GYE - Guard Your Eyes

Generated: 12 September, 2025, 19:06

Sorry I'll have to pass at this time.

Lady Next Door Posted by noshimnosher - 26 Apr 2023 16:48 There is a women in my neighborhood who is always staring at me when I pass her. It makes me think... ?Set me straight please before I attempt her. ==== Re: Lady Next Door Posted by dim12 - 26 Apr 2023 16:58 i send you in privat something can help you ==== Re: Lady Next Door Posted by dim12 - 26 Apr 2023 17:02 You can contact me i have exp in this Re: Lady Next Door Posted by Markz - 26 Apr 2023 18:03 noshimnosher wrote on 26 Apr 2023 16:48: There is a women in my neighborhood who is always staring at me when I pass her. It makes me think... ?Set me straight please before I attempt her.

Me and Bibi are too busy getting our million man protest against Eerie together.
What does your therapist say about all this?
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Re: Lady Next Door Posted by EccentricComposer - 26 Apr 2023 22:57
Honestly, I would think that she's probably not actually trying anything, that's my opinion. Don't act on anything, and keep on overcoming your Yetzer hara!
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Re: Lady Next Door Posted by frank.lee - 27 Apr 2023 14:38
Great for you! It means you are still alive and merit to have a purpose and challenges in this world.
Try not to think about her intentions and just ignore her. Save yourself from lots of trouble.
Who cares anyways? You don't look at women, you don't talk to women. Simple. Finished.
I hope that helps!!
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Re: Lady Next Door Posted by DavidT - 27 Apr 2023 16:53

Many things are "possible" but rationalization makes you think it's "probable" which can be very dangerous and misleading.

Think about this: the Yetzer Hara is, a big bubble of "imaginary" pleasure that just pops in your face!

First, you want it. Then you want it more. Then you start to give in and need it more and more. Then you want it so much, you NEED it. Then you must have it now! Then you're about to get it! Then, it's finally coming, you want it, want it, want it...

If you pay attention though, as the pleasure actually comes - the arousals have already left your head. There are no more lusts or fantasies, only the petty pleasure. The bubble of desire is already gone, even as the pleasure comes. The Yetzer Hara has done it's job already...

- 10 seconds later, it's all over. Done. Nothing. Only emptiness and guilt (and other major troubles - when it includes other parties) are left to linger.

So it's 97% desire and 3% pleasure. So what is there to give in for? **Don't give up everything precious for this!**

Use simple analysis to conquer the Yetzer Hara! No need to be a mighty warrior in a major battle. Sometimes, just using your "head" takes away the necessity for a mighty battle in your "heart".

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Re: Lady Next Door

Posted by chancy - 27 Apr 2023 17:34

Let me qoute something ive read of GYE.

" If that lady had any inclining of what you are thinking, she would vomit all over you"

If you ever spoke with a normal woman you will probably agree with me, they think completly different than us, so she looking at you means zero. Get it out of your head, its not even a fantasy.

A Rabbi once said "Bucherim dont have Nisyonos, they have Chalomois"

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Re: Lady Next Door

Posted by Ybird - 27 Apr 2023 18:36

<u>chancy wrote on 27 Apr 2023 17:34:</u>

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A Rabbi once said "Bucherim dont have Nisyonos, they have Chalomois"

So so true, to the point

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Re: Lady Next Door

Posted by Misgaber96 - 29 Apr 2023 12:50

All I have to say is that I need to share my situation and surrender it. So you have done your duty by surrendering the thought to this forum. Thank you for sharing. I have posted about a girl across the road previously. It is over a few posts and quite lengthy, click on my name and you should see it there. If I feel the urge again I just share again and keep sharing until it is out my system, if it takes forever so be it. The future is not in my control.

Hashem is the One in charge of emotion. My responsibility is to be open and honest and Hashem does the rest. I speak to Hashem about what I want to do. I daaven for that person that I am lusting after to be successful and daaven that Hashem help me (short prayer, long can cause obsession). I share my situation with others and ask for people's experience where I need it.

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Re: Lady Next Door

Posted by noshimnosher - 02 May 2023 19:42

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Generated: 12 September, 2025, 19:06 Re: Lady Next Door Posted by Markz - 04 May 2023 02:25 noshimnosher wrote on 04 May 2023 02:04: But I want her Good move for sharing! What do you want to do about it? Sounds like you're in a slippery slope and who knows what's down there off the edge of the slope? So the question is what do you want to do? Do you want to get the help that will work for you? It's easy to find and jump into it. Very easy! Just depends on your fears. Can you overcome them and take a little step forward instead of continuing this downward spiral. Again the question is what do you want to do? Im here for you bro!!