

YouTube leading to Fails... Any ideas?

Posted by Emes-a-Yid - 28 Feb 2023 00:24

I need some help breaking away from using YouTube platform, including watching all sorts of videos, which besides leading to

1. many waste-less time

2. negative impact on sleep,

3. Kills productivity,

(have diminished control over watching excessive amounts of video content).

Plus other negative influences from the open world society, literally to anything vast out there, as blunt and exposed without any blockages, since YouTube admins are the only ones in charge to block users and videos based on their own decisions of the "wisest non-rebbeim" etc.. It is a very hard reality to break free, but definitely with someone willing to challenge me and maybe working together it can help very much. It may sound strange but I forgot to include the main issue that may lead from such random videos is the issue of wanting a created desire onto an explicit site if you understand me..etc... So with that being said, anyone also dealing with the YouTube Problem of trying to break away and can't? And is there anyone willing to maybe help me and challenge (may have to be a 2 person deal to better solve to want to do it) each other..? If you are interested and have an idea please respond, I am eagerly trying to stop, week after week and thinking it will end yet get back on it.

Thanks for the support. Please let me know your feedbacks.

=====

Re: YouTube leading to Fails... Any ideas?

Posted by ?????? - 07 May 2023 13:50

[excellence wrote on 07 May 2023 06:42:](#)

Delete what?

youtube, i think-

I know the struggle- i deleted it sort of, and my browser, still have access but harder; its been about a week and its great- cant say how much time ive saved- either for productive activity or stam sanity- youtube pulls me to see the next video and the enxt one- drives me nuts- wasier

without it- though last night i wanted to see the charlie coronation hock- watched for hours so dumb

=====

Re: YouTube leading to Fails... Any ideas?
Posted by Emes-a-Yid - 11 May 2023 05:18

[Hashem Help Me wrote on 04 May 2023 11:28:](#)

If yt stands for **Yom Tov** - then **yes yt** - because no YouTube!

If anyone does not understand the simcha and menuchas hanefesh our chaver Emes-a-Yid is experiencing, i suggest they go off YouTube for 10 days. Then they will understand. While in the matzav one simply cannot see the benefit of living without it.

Thanks for noticing, now at 7 weeks and 4 days... almost 2 months of no YouTube BH, hatzlacha by all!!

=====

Re: YouTube leading to Fails... Any ideas?
Posted by Emes-a-Yid - 15 May 2023 10:36

8 weeks and 1 day no youtube

=====

Re: YouTube leading to Fails... Any ideas?
Posted by Hashem Help Me - 15 May 2023 10:37

[Emes-a-Yid wrote on 15 May 2023 10:36:](#)

8 weeks and 1 day no youtube

HERO!!! What a way to prepare for Shavuot!

=====

Re: YouTube leading to Fails... Any ideas?
Posted by chancy - 15 May 2023 20:45

[Emes-a-Yid wrote on 15 May 2023 10:36:](#)

8 weeks and 1 day no youtube

Its insane how something that you thought isnt possible has become your routine almost.

That shows you that the YH only has one power, BLUFF. Once you take the plunge you see that everything is possible!

=====

Re: YouTube leading to Fails... Any ideas?
Posted by Emes-a-Yid - 22 May 2023 23:39

[chancy wrote on 15 May 2023 20:45:](#)

[Emes-a-Yid wrote on 15 May 2023 10:36:](#)

8 weeks and 1 day no youtube

Its insane how something that you thought isnt possible has become your routine almost.

That shows you that the YH only has one power, BLUFF. Once you take the plunge you see that everything is possible!

100% agree, okay so I am at 9 weeks and 1 day no youtube bh..

And almost 90 days on my other post.. beh tog with everyone, all should be also bentched for a mehalech to succeed!

=====

=====

Re: YouTube leading to Fails... Any ideas?

Posted by Emes-a-Yid - 01 Jun 2023 13:15

10 weeks and 4 days wow

=====

=====

Re: YouTube leading to Fails... Any ideas?

Posted by EccentricComposer - 01 Jun 2023 13:17

[Emes-a-Yid wrote on 01 Jun 2023 13:15:](#)

10 weeks and 4 days wow

Incredible!

=====

=====

Re: YouTube leading to Fails... Any ideas?

Posted by Grant400 - 01 Jun 2023 19:26

Huge!

=====

=====

Re: YouTube leading to Fails... Any ideas?

Posted by Emes-a-Yid - 04 Jun 2023 21:51

11 weeks,

=====

=====

Re: YouTube leading to Fails... Any ideas?

Posted by chaimoigen - 05 Jun 2023 01:15

What an unbelievable Chizzuk. Thank you!

=====

=====

Re: YouTube leading to Fails... Any ideas?

Posted by Emes-a-Yid - 09 Jun 2023 18:11

11wk,5 days

=====

=====

Re: YouTube leading to Fails... Any ideas?

Posted by Grant400 - 09 Jun 2023 22:08

[Emes-a-Yid wrote on 09 Jun 2023 18:11:](#)

11wk,5 days

How do you feel my friend?

=====

=====

Re: YouTube leading to Fails... Any ideas?

Posted by chancy - 12 Jun 2023 18:49

Incredible!!!

I remember being so addicted to watching movie's and tv shows that i never thought ill be able to fully quit.... Its been 2-3 years and i already forget what the fuss was all about..... Our mind is incredibly flexible to bend to our will!

=====

=====