## **GYE - Guard Your Eyes**

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Falling on Shabbos Posted by adam2014 - 20 Oct 2023 11:01

I hope I can get my point across that will make sense to you guys. I will try to keep it brief. I have struggled with P and M for a long time and as I fall further, the porn gets darker and darker. It is like I am searching for more depravity and filth. The "regular" porn doesn't do the trick for me anymore. That is where shabbos comes in. On the day that HaShem rested and the most special day of the week, I think that watching porn on Shabbos really sinks me to an entire different level. The same smut and filth I watch during the week is so much worse on Shabbos....and that is the depths that I am forcing myself to sink to.

Does that make any sense?

?Basically, I am trying to sink as low as possible, and acting out on Shabbos is about as bad as it gets and that sometimes gets me in trouble. I am on a 5 day streak and Shabbos is coming tonight and I am EXTRA worried about tomorrow. Am I alone in this way of thinking?

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