

Chizzuk Needed

Posted by simchastorah - 04 Nov 2024 10:39

Shalom to all the courageous members of GYE, who deal with this nisayon that so many struggle with, bravely admitting to their issues and doing everything that they can to overcome it. I had a different thread in the past, but have not been active on it for a long time. I have been struggling recently and what I have tried has not helped. I have a filter, accountability with HHM, and have delved deeply into my inner life to try and understand the roots of my struggle. I daven passionately to Hashem in every way I know how to help me, but alas I find myself falling again and again.

My hisbonenus for today is to be mischazek in the emuna that Hashem has infinite koach and He can overcome my yetzer no problem. And ??? ?????? ?????? ???. And that any voice in my head that tells me I'm bound to fail, ??? ???? ?????. As some explain the the ??? ????? is this thought itself, that I don't have the power to overcome the yetzer.

Yesterday I fell three times and by the end of the day I felt like I was living in hell. I finished a productive and meaningful morning seder and walked home davening to Hashem to help me not to fall. By the time I got home I felt that I had the chizzuk I needed to not fall. Even with being mchuzak I fell and wasted much precious time throughout the day trying to find cracks in my filter to squeeze out whatever filthy content I could.

But ????? ?????? and I am absolutely committed to not being ??????.

I am committing bli neder to posting here every day until I have 30 days clean from porn and masturbation.

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Re: Chizzuk Needed

Posted by simchastorah - 11 Mar 2025 17:07

Day 128 "?"?

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Re: Chizzuk Needed

Posted by simchastorah - 12 Mar 2025 05:10

Day 129 "?"?

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Re: Chizzuk Needed

Posted by simchastorah - 13 Mar 2025 09:37

Day 130 "?"?

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Re: Chizzuk Needed

Posted by alex94 - 13 Mar 2025 11:48

"?"?

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Re: Chizzuk Needed

Posted by simchastorah - 13 Mar 2025 17:35

Purim Sameach to all my GYE friends

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Re: Chizzuk Needed

Posted by tzitzis dude - 13 Mar 2025 18:50

Right back atcha!

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Re: Chizzuk Needed

Posted by iyh50 - 13 Mar 2025 21:21

Day 127 "?" (yall know the gematria i'm thinking of...)

I was thinking more along the lines of: ???????? ???????? ?????????????????? ??????

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???????????I think it's more appropriate for this time of year. As for what it represents, that's up to

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Re: Chizzuk Needed

Posted by simchastorah - 13 Mar 2025 23:01

[iyh50 wrote on 13 Mar 2025 21:21:](#)

Day 127 "?" (yall know the gematria i'm thinking of...)

I was thinking more along the lines of: ???????? ???????? ?????????????????? ??????

????????????????? ?????????? ?????????? ?????????????????? ???????? ?????????????????? ??????????

???????????I think it's more appropriate for this time of year. As for what it represents, that's up to

you to decide

Yes this was the intent

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Re: Chizzuk Needed

Posted by simchastorah - 14 Mar 2025 06:08

Day 131 "?"?

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Re: Chizzuk Needed

Posted by simchastorah - 15 Mar 2025 18:02

Day 132 "?"?

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Re: Chizzuk Needed

Posted by simchastorah - 17 Mar 2025 15:52

Day 134 "?"?

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Re: Chizzuk Needed

Posted by eerie - 17 Mar 2025 16:49

That's gematria ???!!!!

My friend, you are truly on fire, and you're also the fuel for some other people's fire!

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Re: Chizzuk Needed

Posted by simchastorah - 18 Mar 2025 13:23

Day 135 "?"?

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Re: Chizzuk Needed

Posted by amevakesh - 18 Mar 2025 14:09

Like the "???" that represents the soul without the YH!!! Your attacking him and beating him to a pulp!

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