

Grant's Rants

Posted by Grant400 - 30 Apr 2023 22:12

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Seem to be out of the woods now.

On the way back in.

How long will it take to get there?

That's 100% up to me.

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Re: Grant's Rants

Posted by Grant400 - 06 Jun 2023 11:21

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If you are not willing to accept being controlled by sexual desire, manipulated by the porn industry, and out of control of your life anymore - then you are ready **for** changes.

But -

If you are not willing to accept frequent discomfort (in the beginning), periods of overwhelming desire, occasional pain, and lots of brutally hard work - then you are not ready to **make** changes.

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Re: Grant's Rants

Posted by Grant400 - 07 Jun 2023 22:32

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In order to run away from something successfully, you must have somewhere to take refuge.

Create a clarity and vision of who you want to be and seek refuge there.

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Re: Grant's Rants

Posted by chaimoigen - 08 Jun 2023 11:58

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[Grant400 wrote on 07 Jun 2023 22:32:](#)

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One who murdered through carelessness must go into *Golus* in an *Ir Miklat*.

The Shem Mishmuel explains that the idea is not merely that he endure being exiled from his previous life, with refuge in the *Miklat*.

Rather, he must run away from a life in which he was capable of wanton carelessness, **and journey to discover a new way of living**, in the sanctuary and refuge of the *Ir Miklat*, [surrounded and under the influence of the Leviim who live therein, living an elevated lifestyle.]

We all gotta do that in our own way.

A little '?????' on General Grant's thoughtful rant, with grateful appreciation....

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Re: Grant's Rants

Posted by richtig - 08 Jun 2023 14:03

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[chaimoigen wrote on 08 Jun 2023 11:58:](#)

[Grant400 wrote on 07 Jun 2023 22:32:](#)

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Gevaldig! To which I would add that I think Chazal say (can someone remind me where?) that the disconnect of the leg of the letter '?' is there to give baalei teshuva a place to come back through. But (this part is I think Rav Leuchter or Rabbi Elefant) there are two spaces, one on the bottom, where he fell through, and one on top where he comes back through. Veist ois that we have to come back a different way than we left; we need a different mehalach than just "oops I fell from here, let me jump back in". We need to come from somewhere else. (Somewhere new, different, higher).

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Re: Grant's Rants

Posted by true\_self - 08 Jun 2023 18:37

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[richtig wrote on 08 Jun 2023 14:03:](#)

[chaimoigen wrote on 08 Jun 2023 11:58:](#)

[Grant400 wrote on 07 Jun 2023 22:32:](#)

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And we need to work hard on climbing up the leg to be able to reenter, and we must always remember that the abyss is still open under us, and if we don't stay alerted we can fall back in at any given moment.

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Re: Grant's Rants

Posted by Grant400 - 11 Jun 2023 13:24

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Contrary to a seemingly ingrained belief, it is not an obligation for me to grade every woman that walks by from top to bottom.

It's simply not my business.

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Re: Grant's Rants

Posted by Grant400 - 12 Jun 2023 01:39

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Learning that my natural response to specific circumstances in the past - doesn't have to be my natural response today, helped me overcome those panicky feelings of deja vu when in the past it meant a fall was imminent.

I've changed, so the math has changed too.

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Re: Grant's Rants

Posted by Grant400 - 12 Jun 2023 01:51

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Wife:

"I have a bad headache."

"Let's go on vacation."

"Thank you for your help."

"I'm so tired."

"That was so thoughtful of you."

"I'm so annoyed with you."

As long as my first response is calculating the probability of having sex, I still have work to do.

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Re: Grant's Rants

Posted by iLoveHashem247 - 12 Jun 2023 12:45

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[Grant400 wrote on 07 Jun 2023 22:32:](#)

In order to run away from something successfully, you must have somewhere to take refuge.

Create a clarity and vision of who you want to be and seek refuge there.

Love it

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Re: Grant's Rants

Posted by Grant400 - 12 Jun 2023 21:02

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That one extra glance, one moment of fantasy, or one click of the mouse on the ad that pops up  
- can lead to hours or days of dealing with the effect.

It's just not economical.

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Re: Grant's Rants

Posted by Grant400 - 14 Jun 2023 17:39

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Comparison:

A tried and tested way to destroy beauty, relationships, attraction, marriage and happiness.

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Re: Grant's Rants

Posted by Grant400 - 14 Jun 2023 17:57

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"When I turn 20 it's over"

"Now that I'm engaged there's no way I'll fall"

"The cutoff is when I get married"

"I'm a father, it's a whole new me"

"After my second child there's no going back"

Sounds familiar?

Changing circumstances does not foment long term change.

Changing yourself does.

[- Richtig, June 14 2023](#)

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- [Richtig](#)

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