

Successful Summer Strategy

Posted by iyh2023 - 27 Feb 2024 15:42

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Hi all,

One day last week was a rather mild day (temperature wise), as i was driving to work that morning i was bluntly reminded by an inadequately clothed being, that i'm not yet ready for the hot summer days that are just around the corner.

My request is, if you have any ideas, tips, suggestions, comments, sledgehammers, and clothing, please be so kind and post it here for the benefit of the masses. In doing so we can get ourselves in the proper mindset before the summer arrives, and knocks us silly.

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Re: Successful Summer Strategy

Posted by Vehkam - 27 Feb 2024 22:49

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[iyh2023 wrote on 27 Feb 2024 15:42:](#)

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Count your wins. Take note of every time you turn away and the celebrate the moment.

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Re: Successful Summer Strategy

Posted by chaimoigen - 27 Feb 2024 23:30

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Try to focus before you go out on the positive aspects of Shemiras Enayim.

what I really want. Offense.

Focus on how I am and want to be the kind of person who is happy with who and what he is and doesn't want or need to fantasize.

On how I am a man who is too elevated and classy than to even want to sneak a peek into someone else's shirt or pants.

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Re: Successful Summer Strategy

Posted by cande - 28 Feb 2024 02:45

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[Vehkam wrote on 14 Apr 2022 21:02:](#)

So the weather spiked in nyc today. When I went out for mincha I realized that there was no good place to rest my eyes while in the street. There was something I wanted to avoid on my left, so I quickly turned to my right, but the view on my right was even worse!! At first I was a little disheartened- is this what I will have to deal with all summer??

Then my preparation kicked in and I realized that I didn't choose these nisyonos- what an amazing opportunity to gain zchusim. I approached the situation with renewed energy and literally ran from safe place to safe place being careful to avoid resting my eyes on anything questionable.

In the past I would have walked slowly to enjoy the scenery. I am so grateful to Hillel S. For changing my perspective through his book The Battle of the Generation.

looking forward to burning a lot more than just bread tomorrow.

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