

GYE - Guard Your Eyes

Generated: 10 April, 2025, 07:34

Let's Go 8 Days Clean!

Posted by stopsurvivingstartliving - 25 Dec 2024 12:03

For all those out there who had recent falls please join me on the mission to make it through Chanukah pure.

You don't got to say goodbye to it, just put it on pause for the next 8 days.

Let's have our own 8 candles of wins which are a whole lot brighter than a flame of fire!

Please post here in this thread if you want to join.

A Freilachin Chanukah!

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Re: Let's Go 8 Days Clean!

Posted by odyossefchai - 25 Dec 2024 13:40

Can we do other things in honor of Chanukah?

I would like to not watch any movies or shows throughout Chanukah.

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Re: Let's Go 8 Days Clean!

Posted by ki sorisa - 25 Dec 2024 20:17

I truly admire your ability to try again and again and be positive and find meaning in all good days and screw the whole streak thingy.

I just prepared in the last few hours leading up to Chanukah with porn and masturbation and feeling like... I am moved by your resilience and with gods help over Chanukah will not do any proactive activity with the intention of feeding my lust. No filter poking, no incognito mode etc...

thanks for the push. Will update on my personal thread.

Love your attitude, stay strong!

ki sorisa

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Re: Let's Go 8 Days Clean!

Posted by odyossefchai - 25 Dec 2024 20:52

[ki sorisa wrote on 25 Dec 2024 20:17:](#)

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thanks for the push. Will update on my personal thread.

Love your attitude, stay strong!

ki sorisa

Is there someone you can reach out to, to help with accountability for the next 8 days?

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Re: Let's Go 8 Days Clean!

Posted by tzaddikvikam13 - 25 Dec 2024 22:11

[stopsurvivingstartliving wrote on 25 Dec 2024 12:03:](#)

For all those out there who had recent falls please join me on the mission to make it through Chanukah pure.

You don't got to say goodbye to it, just put it on pause for the next 8 days.

Let's have our own 8 **candles** of wins which are a whole lot brighter than a flame of fire!

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A Freilachin Chanukah!

I'm makpid to light with oil.

Although I'm not sure what that would mean in your mashal.

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Re: Let's Go 8 Days Clean!

Posted by dreamylynx51 - 25 Dec 2024 22:36

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I totally agree and will do my best to stay strong these 8 days. May we all keep that positive fire burning from with in! Have a happy chanukah!

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Re: Let's Go 8 Days Clean!
Posted by livingagain - 26 Dec 2024 01:32

[ki sorisa wrote on 25 Dec 2024 20:17:](#)

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thanks for the push. Will update on my personal thread.

Love your attitude, stay strong!

ki sorisa

Eight days seems doable

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Re: Let's Go 8 Days Clean!
Posted by trying1989 - 26 Dec 2024 04:55

I'm in!!! I know it's only 8 days but it definitely will be a struggle.

I'm also trying to be careful on movies and TV shows.(I made a Kabbalah but this one might be harder!)

I find the evenings the hardest part.... No real structure and even if you have a party- not either so conducive!!

Im really hoping that I can pull through on both/tri ends.

How do others fill there time after lighting and until bed? Would love to get some ideas

Happy Chanukah!!!

Thanks,

Trying

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Re: Let's Go 8 Days Clean!

Posted by 1day613 - 26 Dec 2024 05:21

[trying1989 wrote on 26 Dec 2024 04:55:](#)

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Im really hoping that I can pull through on both/tri ends.

How do others fill there time after lighting and until bed? Would love to get some ideas

Happy Chanukah!!!

Thanks,

Trying

I'm in the same boat. Not really sure what to do from lighting till bed. I want to try and learn but at most I feel I can do is an hour. Maybe kedai to hangout with friends if they're available. Still not sure. Anyone have ideas??

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Re: Let's Go 8 Days Clean!
Posted by trying1989 - 27 Dec 2024 05:54

Gosh!! Hard day today!

just want to destress, I think we all know where that leads us!!! Kinda funny when I think about it, I'm either to bored or to stressed!!!! I guess I got to find that perfect medium rare.

How is everyone else's Chanuka going??

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Re: Let's Go 8 Days Clean!
Posted by odyossefchai - 27 Dec 2024 11:55

[odyossefchai wrote on 25 Dec 2024 13:40:](#)

Can we do other things in honor of Chanukah?

I would like to not watch any movies or shows throughout Chanukah.

First two nights of Chanukah and no falls to report on my challenge.

BH.

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Re: Let's Go 8 Days Clean!
Posted by trying1989 - 27 Dec 2024 21:07

Close call over here! Was just browsing for something and something else caught my eye...
Went deeper and realized what I was doing. Pulled myself out but it wasn't easy... nervous for
shabbos, need to make sure to keep myself busy and not feel down.

Have a great shabbos Chanuka everyone!

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Re: Let's Go 8 Days Clean!
Posted by trying1989 - 29 Dec 2024 06:58

Okay, this is a little hard for me to look at the last post and now write this one.... I fell!!

I was trying really hard over shabbos to get busy with other stuff but Motzie Shabbos the end
was hard and I couldn't pull through.

New for me, Let's go 4 more Clean!!!

Trying

I really am

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Re: Let's Go 8 Days Clean!
Posted by livingagain - 29 Dec 2024 18:35

[trying1989 wrote on 26 Dec 2024 04:55:](#)

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I find the evenings the hardest part.... No real structure and even if you have a party- not either so conducive!!

Im really hoping that I can pull through on both/tri ends.

How do others fill there time after lighting and until bed? Would love to get some ideas

Happy Chanukah!!!

Thanks,

Trying

Best eitza I can give is for a Gye chaver you can contact when you think you will fall. Feel free to reach out

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Re: Let's Go 8 Days Clean!

Posted by trying1989 - 30 Dec 2024 08:14

Let's just say it's a slippery slope.....

Trying

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