

Posted by eerie - 03 Jul 2024 17:46

I got to try out in real time, and it is currently working wonders. There is a wonderful person here who has been doing his own work of spreading awareness of what GYE has to offer. He's been doing so in BMG. And got over 20 calls from people wanting to know more. A few days ago a guy called, but this was someone who our tzaddik was uncomfortable speaking to. He asked me if I could call this yungerman back. Which I did. I got to know a really special yungerman, a real ben Torah, who's been struggling for years all alone. Has hardly heard about GYE, and had no idea what it's like. And he has no regular access to internet. He still has enough to struggle with, unfortunately. And I have had the zechus of guiding him, of showing him how he can get past all these behaviors. He's BH on fire and I daven he'll keep soaring. My friends, Hashem gave me taste of what it would be like to help people that don't know the culture here, that haven't read any threads, that don't know about the F2F program, and most importantly, that don't know there is a way out.

And we can change that.

Again, please share your thoughts. ?????? ???? ????
=====

Re: Proposal number two
Posted by horizon - 03 Jul 2024 18:25

kol hakavod reb eerie for taking this mitzvah upon yourself, and giving back to help as many yiddin as possible.

i'ts comforting to hear that story out of BMG, that less yiddin will have to endure the isolation and loneliness of this struggle.

a hotline sounds like a great idea, especially for guys who don't have internet access and are probably more accustomed to/comfortable with the use of hotlines.

hatzlacha pulling this off.
=====

Re: Proposal number two
Posted by iwannalivereal - 03 Jul 2024 18:45

), however I have a ha'ara that would obviously have to be worked out.

The idea of making a phone call is something that absolutely terrifies lots of people. So, although someone who has no other technology other than his phone has almost no way of getting help other than through his phone, it may be mighty hard to convince people to actually make a phone call. If you can possibly pass around a number for this hotline to rebbeim etc. and they can strongly push and convince talmidim to call that may be an eitzah... however from my experience it seems that only a tiny percentage of people have ever worked up the courage to speak to a rebbi or rav.

Being a BMG talmid myself, it seems that there is a certain almost attitude against speaking about this struggle. If this hotline were be advertised as an organization, or as something to do with therapists or professionals, my guess is that it may not do that well with the type of yungeleit and bochurim who only have a cell phone.

From what I understand, the best way to "convince" someone to call is by advertising in a way that the person is absolutely convinced that he can identify with the person on the other end of the phone. If the person has too many sfeikos about what's going to happen when calling the number he just wont do it. It's not worth the risk. However, if the person is absolutely convinced that the person answering the phone can truly identify with him, in both the fact that he's also a yungerman/ bochur, and that he struggled through this stuff himself, you may stand a chance...

Just my "experience"!

=====
=====

Re: Proposal number two
Posted by candé - 03 Jul 2024 19:08

[iwannalivereal wrote on 03 Jul 2024 18:45:](#)

why o' why, when will this finally end!? why cant we just face reality and the BOTG!

god send a ?????? asap!

=====

=====

Re: Proposal number two
Posted by cande - 03 Jul 2024 19:11

[iwannalivereal wrote on 03 Jul 2024 18:45:](#)

Being a BMG talmid myself, it seems that there is a certain almost attitude against speaking about this struggle.

why o' why, when will this end!? why cant we just face reality and the BOTG!

god send a ?????? asap!

=====

=====

Re: Proposal number two
Posted by redfaced - 03 Jul 2024 19:21

[iwannalivereal wrote on 03 Jul 2024 18:45:](#)

), however I have a ha'ara that would obviously have to be worked out.

The idea of making a phone call is something that absolutely terrifies lots of people. So, although someone who has no other technology other than his phone has almost no way of getting help other than through his phone, it may be mighty hard to convince people to actually

make a phone call. If you can possibly pass around a number for this hotline to rebbeim etc. and they can strongly push and convince talmidim to call that may be an eitzah... however from my experience it seems that only a tiny percentage of people have ever worked up the courage to speak to a rebbi or rav.

Being a BMG talmid myself, it seems that there is a certain almost attitude against speaking about this struggle. If this hotline were be advertised as an organization, or as something to do with therapists or professionals, my guess is that it may not do that well with the type of yungeleit and bochurim who only have a cell phone.

From what I understand, the best way to "convince" someone to call is by advertising in a way that the person is absolutely convinced that he can identify with the person on the other end of the phone. If the person has too many sfeikos about what's going to happen when calling the number he just wont do it. It's not worth the risk. However, if the person is absolutely convinced that the person answering the phone can truly identify with him, in both the fact that he's also a yungerman/ bochur, and that he struggled through this stuff himself, you may stand a chance...

Just my "experience"!

Fully agreed . Its gotta be be people who not only went through the same thing, but are also open to talking about their own experiences A therapist /professional only knows j=how t olisten not how to share

=====

Re: Proposal number two

Posted by chosemyshem - 03 Jul 2024 19:30

[iwannalivereal wrote on 03 Jul 2024 18:45:](#)

), however I have a ha'ara that would obviously have to be worked out.

The idea of making a phone call is something that absolutely terrifies lots of people. So, although someone who has no other technology other than his phone has almost no way of

getting help other than through his phone, it may be mighty hard to convince people to actually make a phone call. If you can possibly pass around a number for this hotline to rebbeim etc. and they can strongly push and convince talmidim to call that may be an eitzah... however from my experience it seems that only a tiny percentage of people have ever worked up the courage to speak to a rebbi or rav.

Being a BMG talmid myself, it seems that there is a certain almost attitude against speaking about this struggle. If this hotline were be advertised as an organization, or as something to do with therapists or professionals, my guess is that it may not do that well with the type of yungeleit and bochurim who only have a cell phone.

From what I understand, the best way to "convince" someone to call is by advertising in a way that the person is absolutely convinced that he can identify with the person on the other end of the phone. If the person has too many sfeikos about what's going to happen when calling the number he just wont do it. It's not worth the risk. However, if the person is absolutely convinced that the person answering the phone can truly identify with him, in both the fact that he's also a yungerman/ bochur, and that he struggled through this stuff himself, you may stand a chance...

Just my "experience"!

OTOH, many people who "went through" the struggle are not qualified to help others. Yes, they can lend an ear, give chizuk etc. But there's just a handful of people on this site who are qualified to act as a baal eitzah in this inyan. The responsibility of telling people what to do on a phone call like that is pretty heavy, and just because someone got clean doesn't mean they know how to shatz up someone's real problems based on a phone call, or know how to talk to people the right way.

You're basically asking for one of like 3 people in the world to take on answering this hotline.

=====
=====

Re: Proposal number two

Posted by iwannalivereal - 03 Jul 2024 19:36

[chosemyschem wrote on 03 Jul 2024 19:30:](#)

[iwannalivereal wrote on 03 Jul 2024 18:45:](#)

), however I have a ha'ara that would obviously have to be worked out.

The idea of making a phone call is something that absolutely terrifies lots of people. So, although someone who has no other technology other than his phone has almost no way of getting help other than through his phone, it may be mighty hard to convince people to actually make a phone call. If you can possibly pass around a number for this hotline to rebbeim etc. and they can strongly push and convince talmidim to call that may be an eitzah... however from my experience it seems that only a tiny percentage of people have ever worked up the courage to speak to a rebbi or rav. I absolutely love this idea (

Being a BMG talmid myself, it seems that there is a certain almost attitude against speaking about this struggle. If this hotline were be advertised as an organization, or as something to do with therapists or professionals, my guess is that it may not do that well with the type of yungeleit and bochurim who only have a cell phone.

From what I understand, the best way to "convince" someone to call is by advertising in a way that the person is absolutely convinced that he can identify with the person on the other end of the phone. If the person has too many sfeikos about what's going to happen when calling the number he just wont do it. It's not worth the risk. However, if the person is absolutely convinced that the person answering the phone can truly identify with him, in both the fact that he's also a yungerman/ bochur, and that he struggled through this stuff himself, you may stand a chance...

Just my "experience"!

OTOH, many people who "went through" the struggle are not qualified to help others. Yes, they can lend an ear, give chizuk etc. But there's just a handful of people on this site who are qualified to act as a baal eitzah in this inyan. The responsibility of telling people what to do on a phone call like that is pretty heavy, and just because someone got clean doesn't mean they know how to shatz up someone's real problems based on a phone call, or know how to talk to people the right way.

You're basically asking for one of like 3 people in the world to take on answering this hotline.

Maskim to the above point... however not necessarily does the hotline have to be there to give people the entire eitza to get out of this mess. I was envisioning that the biggest benefit are for guys that have no idea that there are other strugglers, and that have no idea that there's actually a way out of this mess. There are probably a decent number of guys on the site that can clarify that point pretty well. Once someone is open to the idea of breaking free with a real she'ifa and hope to get out they can possibly be led to other places... GYE, HHM, or others that can properly lead a guy step by step.

There is also the obvious may'la that can be had from talking on the phone with guys and making relationships with others that have struggled just for the chizzuk that provides.

=====

Re: Proposal number two

Posted by chosemyshem - 03 Jul 2024 19:43

[eerie wrote on 03 Jul 2024 17:46:](#)

Now, before you go, I want to share something. I had discussed this idea with one of the special guys here on Erev Shabbos. And I wondered how such a thing would look. Just a few days later I got to try out in real time, and it is currently working wonders. **There is a wonderful person here who has been doing his own work of spreading awareness of what GYE has to offer. He's been doing so in BMG.** And got over 20 calls from people wanting to know more. * * * And I have had the zechus of guiding him, of showing him how he can get past all these behaviors. He's BH on fire and I daven he'll keep soaring.

Again, please share your thoughts. ?????? ???? ????

Idk about this hotline idea (not against it, I just don't have thoughts about it. I thought GYE had a hotline at some point, I don't know what happened to it?)

(Edit: guardyoureyes.com/component/content/article/46-gye-helplines

; guardyoureyes.com/articles/chizuk/item/gye-s-new-chizuk-hotline (there's a chizuk hotline, but I think there used to be one you could speak to someone on.)

But sounds like someone's been doing some great awareness work already. What's he doing and how can we replicate that outside of BMG?

=====

=====

Re: Proposal number two

Posted by amevakesh - 03 Jul 2024 19:56

Wow!!! You keep churning 'em out. I'm seriously jealous of your Z'chusim. ??? ????? is lucky to have you, and we at GYE are luckiest of all to know you. Sign me up. Just a few points.

1) What if we printed and hung posters that said something to the effect of "Think you're the only one struggling? There are hundred like you that have been there, and they can share how they broke free." Make it clear that the hotline is being staffed by people that have been there. Maybe it'll take away some of the fear of calling.

2) Also, perhaps if we had a few numbers to call, from around the world, then someone from the East coast might be more comfortable calling someone from out of town. Someone from out of town might be more comfortable calling someone intown or out of country. It should be made clear on the poster that this recommended to protect your anonymity.

3) Maybe HHM should train a few people in how to deal with standard struggles, then we would have man power. Obviously, anything to complicated could always be referred back to HHM or someone else that's qualified.

=====

=====

Re: Proposal number two

Posted by frank.lee - 03 Jul 2024 20:07

My therapist was great with sharing with me about his own struggles.

=====

=====

Re: Proposal number two

Posted by frank.lee - 03 Jul 2024 20:11

Maybe we can use the infrastructure of the Kav Halacha. They have Rabanim across the world, some/many who are actually somewhat good with helping these people with some of these issues. Maybe GYE can train all their Rabanim with some of these tips, or they can make an extension which goes to people trained in this.

=====

Re: Proposal number two

Posted by iwannalivereal - 03 Jul 2024 20:24

[chosemyshe wrote on 03 Jul 2024 19:43:](#)

[eerie wrote on 03 Jul 2024 17:46:](#)

Now, before you go, I want to share something. I had discussed this idea with one of the special guys here on Erev Shabbos. And I wondered how such a thing would look. Just a few days later I got to try out in real time, and it is currently working wonders. **There is a wonderful person here who has been doing his own work of spreading awareness of what GYE has to offer. He's been doing so in BMG.** And got over 20 calls from people wanting to know more. * * * And I have had the zechus of guiding him, of showing him how he can get past all these behaviors. He's BH on fire and I daven he'll keep soaring.

Again, please share your thoughts. ?????? ???? ???? ?

Idk about this hotline idea (not against it, I just don't have thoughts about it. I thought GYE had a hotline at some point, I don't know what happened to it?)

But sounds like someone's been doing some great awareness work already. What's he doing and how can we replicate that outside of BMG?

Motzei Pesach I typed up the following sign and hung it all around BMG.

????? ??? ???? ??? ?????? ??????

I'd like to share my story with you in the hope that others can gain from it...

As a young boy I was unfortunately exposed to the darkest tumah the internet has to offer. I spent many many years struggling, all the while trying to figure out how to break free of the terribly strong grip the yetzer hara had on me. I struggled through my years in mesivta, beis medrash and then as a yungerman here in BMG. This struggle gave me no rest and was a huge weight on my shoulders throughout all those years. Bchasdei Hashem, a few months ago I was zoche to learn the proper way how to deal with this nisayon and I've broken out of this terrible cycle that had been going on for more than 15 years.

If my story sounds at all familiar, you should know that you are not alone. There are unfortunately many chashuve bnei torah that I know personally, and probably many more that I don't know about, that struggle with these inyanim.

You should also know that it is quite possible to break free. The same way I did, you can as well.

I then left my google voice number and email to allow people to reach out to me if they'd want. The signs got ripped down kinda quick... so, I hung up some more... eventually they all came down but not before 18 people reached out to me. Some by text, some by email, and some by phone. Motzei Shabbos before Rosh Chodesh Sivan I hung up another bunch of signs. By now they have all come down but this time I was contacted by 23 people. Sent some guys to HHM, a guy to CO, a few to eerie, gave them a nice little shmooz offered to be in touch, or to meet in person if they'd like. Ordered the battle of the generation book for a few guys...

Almost none of them ever heard of GYE, most don't have constant internet access at all. All thought they were the only guy in BMG struggling, all thought they were the worst reshaim and losers since dor hamabul, and all thought they'd never break out.

=====
=====

Re: Proposal number two

Posted by chosemyshem - 03 Jul 2024 20:34

[iwannalivereal wrote on 03 Jul 2024 20:24:](#)

[chosemyschem wrote on 03 Jul 2024 19:43:](#)

[eerie wrote on 03 Jul 2024 17:46:](#)

Now, before you go, I want to share something. I had discussed this idea with one of the special guys here on Erev Shabbos. And I wondered how such a thing would look. Just a few days later I got to try out in real time, and it is currently working wonders. **There is a wonderful person here who has been doing his own work of spreading awareness of what GYE has to offer. He's been doing so in BMG.** And got over 20 calls from people wanting to know more. * * * And I have had the zechus of guiding him, of showing him how he can get past all these behaviors. He's BH on fire and I daven he'll keep soaring.

Again, please share your thoughts. ?????? ???? ???? ?

Idk about this hotline idea (not against it, I just don't have thoughts about it. I thought GYE had a hotline at some point, I don't know what happened to it?)

But sounds like someone's been doing some great awareness work already. What's he doing and how can we replicate that outside of BMG?

Motzei Pesach I typed up the following sign and hung it all around BMG.

????? ??? ???? ??? ?????? ??????

I'd like to share my story with you in the hope that others can gain from it...

As a young boy I was unfortunately exposed to the darkest tumah the internet has to offer. I spent many many years struggling, all the while trying to figure out how to break free of the terribly strong grip the yetzer hara had on me. I struggled through my years in mesivta, beis medrash and then as a yungerman here in BMG. This struggle gave me no rest and was a huge weight on my shoulders throughout all those years. Bchasdei

Hashem, a few months ago I was zoche to learn the proper way how to deal with this nisayon and I've broken out of this terrible cycle that had been going on for more than 15 years.

If my story sounds at all familiar, you should know that you are not alone. There are unfortunately many chashuve bnei torah that I know personally, and probably many more that I don't know about, that struggle with these inyanim.

You should also know that it is quite possible to break free. The same way I did, you can as well.

I then left my google voice number and email to allow people to reach out to me if they'd want. The signs got ripped down kinda quick... so, I hung up some more... eventually they all came down but not before 18 people reached out to me. Some by text, some by email, and some by phone. Motzei Shabbos before Rosh Chodesh Sivan I hung up another bunch of signs. By now they have all come down but this time I was contacted by 23 people. Sent some guys to HHM, a guy to CO, a few to eerie, gave them a nice little shmooz offered to be in touch, or to meet in person if they'd like. Ordered the battle of the generation book for a few guys...

Almost none of them ever heard of GYE, most don't have constant internet access at all. All thought they were the only guy in BMG struggling, all thought they were the worst reshaim and losers since dor hamabul, and all thought they'd never break out.

Holy cow.

This is really something. You're like a one-man hotline and delegation. Ashrecha.

Though I hear that this is hard to duplicate outside of BMG.

I'm kinda hung up on the kind of specific chasid shota that would rip down a sign like that.

=====

Re: Proposal number two

Posted by youknowwho - 03 Jul 2024 20:58

Motzei Pesach I typed up the following sign and hung it all around BMG.

????? ??? ???? ??? ?????? ??????

I'd like to share my story with you in the hope that others can gain from it...

As a young boy I was unfortunately exposed to the darkest tumah the internet has to offer. I spent many many years struggling, all the while trying to figure out how to break free of the terribly strong grip the yetzer hara had on me. I struggled through my years in mesivta, beis medrash and then as a yungerman here in BMG. This struggle gave me no rest and was a huge weight on my shoulders throughout all those years. Bchasdei Hashem, a few months ago I was zoche to learn the proper way how to deal with this nisayon and I've broken out of this terrible cycle that had been going on for more than 15 years.

If my story sounds at all familiar, you should know that you are not alone. There are unfortunately many chashuve bnei torah that I know personally, and probably many more that I don't know about, that struggle with these inyanim.

You should also know that it is quite possible to break free. The same way I did, you can as well.

I then left my google voice number and email to allow people to reach out to me if they'd want. The signs got ripped down kinda quick... so, I hung up some more... eventually they all came down but not before 18 people reached out to me. Some by text, some by email, and some by phone. Motzei Shabbos before Rosh Chodesh Sivan I hung up another bunch of signs. By now they have all come down but this time I was contacted by 23 people. Sent some guys to HHM, a guy to CO, a few to eerie, gave them a nice little shmooz offered to be in touch, or to meet in person if they'd like. Ordered the battle of the generation book for a few guys...

Almost none of them ever heard of GYE, most don't have constant internet access at all. All thought they were the only guy in BMG struggling, all thought they were the worst resha'im and losers since dor hamabul, and all thought they'd never break out.

I'm kinda hung up on the kind of specific chasid shota that would rip down a sign like that.

Totally wondering the same thing, why rip it down?

Wow, IWLR, thanks for sharing this incredible hishtadlus.

FLOOD THE ZONE WITH MORE SIGNS!!!

=====

=====