

Do men with attractive wives have less of a problem?

Posted by ark321 - 24 Dec 2009 23:06

I would like to know what people think about this. We know that the yetzer hora creates ideas and lust into our minds, and it is all fake. Maybe if we were to know that even if our wife would be like the women we dream about, the yetzer hora would just make us want some other women etc, that this would help. I'm rushing this message as im in a rush, but there is more I have to say...

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Re: Do men with pretty and skinny wives have less of a problem?

Posted by Kolliel Guy - 25 Dec 2009 08:13

Well, the answer was pretty much spelled out above, the only way a person's wife can possibly be the problem, is if she becomes repulsive to him (in a way that would make any woman repulsive to anyone).

However, there is no such concept of "if she was pretty**ER** I wouldn't have to struggle. Once she is normal and somewhat put-together, and her husband was at one point attracted to her, all problems from here on in are strictly his issues, which not surprisingly he will first try to blame on everything possible, before making a conclusion that will make him have to work on himself.

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Re: Do men with pretty and skinny wives have less of a problem?

Posted by ark321 - 25 Dec 2009 08:15

Thank you. What you are saying makes alot of sense. But what about what I said about when the lights are out? You have not addressed that point.

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Re: Do men with pretty and skinny wives have less of a problem?

Posted by Kolliel Guy - 25 Dec 2009 08:30

I'm not sure I understood what you were saying.

I think you meant to say that weight and looks are not the same, because weight can be noticed when looks can't. Correct?

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Re: Do men with pretty and skinny wives have less of a problem?
Posted by ark321 - 25 Dec 2009 08:39

I meant that when the bedroom lights have gone out and its dark, so now its not a question of prettyness and looks, just what you feel with your hands etc.

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Re: Do men with pretty and skinny wives have less of a problem?
Posted by the.guard - 25 Dec 2009 08:43

[ark321 wrote on 25 Dec 2009 08:39:](#)

I meant that when the bedroom lights have gone out and its dark, so now its not a question of prettyness and looks, just what you feel with your hands etc.

Lust is lust, and if we want it, we'll never have enough. And if we let go of it, whatever we have will be enjoyed as a gift...

Heck man, after it's over, it's over. It's the same 10 second pleasure whatever you "feel" before it happens.

And if you think about it, we don't even get pleasure from the other person, we get it from ourselves. It's all in our minds anyway.

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Re: Do men with pretty and skinny wives have less of a problem?
Posted by Kolliel Guy - 25 Dec 2009 09:09

[ark321 wrote on 25 Dec 2009 08:39:](#)

I meant that when the bedroom lights have gone out and its dark, so now its not a question of prettyness and looks, just what you feel with your hands etc.

According to what your saying, your problem is almost definitely along the lines of a shalom bayis problem. A shalom bayis problem does NOT necessarily mean that there is fighting, or shouting, or even slight hostile feelings. A shalom bayis problem means, that the couple is not living up to their potential relationship. Why is that a problem? Well if you had money in an account, and you only had access to 5% of it, that's called a problem. And what you are capable of accomplishing through shalom bayis, is amazing. So it follows that if you are using only 5% of your abilities in shalom bayis, and you don't see amazing things happening - that's a big problemo.

The type of love that should ideally exist between a man and his wife does not allow for the thoughts you are having. Plain and simple. I don't know of any better way to put it. Yes I am demanding a very high standard, but it's YOUR account don't you think YOU should have access to 100% of it?

There are numerous books out on shalom bayis, almost all will help dramatically if taken seriously. (Some will be a complete waste of your time). I have found that the new one going around by R' Arush is VERY VERY good. No long chapters that make you space out 30x a page, no complicated points that take years to bring out, just very good and straightforward helpful, useful, practical, and sensible information.

Try it. You never know. It might change your life even more than this site changed ours.

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Re: Do men with pretty and skinny wives have less of a problem?
Posted by BecomeHoly - 25 Dec 2009 09:18

So indeed, when choosing a wife, I have to a) determine she can be attractive to *someone* (not

weird, socially awkward, bad hygiene, grossly overweight....) then I can do b) see if I myself find her pleasing.

It happens to be that I'm a very skinny guy. Like I have a hard time gaining weight. (I'm 5'7 130 lbs). It also happens to be that I try to be healthy, and someone who is overweight I have a hard time being attracted to.. :-/ Although I did almost get engaged to a girl that was a lil overweight (like she could stand to lose 20 lbs), but I felt she had potential... (which I guess is kinda mistake... you don't marry potential... or a fixer upper...)

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Re: Do men with pretty and skinny wives have less of a problem?

Posted by imtrying25 - 25 Dec 2009 10:05

[Kedusha wrote on 25 Dec 2009 03:41:](#)

Here's the key: If a man avoids looking at other women, or otherwise expending his sexual energy, his attraction for his wife will remain strong, even if most people don't view her as being attractive. Conversely, if a man looks at other women (lustfully) and/or expends his sexual energy illicitly, his attraction to his wife will be diminished, even if she is very attractive.

Sadly to say i totally agree with you Kedusha. Tried and proven. If a man looks/lusts for other women, his wife can be the most beautiful thing in the world.....HE WILL NOT FEEL ATTRACTED TO HER!!!!

And i do think looks are important in shidduchim but it shouldnt be the make-it-or-break-it. But if a person doesnt have any attraction, no matter how smart she is, no matter how many other qualities she has, you have to stay away.

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Re: Do men with pretty and skinny wives have less of a problem?
Posted by habaletaher - 25 Dec 2009 11:33

Less of a problem? I don't know... Less is a very relative term. But I can assure you beyond any shred of doubt that men with extremely attractive and skinny wives still struggle with this. Not only that, but they have an additional problem of thinking that they are absolutely crazy when they would sometimes even rather spend a few hours with p%*n than being intimate with their wives. You have to understand that this problem we have is an addiction and it is not rational. The drug addict would rather spend the day alone in his room snorting coke when he could be going to an amusement park with his friends. The alcoholic would rather get lost in an alcoholic stupor than enjoy his brother's wedding. Addiction is not based on what the alternatives could be, it is based on the dysfunction of the addiction. So no one should think, if only my wife was prettier or skinnier I wouldn't have this problem... The only way one doesn't have this problem is if he works on it and fixes himself, not his spouse.

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Re: Do men with pretty and skinny wives have less of a problem?
Posted by imtrying25 - 25 Dec 2009 11:34

[habaletaher wrote on 25 Dec 2009 11:33:](#)

Less of a problem? I don't know... Less is a very relative term. But I can assure you beyond any shred of doubt that men with extremely attractive and skinny wives still struggle with this. Not only that, but they have an additional problem of thinking that they are absolutely crazy when they would sometimes even rather spend a few hours with p%*n than being intimate with their wives. You have to understand that this problem we have is an addiction and it is not rational. The drug addict would rather spend the day alone in his room snorting coke when he could be going to an amusement park with his friends. The alcoholic would rather get lost in an alcoholic stupor than enjoy his brother's wedding. Addiction is not based on what the alternatives could be, it is based on the dysfunction of the addiction. So no one should think, if only my wife was prettier or skinnier I wouldn't have this problem... The only way one doesn't have this problem is if he works on it and fixes himself, not his spouse.

Ditto Haba. Couldnt of said it better.

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Re: Do men with pretty and skinny wives have less of a problem?
Posted by habaletaher - 25 Dec 2009 11:39

[guardureyes wrote on 25 Dec 2009 08:43:](#)

Heck man, after it's over, it's over. It's the same 10 second pleasure whatever you "feel" before it happens.

And if you think about it, we don't even get pleasure from the other person, we get it from ourselves. It's all in our minds anyway.

Dear Reb Guard,

Here, I respectfully disagree. If a person is properly in tune to what intimacy should be like, they should be able to get immense pleasure from their spouse, but not by what he gets from her (in that area I agree with you, it has nothing to do with the other person), but by what he is able to give to her. There is an enormous pleasure in being able to give in the most intimate way to someone we love, and that is a pleasure that comes from the other person, but only through our giving... but that too is in the mind....

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Re: Do men with pretty and skinny wives have less of a problem?
Posted by Kedusha - 25 Dec 2009 12:23

I think "slim" is a better word than "skinny."

Is anyone really attracted to a woman who is skin and bones?

Equating "skinny" with "attractive" probably causes some girls/women to develop eating disorders.

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Re: Do men with pretty and skinny wives have less of a problem?
Posted by Kolliel Guy - 25 Dec 2009 12:24

I think Guard was saying that if your into it only for the lust then it's only worth the 10 seconds.

Only if you have your head on straight and understand how intimacy fits in with yiddishkeit (and practice it) - can the enjoyment be real and meaningful.

[In response to your argument that intimacy is meant to be enjoyed (albeit in the proper manner), I must mention that although this is the general shitah, there is much discussion on the topic, and there is considerable weight in the other direction, that ANY enjoyment in this area is in fact [b]an indulgence[/b], and anyone serious about his avodas H-shem will steer clear of any of it.]

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Re: Do men with pretty and skinny wives have less of a problem?
Posted by jerusalemsexaddict - 25 Dec 2009 14:04

first of all,even though this is not something i ever say,i just gotta share that some of the things i have read here are potentially triggering for some.

having said that....

Baruch hashem,i never had so much trouble finding the prettier girls.

But even while with them,my lust was never satisfied.

I needed more and more.

And I'm gonna have to agree with ark321 that its about the relationship,not about her looks.

My most enjoyable experinces where i actually felt fulfilled where with a less pretty girl but who was really enjoyable to be with.

I am not married so i dont know how much anything i say counts in this thread.

but the way i see it,marriage is about love,and love never satisfies lust.

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