be messed up as i go through life.

Jordan Peterson said something along the lines of, everyone knows deep down that they are responsible for their life, and they know that there is no such thing as a point where things have become so hard that they've earned the right to give up. Even people who have been through heck and back, there exists no feeling in them, where its like, "ive officially paid my due of hardships and now i can officially retire from trying".

So i know deep down it's my responsibility. And when i go on about how Gd didnt ask me, and its not fair, i do feel like im lying a little bit. Its like another thing JP says, that when you lie, you feel off base a little bit, like you're kind of leaving this safe and solid footing. So thats what i felt like, and that's actually what i feel like now a little bit bc i hope im quoting him correctly, but im gonna chalk up that part to OCD.

So its an anger at Gd, but its an anger where its like im trying really a little bit to be angry, i have to put in some effort, bc id like to be angry at Gd so i can justify further 'm and 'p and also not blame myself, but because on a real level i know the blame is on me, the anger is basically a bit of an empty shell, a car rolling down a street that looks great on the outside but is in reality a deception, a trap, because it has no engine and no driver; it was pushed down the street and soon its going to come to a sad creaking stop and not start up again because it was black and empty from the start

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Re: I don't know what to subject. Oh well, next Igues  
Posted by barackobama - 19 Jan 2025 11:21

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problem is now I'm relaxed and keep going

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Re: I don't know what to subject. Oh well, next Igues  
Posted by cleanmendy - 19 Jan 2025 21:57

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Wow that's a lot to unload, a lot that you said may resonate with others here, the anger, hopelessness, feeling like the world should work with instant reward for the good or bad we do, The pain, anger, and loneliness.

I really feel like you should talk to one of the mentors here and you'd be surprised how much they can help. I personally speak a lot to R eerie, But HHM is also a clear favorite on here. And theres many others.

There's one place in your post where your dead wrong though, you wrote

**"I also feel like people are gonna judge me for being so negative."**

I promise in this world of fellow sufferers your only gonna find friendship, try it, you'll thank me another time.

Let your pain out from inside theres people that are happy to let you unload it all. I felt very similiar to what your feeling, but now i feel so hopeful for something better to come.

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Re: I don't know what to subject. Oh well, next Igues  
Posted by barackobama - 19 Jan 2025 22:21

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wow really thank you very much.

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Re: I don't know what to subject. Oh well, next Igues  
Posted by time2win - 20 Jan 2025 00:11

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President Obama, I definitely can relate to your struggles with God.

Maybe this isn't what you want hear, but I really don't think that the way life works is that the frummer you are, the easier your life (parnassah, health, shidduchim etc) is. Speaking from experience. Dont quit p\*\*n because god is gonna "F you over," as you put it. You might be disappointed if life still throws curveballs your way once you are clean, which inevitably it will, because such is life.

anyway, hatzlacha rabba in pursuing sobriety. We are in this together. Just do your best. That's what god expects, not perfection.

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Re: I don't know what to subject. Oh well, next Igues  
Posted by thegrave - 20 Jan 2025 04:36

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i'm new to these forums and I gotta say this is the first time I smiled reading a thread, not because it's funny (some of it is though:) but mostly how relatable it is! I've definitely had/have the same mindset when it comes to struggles and I can't really offer any advice. But I will add that whenever I'm feeling overwhelmed and question my competence of ever taking control of my struggles, I usually take a breather or get some good nights sleep. After that I'm usually better suited to unpack my emotions and focus on whatever I'm trying to achieve.

good luck to you I hope this helped in some way, see ya!

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