

\$1.79 for Shemiras Einiyim!!

Posted by Ybird - 21 Nov 2023 15:26

Hi guys

Recently i Bought from Amazon a Tally counter (that tiny clicker device that the Dep of health used to count the kids in sleepaway summer camps once a summer)

i hold it in my pocket and every time i hold myself back from looking at woman i click,

i started using it yesterday and today i have already almost 50 clicks!!

You can buy for very cheap for [\\$1.79 from amazon](#) for the small electronic version



If youre from the old guys that like Walkmans CD player you can buy a larger manual for just under [\\$8.00 from amazon](#)



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Re: \$1.79 for Shemiras Einiyim!!
Posted by Ybird - 03 Apr 2024 14:30

Hi guys

Its been already 5 months since i have this clicker and bh i have now...

958 clicks

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Re: \$1.79 for Shemiras Einiyim!!

Posted by Ybird - 09 Apr 2024 19:03



almost at 1000

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Re: \$1.79 for Shemiras Einiyim!!

Posted by Ybird - 10 Apr 2024 14:24

Hit the like button 10 times and I'll post the 1000 picture



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Re: \$1.79 for Shemiras Einiyim!!
Posted by frank.lee - 15 Apr 2024 10:00

Each time is unfathomable reward for you, and extra shmira for the world! Times a thousand!!!

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Re: \$1.79 for Shemiras Einiyim!!
Posted by Thoughtful - 19 Jun 2024 16:03

Chevra get one these counters!

I've bought one, and it gives me an extra boost to keep my eyes down. Every time I want to pick up my eyes on the street, I click it instead. In the past, I've only felt the negative part, the upsetness when I picked up my eyes. Now, I am besimcha every time I reach my destination and I see how many times I didn't pick up my eyes on the street.

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Re: \$1.79 for Shemiras Einiyim!!
Posted by ybird - 20 Jun 2024 16:58

current thought patterns by using a counter, then that is a wonderful thing.

2. The YH has a hold on us because we feed it. We need to stop giving it bandwidth and just ignore it and it eventually go away. It may take a while, and it may take practice and effort, but the goal is to slowly stop listening to that voice in our head and just be "normal" and gain freedom from the YH.

To quote Mishpacha's interview with Mendy Worch about TYH's song Chi Chi Wawa: "What's behind it is related to a message that Rabbi Yossi Zakutinsky, Rav of K'hal Mevakshei Hashem in Lawrence, shared in one of his derashos in explaining what Chazal say about two ways of looking at the yetzer hara. He said that the challenges it throws our way can seem big, scary, and intimidating, or they can be viewed as just a tiny, annoying Chihuahua. If a Chihuahua barks at you, you don't feel intimidated because of its small size. You'd just kick it away and keep on going, or as Chazal say, schlep it along with you to the beis medrash. So the song is about that Chihuahua that you're not afraid of." <https://mishpacha.com/streamlined/>

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Re: \$1.79 for Shemiras Einiyim!!

Posted by chosemyshem - 05 Jul 2024 15:42

[Reveni wrote on 05 Jul 2024 15:06:](#)

I know this has come up earlier in this thread a number of times, but I am still lacking clarity on the following question: Should our goal be to constantly be "on alert" and "fighting" with the YH, or should our goal be to reach a state of "normalcy" where this YH no longer preoccupies us?

Hey welcome!

Great post. If you want to and feel comfortable, maybe start a thread and share a little about yourself?

In answer to your question, I'd say "yes".

You gotta do whatever works. Sometimes ignoring works, sometimes fighting works. It's almost

impossible to be on edge fighting your whole life, and it's almost impossible for someone who ended up on this site to just ignore urges, be "normal" and not notice these things.

(Doesn't mean you need to be stressed and can't "laugh off" this "yetzer hara" (check out [this lichtige post](#) . (Okay it's three posts. Shoot me.))) In short, there's a time and place for both options you're presenting but for most people on the site, in this specific inyan, option 1 is probably more correct. Certainly in the beginning of the struggle.

For a person who hasn't struggled, getting fartracht about the delicious forbidden sights on the street or on the internet is a good way to start struggling.

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Re: \$1.79 for Shemiras Einiyim!!
Posted by ybird - 10 Sep 2024 13:51

dont remember exactly but i think i have about 1350 clicks already

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Re: \$1.79 for Shemiras Einiyim!!
Posted by thompson - 10 Sep 2024 14:05

What are you gonna do at the 10,000th click?

Here's an idea, every time you hit that number, buy a new one. After 120, an einikel will find a box full of clickers, each one at 9999...

It'll be the talk of the town.

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Re: \$1.79 for Shemiras Einiyim!!
Posted by redfaced - 10 Sep 2024 15:04

Good timing to wake up this thread.

[Today's Vayimaen Video](#)

[Letter last night on Thelakewoodscoop.com](#)

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Re: \$1.79 for Shemiras Einiyim!!
Posted by ybird - 10 Sep 2024 17:00

with todays technology i converted the link image to text

here you go

I'm not one to usually write letters,

but I felt compelled to share this as

perhaps it may provide Chizuk for

others as well.

I've been working in the city for

many years. Recently, I've been

struggling in business like many

others.

While taking the carpool one morning around Pesach time,

I noticed the person sitting next to me watching a video

clip. I looked over his shoulder and found it quite

interesting. I asked him where it was from and he

introduced me to the organization Vayemaen.

Intrigued, I joined, and started getting the videos each

day.

Around Pesach time, I received a video of Rabbi Sperling (I

believe that's his name), where he spoke about keeping

track of every time you are careful with Shmiras Einayim.

And he showed the image of a counter. The idea caught my eye.

As a Zchus for my business, I decided I was going to buy

myself that counter and keep track whenever I had a

Nisayon of Shmiras Einayim. Working in the city, I'm

surrounded daily by Nisyonos, and I decided to gather as

many opportunities as I could by looking away and looking

down.

It's a few months now, and I have already counted 483

incidents in which I turned away. Some of them were

extremely difficult, but I felt good every time I did. (I'm

including a picture of the counter which I picked up for a

couple dollars.)

guardyoureyes.com/media/kunena/attachments/28463/screenshot2024-09-10130054.jpg

But what I experienced following this private program of

mine, was amazing.

There have been numerous clients and deals I've worked

on for literally years, but I found myself at a standstill. It

was beyond frustrating.

About two months ago, I had the first big breakthrough

and a deal closed B"H with very little effort. And then

another, and another. Interestingly, some of those with the

same clients I've been working on for years, only this time,

with very little effort. I felt as though a clogged pipe of

Shefa was unclogged and as if Hashem was showing me

that if I worked hard in Ruchniyus issues, other things

would come easier. There's no other way to explain this.

I just want to say thank you to whoever is involved with

this amazing production. The Zchusim you have is

unmeasurable, and you will never know the extent of your

work.

A regular Lakewood resident.

Hatzlacha.

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Re: \$1.79 for Shemiras Einiyim!!
Posted by Onceandforall - 10 Sep 2024 18:20

Awesome! Love the idea

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