

The same story over

Posted by Someone - 25 Sep 2008 18:29

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Greetings warriors!

I am fighting along side all of you. Short & painless: My problems began several years ago. I don't know why, or how, but I began masturbating, not comprehending any of the damage I was creating. A Christian friend of mine told me this was wrong, in Christianity and in Judaism. I didn't want to believe it, but I soon realized the truth in his words. I battled around half a year, and got rid of it (I stopped myself for 100 days).

Some time later, don't remember when, I stumbled on Internet p-orn and was hooked from there on. I fought, and the frontiers went back and forth. Till today. I have only been able to control it for around a week always, then I fall. This is about to change: I made myself a plan ("Battle plan" - I call it) and I am going to try and stick to it as good as I can. It involves for example: reading the daily Torah portion, doing sport, posting a message here, praying for help.

Few words still: I am not Jewish, but count myself as a Noahide. I believe into the Lord of Abraham, Jacob, Josef.... the REAL (some call it Old) Testament. I am also quite young still; but the younger the better: don't want to have this problem even one moment longer.

/SO

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Re: The same story over

Posted by the.guard - 25 Sep 2008 18:37

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I am always amazed when a non-Jew is seeking sexual purity. It is amazing. Maybe you have a Jewish soul :-) We have 1 or 2 non-Jews on our Chizuk list as well, and they even use Hebrew words like "Yetzer hara" when they write me. Check out [this page](#) of our FAQ. We also have a few recovery stories of non-Jew's like you, on our [Recovery Story page](#) (Scroll to the bottom). May G-d be with you and help you find true happiness and freedom.

Here's one non-Jew's e-mail to us:

*I have to write to you to thank you so much for your website and especially for the daily chizuk. I have been trying to deal with pornography for literally decades. Your site has helped me to begin to actually deal with this problem successfully. I have to tell you something quickly. I am not Jewish (but I listen to rabbinic teaching constantly). I have learned over the past year how Jews actually live out their religion. My religion talks about love and grace but not about the true importance of law and deeds. As a result, all of the websites that are intended to help with battling the porn problem never get in and recognize the reality of the yetzer hara and doing battle there. The instruction of our websites is to pray about it as though God will take away the problem when the time is right. On top of that they teach not to really worry about it since grace will cover our mistakes.*

*Now I know better. Not that grace will not cover mistakes, but that we have more responsibility than that. You have helped me to understand that we have to work on ourselves and the specific deficiencies the Creator has allowed us to have. As a result I can understand the purpose of this world and the world to come much more clearly. And I need all the help I can get. So do the rest of the men of my religion. I hope I can somehow help some to wake up to the reality of our irresponsibility. I have to be careful who I share your jewel of a website with because many won't understand. I pray that someday they will wake up.*

*I couldn't go another day without sharing my gratitude with you.*

*As far as the site goes, I'm not trying to be diplomatic, but I have taken advantage of every part of it. I initially found the tips helpful. I tried not to go through them all at once so that I would still have some to look forward to. I like that you have tips that are from different perspectives. The email chizuk list is helpful because I have to face them each time I check my email, which is encouraging. I have checked into a lot of the filters because the one I was using was defeatable.*

*I have to say that I feel the whole site is appropriate for me and the aspects of lust and porn that I have to deal with. I am excited about the direction you are going. I pray that this site will be a beacon to those like me who love G-d yet battle with this generation's struggle with lust and easy access.*

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Re: The same story over

Posted by Someone - 25 Sep 2008 18:44

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[guardureyes wrote on 25 Sep 2008 18:37:](#)

Maybe you have a Jewish soul :-)

I do not know if I have one, but I do feel a strong pull towards Israel&Judaism in general. If it is possible for me, I would like to move to Israel and convert to Judaism. I also thank-you (and all the others) for this great site! May H-shem bless you, your battles and all you families!

/SO

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Re: The same story over

Posted by niceguy - 26 Sep 2008 10:38

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dear SO,

be strong and G-d will give you strength.come visit us in sunny israel anytime.

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Re: The same story over

Posted by G38 - 29 Sep 2009 12:50

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I am amazed.

I thought that only Jewish people would benefit from GYE.

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This is clearly " a light upon the nations".