GYE - Guard Your Eyes Generated: 12 September, 2025, 15:52 From the "...What has worked for me" thread Posted by Fenix001 - 13 Jul 2023 09:45 Shalom u'Vrachah! (Moderators/Admins: If referring to another post on GYE that was made by the same user who posts it is not allowed, I apologize) I wanted to spread the post that I made over on the "...What has worked for me" thread in the hopes that more people will read and benefit from it.

That said, here is a link to the other post I made:

https://guardyoureyes.com/forum/2-What-Works-for-Me/398716-Offering-suggestions-that-have-worked-for-me#398716

All the best to everyone!