

24 year old bochur. Is it only me? What is the way out ? How do i make teshuva ?

Posted by help613 - 30 Dec 2009 17:58

Hello every1

a friend of mine suggested me to look at this site and i think i have just found a gold pit !!!

I dont feel comfi opening up about all my probs and storys at the mom. but would like to share certain probs.

i HAVE, HAD, and will be going through. I know there are other ppl who do really bad things bc life these days

is hard to go through without these struggles...but for some reason i dont believe any1 has fallen as low as i

have a managed to hide it this well which causes no1 to think there is a prob with me and not offering any help. I am a 19 year old yeshiva Bochur learning in Jerushalim, if you see me you will think im this happy, aidel,

cute and really frum bochur that maybe has a hard time to sit down and learn but for sure has no other major issues. Basically i have been oyver and most issurim relating areyes... It makes me sick and daven really hard that H' should help me out of it, i have been through things that even in the none jewish world is a no no...it started when i was 14 and i tried for 5 years and just keep falling back down and always deeper and it always causes more probs and im just building up a load on top of me that i think one day it will just crash and i will be forced to give up not to embarres my fam. or just not maybe to cause other ppl

doing this sort of stuf... Its very hard to explain details there are things i would never want any1 to fiend out and thats y i cant speak to any1 about it. I would be so happy if som1 on this amazing website would take the time and try and save a fellow jew from giving up bc the things going on at the mom are really towards the top of an ice berg and a battle that i can no more fight on my own...

thanks so much for reading and i really hope on hearing from som1 really soon

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Re: 24 year old bochur. Is it only me? What is the way out ? How do i make teshuva ?

Posted by imtrying25 - 06 Jan 2010 08:26

[help613 wrote on 06 Jan 2010 01:40:](#)

Hey guys thanks to u lot and ur amazing msgs and post ive been doing great...

Im working on getting dif. probs solved and hope to concentrate on my learning more...

verry annoyingly the sa groups have not answerd me yet so....

hope everyone is ok and have a good night

happy to hear your doing ok!!!

:D

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Re: 24 year old bochur. Is it only me? What is the way out ? How do i make teshuva ?
Posted by the.guard - 06 Jan 2010 13:01

[help613 wrote on 06 Jan 2010 01:40:](#)

Hey guys thanks to u lot and ur amazing msgs and post ive been doing great...

Im working on getting dif. probs solved and hope to concentrate on my learning more...

verry annoyingly the sa groups have not answerd me yet so....

hope everyone is ok and have a good night

i guess for know ill have to find out from here ???

Dear help613,

Please call Reb Shlachter. Even if you can't afford to pay him for therapy, he takes calls on his hotline FOR FREE. Also, he **knows** the guys in SA here in Israel and can help get you into a group. PLEASE CALL HIM: 052-6923065

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Re: 24 year old bochur. Is it only me? What is the way out ? How do i make teshuva ?
Posted by Kedusha - 06 Jan 2010 15:29

[habib613 wrote on 06 Jan 2010 03:56:](#)

i think i need to change my name...

every time i see H___613 i go hey! what is he talking about? and then i realize this is your thread...

g'luck Help613!

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Re: 24 year old bochur. Is it only me? What is the way out ? How do i make teshuva ?
Posted by imtrying25 - 06 Jan 2010 22:45

[Kedusha wrote on 06 Jan 2010 15:29:](#)

[habib613 wrote on 06 Jan 2010 03:56:](#)

i think i need to change my name...

every time i see H___613 i go hey! what is he talking about? and then i realize this is your thread...

g'luck Help613!

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Over my head.....and thats saying alot.....ive got a HUGE head!! :D :D :D
:D :D :D :D :D :D :D

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Re: 24 year old bochur. Is it only me? What is the way out ? How do i make teshuva ?
Posted by Kollel Guy - 07 Jan 2010 13:35

Wes Craven presents.....

This summer (echo: summer summer) Joseph and Eishes Potiphar Vol. II. The cursed shiksa attempts to take one of our brothers with her to the land of the living tumah. What he doesn't realize... is that even living tumah is very dead....

Coming soon on video and DVD.

Don't miss it.....

And on a serious note,

Help613 - you are the king (Just like Yosef)

You really did something so amazing last night, you have no idea how far this can and will carry you.

There are stories of people in the holocaust who's lives were saved by their relatives long dead, and they were told it was only because of the zechus of abstaining from a very tempting and available aveirah, that they were allowed to come down and go against the rules.

A normal human in your situation SHOULD FALL!!! You have to realize that when you stand up to that kind of temptation, it's not normal. It's not normally good. People just aren't that dedicated. You broke the rules!!! Congratulations..... You did it!!

The passuk in hallel says "Hayam ra'ah vayanah". The medrash says, the water originally did not want to split for klal yisroel, but when "it saw" then "it ran".

What did it see that made it run? The atzmos Yosef. The water said "My nature is to flow freely in a natural direction. Why should I change my nature for Klal Yisroel?"

When it saw the Atzmos of Yosef, who defied every law of nature, and royally feifed the way things naturally work...

"Vayanah" It RAN.

You have the power to do miracles!! Take your tefilos VERY seriously in the coming days. You don't realize how much steroids they are on now.....

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Re: 24 year old bochur. Is it only me? What is the way out ? How do i make teshuva ?
Posted by silentbattle - 07 Jan 2010 16:53

I can understand you....it's an incredibly tough battle, because the taivah is huge - plus, it's super-flattering to have someone offer to pay your airfare, because they want you *that* much!

But we want you even more, and we love you. Be polite, but say no to her - tell her that she's very nice, but you need to say goodbye, for your own reasons. Then block her from your email. Take concrete steps to avoid being in touch with her, and if she's a decent person, she'll respect that.

You are truly incredible!

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Re: 24 year old bochur. Is it only me? What is the way out ? How do i make teshuva ?
Posted by imtrying25 - 07 Jan 2010 17:08

KOL HAGADOL MEI'CHAVEYROH YITZROH GADOL MIMEN'U!!!!

yes it is hard. And like KG wrote you in your own special way are a YOSEF HATZADIK. Dont put yourself down. This is the truth. We need to think of ways to avoid this. Because we all know that when the tekptation is strong, how hard it is to abstain!!

Keep it up. Were all here for you.

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