

My struggles with kedushah

Posted by tzaddikvikam13 - 13 Oct 2024 18:26

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I've gotten off to a nice start, right now I am starting my seventh clean week.

I'm going to be continuing my journey from where I left off in my last thread under Introduce Yourself over here.

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Re: My struggles with kedushah

Posted by eerie - 16 Dec 2024 21:11

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[tzaddikvikam13 wrote on 16 Dec 2024 19:56:](#)

[jollylemur95 wrote on 16 Dec 2024 16:24:](#)

I am totally on board with REB AKIVA! (In fact i might have been one of those he is referring to)

However, please do not underestimate what you did!

It is truly amazing to care enough to stop for any reason!

Harav Yisroel Elya Weintroub ZTZ"L once told someone who was struggling with the same things we struggle with that the amount of schar and nachas ruach he brings Hashem even by just delaying even if he ends up falling is beyond our comprehension!!!

I can only imagine what he would say about you who held back entirely!!!

So while you may feel that HERO is a little over the top I have a better title for you.. An **EVED HASHEM** who truly wants to serve hashem despit having a terrible nisoyon! The fact that you are here and posting proves that.

Do not underestimate what you did!!

Use it as a springboard to reach higher and you will very soon, even in your own opinion, be a **HERO!**

I haven't yet met a normal, healthy person that considers himself a hero.

I know many normal, healthy people that consider themselves heroes

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Re: My struggles with kedushah

Posted by tzaddikvikam13 - 17 Dec 2024 21:42

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I was using an innocent app on my phone and found a way to get open web access, and went straight to p.

Again, I was feeling pretty apathetic, not really caring, and then some of what I had been reading from the battle of the generation yesterday popped into my head, I don't even remember what it was, might not even have been any one specific thing that I saw, just that reading it was mechazek that it's not worth it and that I don't want to be doing it, and I decided that it's not worth it and stopped.

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Re: My struggles with kedushah

Posted by redfaced - 17 Dec 2024 23:14

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[tzaddikvikam13 wrote on 17 Dec 2024 21:42:](#)

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Again, I was feeling pretty apathetic, not really caring, and then some of what I had been reading from the battle of the generation yesterday popped into my head, I don't even remember what it was, might not even have been any one specific thing that I saw, just that reading it was mechazek that it's not worth it and that I don't want to be doing it, and I decided that it's not worth it and stopped.

Do you still not agree, that you are a HERO?

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Re: My struggles with kedushah

Posted by jollylemur95 - 18 Dec 2024 14:58

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[tzaddikvikam13 wrote on 17 Dec 2024 21:42:](#)

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That is gadlus!!

WOW WOW WOW!!!

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Re: My struggles with kedushah

Posted by Muttel - 18 Dec 2024 15:18

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Stopping mid-fall is something supremely difficult to do. You should be making a seuda for this - drive home the point that you *are* in charge. You *do* have the ability to hold back. This can be a tremendous catalyst to a mindset shift....

With a ton of respect,

Muttel

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Re: My struggles with kedushah

Posted by stopsurvivingstartliving - 18 Dec 2024 18:30

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[tzaddikvikam13 wrote on 17 Dec 2024 21:42:](#)

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Again, I was feeling pretty apathetic, not really caring, and then some of what I had been reading from the battle of the generation yesterday popped into my head, I don't even remember what it was, might not even have been any one specific thing that I saw, just that reading it was mechazek that it's not worth it and that I don't want to be doing it, and I decided that it's not worth it and stopped.

Now that's a crazy win. Treat yourself out in a way that you will remember the next time you get into such a situation.

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Re: My struggles with kedushah

Posted by tzaddikvikam13 - 19 Dec 2024 04:52

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With a ton of respect,

Muttel

Like I said, I was feeling ***apathetic***.

There was an urge, but it was pretty weak and I was just bored and didn't care enough not to.

So it didn't take an incredible amount of self control to stop.

Yeah, stopping was a win, but save the fireworks for January first.

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Re: My struggles with kedushah

Posted by tzaddikvikam13 - 19 Dec 2024 04:58

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[Muttel wrote on 18 Dec 2024 15:18:](#)

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Re: My struggles with kedushah

Posted by BenHashemBH - 19 Dec 2024 05:28

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[tzaddikvikam13 wrote on 19 Dec 2024 04:58:](#)

[Muttel wrote on 18 Dec 2024 15:18:](#)

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So what does this win mean to you?

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Re: My struggles with kedushah

Posted by tzaddikvikam13 - 19 Dec 2024 16:33

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A win.

What else should it mean?

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Re: My struggles with kedushah

Posted by BenHashemBH - 19 Dec 2024 16:35

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[tzaddikvikam13 wrote on 19 Dec 2024 16:33:](#)

A win.

What else should it mean?

That's what you call it, but how are your processing it?

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Re: My struggles with kedushah

Posted by BenHashemBH - 19 Dec 2024 17:15

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[BenHashemBH wrote on 19 Dec 2024 16:35:](#)

[tzaddikvikam13 wrote on 19 Dec 2024 16:33:](#)

A win.

What else should it mean?

That's what you call it, but how are your processing it?

What I'm trying to get at is that even if you don't see this as fireworks, I'm hoping you don't see it apathetically either.

Don't overshadow the accomplishment with what you think it isn't.

Hatzlacha

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Re: My struggles with kedushah

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[tzaddikvikam13 wrote on 19 Dec 2024 04:58:](#)

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Yeah, stopping was a win, but save the fireworks for January first.

I'll do both. Fireworks for your win and again January 1st. Upstairs, you generated more fireworks than any new years celebration...

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Re: My struggles with kedushah

Posted by tzaddikvikam13 - 20 Dec 2024 19:28

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Since my fall two and half weeks ago, I've been falling more, having more urges, and been less motivated to fight.



I've started feeling afraid that the winning streak I've had since joining gye 3 months ago was just a honeymoon, a burst of motivation that won't last long-term, and from here on it will be a slow, one-step-forward-two-steps-backward, uphill battle.

I still don't know what will be, but the other night I had a strong urge to m, and I felt the old, familiar, attitude of "I don't care that I'm craving it, I don't do these things anymore, and I'm just not giving in", and I went on with my night.

So I'm feeling a little optimistic.

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