\$1.79 for Shemiras Einiyim!! Posted by Ybird - 21 Nov 2023 15:26

Hi guys

Recently i Bought from Amazon a Tally counter (that tiny clicker device that the Dep of health used to count the kids in sleepaway summer camps once a summer)

i hold it in my pocket and every time i hold myself back from looking at woman i click,

i started using it yesterday and today i have already almost 50 clicks!!

You can buy for very cheap for \$1.79 from amazon for the small electronic version



If youre from the old guys that like Walkmans CD player you can buy a larger manual for just under \$8.00 from amazon



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Re: Tally counter for Shemiras Einiyim!! Posted by youknowwho - 21 Nov 2023 15:31

Reb Eerie, are you following this?!

Great minds think alike...

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Re: Tally counter for Shemiras Einiyim!! Posted by Ybird - 21 Nov 2023 20:06

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GYE - Guard Your Eyes Generated: 27 July, 2025, 05:01 ??? ????? ???? ????

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Markz wrote on 21 Nov 2023 20:30:

Posted by true_self - 21 Nov 2023 21:55

Re: \$1.79 for Shemiras Einiyim!!

Ybird wrote on 21 Nov 2023 15:26:

Hi guys

Recently i Bought from Amazon a Tally counter (that tiny clicker device that the Dep of health used to count the kids in sleepaway summer camps once a summer)

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If you are already thinking of women when you walk on the street, it might at least be better to think of not looking at women.

I don't think that the point is to reach 90 days, rather to gain a more positive attitude in this battle which could eventually help reaching 90 days too.
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Re: \$1.79 for Shemiras Einiyim!! Posted by connected - 22 Nov 2023 16:15
and the obsession continues.
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Re: \$1.79 for Shemiras Einiyim!! Posted by Ybird - 27 Nov 2023 15:18
connected wrote on 22 Nov 2023 16:15:
and the obsession continues.
Explain please
Btw i have already 88 clicks, some were hard as hell
====
Re: \$1.79 for Shemiras Einiyim!! Posted by connected - 27 Nov 2023 16:25

Ybird wrote on 27 Nov 2023 15:18:
connected wrote on 22 Nov 2023 16:15:
and the obsession continues.
Explain please
Btw i have already 88 clicks, some were hard as hell
I heard someone say, "I'm not anti-social; I'm just anti these people who are very social."
(You see, there are people who are anti-social; and at the other extreme, there are very social people. This guy claims to be between the two.)
What are we doing here?
For me and for some others here as well, we're trying to learn to live a healthy, balanced life. Obsessing with every woman who enters my field of vision is neither healthy nor balanced. Whether staring at them or wanting to but fighting it.
It's all the same obsession. Either way, the mind is full of smut.
I'm not here to discourage you or anyone, if it works for you, go for it!
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Re: \$1.79 for Shemiras Einiyim!! Posted by Ybird - 27 Nov 2023 16:48

connected wrote on 27 Nov 2023 16:25:

Ybird wrote on 27 Nov 2023 15:18:
connected wrote on 22 Nov 2023 16:15:
and the obsession continues.
Explain please
Btw i have already 88 clicks, some were hard as hell
I heard someone say, "I'm not anti-social; I'm just anti these people who are very social."
(You see, there are people who are anti-social; and at the other extreme, there are very social people. This guy claims to be between the two.)
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It's all the same obsession. Either way, the mind is full of smut.
I'm not here to discourage you or anyone, if it works for you, go for it!
i'm not thinking about the woman, i'm not counting how many women there is on the street,
i'm counting how many times i was able to resist the burning temptation and not look

GYE - Guard Your Eyes

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I found this idea a very big help, it gave me the strength to see what I can accomplish, even if I can't hold myself back every time it still shows that most times I'm in controll. When I walk down the street I just count in my head and click later, I love the feeling of looking away and screaming out in my head "ha I won this time" very often I fall but that's not the main thing.

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