

YouTube leading to Fails... Any ideas?
Posted by Emes-a-Yid - 28 Feb 2023 00:24

I need some help breaking away from using YouTube platform, including watching all sorts of videos, which besides leading to

1. many waste-less time
2. negative impact on sleep,
3. Kills productivity,

(have diminished control over watching excessive amounts of video content).

Plus other negative influences from the open world society, literally to anything vast out there, as blunt and exposed without any blockages, since YouTube admins are the only ones in charge to block users and videos based on their own decisions of the "wisest non-rebbeim" etc.. It is a very hard reality to break free, but definitely with someone willing to challenge me and maybe working together it can help very much. It may sound strange but I forgot to include the main issue that may lead from such random videos is the issue of wanting a created desire onto an explicit site if you understand me..etc... So with that being said, anyone also dealing with the YouTube Problem of trying to break away and can't? And is their anyone willing to maybe help me and challenge (may have to be a 2 person deal to better solve to want to do it) each other..? If you are interested and have an idea please respond, I am eagerly trying to stop, week after week and thinking it will end yet get back on it.

Thanks for the support. Please let me know your feedbacks.

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Re: YouTube leading to Fails... Any ideas?
Posted by Hashem Help Me - 20 Apr 2023 11:30

HERO!!!

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Re: YouTube leading to Fails... Any ideas?
Posted by Emes-a-Yid - 20 Apr 2023 19:18

[Emes-a-Yid wrote on 20 Apr 2023 00:31:](#)

4 and a half weeks of no youtube! I only use it in very very specific cases, but bh doing great!

When I say YT, I include also the other option I would replace it with like online games and stuff that were to take a lot of my time! And many nights staying up affecting my days schedule. Bh thank you hashem!

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Re: YouTube leading to Fails... Any ideas?
Posted by Emes-a-Yid - 23 Apr 2023 11:32

5 weeks of no yt!

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Re: YouTube leading to Fails... Any ideas?
Posted by FighterWithFire - 23 Apr 2023 15:07

[Emes-a-Yid wrote on 23 Apr 2023 11:32:](#)

5 weeks of no yt!

INCREDIBLE!

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Re: YouTube leading to Fails... Any ideas?
Posted by Emes-a-Yid - 25 Apr 2023 11:11

5 weeks 2 days.. no yt

"yomyom"

is the goal

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Re: YouTube leading to Fails... Any ideas?
Posted by monseyid41 - 25 Apr 2023 13:45

Amazing!!! For those who have never experienced the pull of youtube, I think it's impossible to explain how unbelievable your achievement is. And for those of us who have experienced it, there's no need to explain. Keep on going and keep posting. You're giving me such a boost.

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Re: YouTube leading to Fails... Any ideas?
Posted by Emes-a-Yid - 26 Apr 2023 04:44

[monseyid41 wrote on 25 Apr 2023 13:45:](#)

Amazing!!! For those who have never experienced the pull of youtube, I think it's impossible to explain how unbelievable your achievement is. And for those of us who have experienced it, there's no need to explain. Keep on going and keep posting. You're giving me such a boost.

Thanks, great wording- very well said. It was hard now it's getting better bh.

I still am doing a challenge weekly with someone

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Re: YouTube leading to Fails... Any ideas?
Posted by monseyid41 - 26 Apr 2023 13:45

[Emes-a-Yid wrote on 26 Apr 2023 04:44:](#)

I still am doing a challenge weekly with someone

Can you explain what this means

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Re: YouTube leading to Fails... Any ideas?
Posted by Emes-a-Yid - 27 Apr 2023 01:00

Can you explain what this means

(copied from an earlier post regarding the challenge. Whats in bold is the challenge)

YT is dangerous, maybe the more I say it the disgust for it gets bigger and unimaginable to ever go on..

Like I said earlier yt was a big struggle, it was the main issue to most nisyonos to fail, but BH getting head way towards a clearer derech, one day at a time!

Soon it may be 60 then 90 days..

I am happy with my progress, I report more frequently which helps a lot, just at times I don't see the speed of the days going higher as fast, so I lose chizuk a bit. Working on a mehalech always to progress,

BH a chaver pm me with a challenge, don't know if he wants to be mentioned, basically it's a challenge not to use YT in short with some conditions what that means, and kenas of some money to the other guy, and if 2 people lose it gets reset. BH we both did really good, he had way much more to respond of his productivity, I would wish he says it over, but as for me. I had a much better time and awareness of thoughts and grip on myself, my surroundings, I appreciated myself more, I got to work on myself more direct, and not as superficial.

BH, enough with my blabbing, I just want to thank GYE and the oilam helping putting this together, always helping any person anonymously at both fronts, and it is actually working! Kol HaKavod!!, want for all of us to be matzliach till the very end BzH!

thanks for staying tuned with this forum, I hold of YT very Powerfall to grab you in, you must do something about it if you at times or especially consistently fail by it at the end.. What to do? Ask Chaverim here or speak to a Rav if you can. It's a hard topic and some may not even understand it, but I was there at a point. By that I mean NG levels of low from where YT lead me.

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Re: YouTube leading to Fails... Any ideas?
Posted by Emes-a-Yid - 30 Apr 2023 18:41

6weeks of no youtube. BH thank hashem it has been way better than not having a grip on myself, now it is so lively to live instead of flopping down daily for hours wasting my time for entertainment and fill my mind with some thoughts before I go out about my day. and also removed me to lead to any porn or so bh...

I am very happy and excited thanks for all the feedback on this thread, beh will keep it up!!

I challenge anyone else struggling too, you will see how it benefits you!! Hatzlacha All!!!

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Re: YouTube leading to Fails... Any ideas?
Posted by Trying The Best - 30 Apr 2023 20:31

Wow! You're a hero! A powerhouse! A soldier of Hashem!

can I get a bracha from you? I think (sorry... I am sure!) your brochos have a direct line to hashem !

I am so happy for you and you should hug yourself and love yourself for being so strong! Give a) Lchaim in shul!

keep it up!

enjoy

Trying the best,

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Re: YouTube leading to Fails... Any ideas?
DUPE (like trump says)
Posted by Emes-a-Yid - 04 May 2023 10:27

6 and a half weeks no yt..

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Re: YouTube leading to Fails... Any ideas?
Posted by Hashem Help Me - 04 May 2023 11:28

If yt stands for **Yom Tov** - then **yes yt** - because no YouTube!

If anyone does not understand the simcha and menuchas hanefesh our chaver Emes-a-Yid is experiencing, i suggest they go off YouTube for 10 days. Then they will understand. While in the matzav one simply cannot see the benefit of living without it.

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Re: YouTube leading to Fails... Any ideas?
Posted by shmiras101 - 05 May 2023 16:15

EVERY ONE IS SAYING JUST DELETE IT BUT I LIVE IN A PLACE WHERE IT S A NORM
AND CANT GET OTHERS TO DELETE IT ANY IDEAS

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