

I need help did I fail?

Posted by Anonymous1234567 - 18 Jan 2022 15:14

I was not watching porn or masturbating but dirty thoughts in my head came about and I wasted some seed... I'm trying my best not to watch porn or masturbate but did I fail the 90-day count? I'll try my best to keep my mind clean and also to keep my eyes guarded the best I can next time...

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Re: I need help did I fail?

Posted by Hashem Help Me - 18 Jan 2022 15:23

According to the letter of the law as per GYE rules, it may not be a fall. However fantasizing to such an extreme level is not good to say the least. Maybe share some more background of your challenges, so the chevra can respond appropriately.

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Re: I need help did I fail?

Posted by Anonymous1234567 - 18 Jan 2022 15:29

By not guarding my eyes I watch music videos that are not modest... I'm addicted to music videos but I got to keep my eyes guarded...

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Re: I need help did I fail?

Posted by Trouble - 18 Jan 2022 15:42

[Anonymous1234567 wrote on 18 Jan 2022 15:14:](#)

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how much is "some"?

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Re: I need help did I fail?

Posted by Anonymous1234567 - 18 Jan 2022 15:47

not much just little waste

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Re: I need help did I fail?

Posted by Trouble - 18 Jan 2022 18:25

[Anonymous1234567 wrote on 18 Jan 2022 15:47:](#)

not much just little waste

looks like "they" deleted my "little" pregnant post; thanks.

let's try a different way to get my point across: i looked thru the forums, the rules, the f2f program, the regulations, and nowhere did i see a distinction between how much seed actually came out. you were thinking inappropriate thoughts, you masturbated, you spilled seed, but it was less than a rev'i's? is that your question? and someone above said that no, that's not a fall; what am i missing?

read while you can.

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Re: I need help did I fail?

Posted by Shtarkandemotional - 18 Jan 2022 19:19

Often people confuse pre-seed with seed... if you didn't masturbate it probably isn't seed... often people get confused and think any substance that they see even though they didn't masturbate and reach ejaculation is Forsure seed. That's incorrect. Not sure if that's what your referring to.

Re: I need help did I fail?

Posted by DavidT - 18 Jan 2022 20:45

[Shtarkandemotional wrote on 18 Jan 2022 19:19:](#)

Often people confuse pre-seed with seed... if you didn't masturbate it probably isn't seed... often people get confused and think any substance that they see even though they didn't masturbate and reach ejaculation is Forsure seed. That's incorrect. Not sure if that's what your referring to.

In GuardYourEyes we don't consider releasing pre-ejaculate a "fall". However, it is certainly problematic because the bad thoughts and the erection itself is asur. Also according to the Arizal releasing pre-ejaculate required a tikun.

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Re: I need help did I fail?

Posted by Anonymous1234567 - 18 Jan 2022 22:18

Thank you, DavidT now I know...

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Re: I need help did I fail?

Posted by Shtarkandemotional - 19 Jan 2022 05:14

@davidT

dont you think everyone would agree tho that there a major major difference between seed and pre-seed? Scientifically there's usually no sperm in there... just wanting to clarify so If a person sees pre-seed cuz he got aroused for 5 seconds it doesn't mean he's done and and he might as well masturbate!

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Re: I need help did I fail?

Posted by DavidT - 19 Jan 2022 13:54

[Shtarkandemotional wrote on 19 Jan 2022 05:14:](#)

@davidT

dont you think everyone would agree tho that there a major major difference between seed and pre-seed? Scientifically there's usually no sperm in there... just wanting to clarify so If a person sees pre-seed cuz he got aroused for 5 seconds it doesn't mean he's done and and he might as well masturbate!

you are 100% right!

If a person sees pre-seed cuz he got aroused for 5 seconds it doesn't mean he's done and and he might as well masturbate!

At the same time it's very important to know that one of the old dirty tricks of the yetzer hara is to tell the person *"I'll only do it for a few seconds, or I'll only take a small peek..."* Most of the time that peek is what pulls the person into full fledged falls!

So yes, we need to know all the facts and stay a step ahead of the Y"H's sly tactics.

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