

I'm Fed Up

Posted by UpAndDown - 14 Sep 2021 21:44

This Nisayon is to big.

Long story in short: The journey started 10 years ago. A year ago I reached my longest clean stretch of about 450 days. But then I fell. And then I got up. Then I fell again. Then I got up, had a clean stretch and fell again. (with all the emotions that a person goes through...)

Finally I managed 100 days clean.

And then, just 3 weeks ago I fell again. But really badly. My worst ever.

I watched many hours of pornography on a unfiltered device that I got hold of. I acted out many times - trying hard to ignore the fact that it's Elul, AY"T etc.

I don't have the will to get back up again because I have lost my Emunah.

I do believe there is a creator of this world but I am loosing my Emunah in Torah Misinai and in Chazal.

If Hashem is really bothered about HZ"L then why is it not clear in the Torah? (I know there are some answers in the Seforim - but still - if something so important is asked from a person then why not say it clearly?!)

And why is man put in a situation where he will definitely sin, it's only a question of when and how??

I am full of anger, upset and guilt.

I was a top top avreich, but now I wish I could just leave my Yiddishkeit and just live a "normal" human life.

This past Shabbos - Shabbos Shuvah - I had a battle with my YH whether to be Mechalel Shabbos!!

I am in a state where I am open to commit any sin possible...

Dear friends -

Please save my soul!! (and my gorgous family)

I would love to be able to live like a loyal Yid but I need Chizzuk - mainly in Emunah, and I have no Rav who I feel would not judge me. And no Rav who could give me clear answers.

I am utterly fed up!

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Re: I'm Fed Up

Posted by rebakiva - 01 Nov 2024 01:08

[upanddown wrote on 01 Nov 2024 00:25:](#)

[odyossefchai wrote on 31 Oct 2024 23:49:](#)

[rebakiva wrote on 31 Oct 2024 21:42:](#)

[cande wrote on 31 Oct 2024 21:33:](#)

you have **YOU** issues, you need to be yourself, and do whats best for your avodas hashem,

and stop masquerading around, cause thats when all hells breaks loose,

and we start thinkin' that the real life is being a horny sexy teen playing around with some stupid loser girls..... as if!

you will know shas be a posek and work too, no big deal

cande'

And then end up in prison, or for best case scenario please read the "learn from others mistakes" thread.

Can you share the link please?

I think he's referring to [this](#).

Hatzlacha.

Yup he's got it.

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Re: I'm Fed Up
Posted by cande - 01 Nov 2024 03:53

[upanddown wrote on 01 Nov 2024 01:01:](#)

[cande wrote on 01 Nov 2024 00:45:](#)

stop! wait!

were not wrapin' anything up, until YOU put a end to this crap!

enough is enough! how many years can you drag yourself around.

OK so let's put it all on hold until I make an educated decision about my next steps in life..

I'll update you here in a few days and after that we'll wrap it up.

Is that better R' Cande?

FANTASTIC!

im fed up of you, going in circles for the past 5 years.

love you bro,

cande'

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Re: I'm Fed Up

Posted by kavey - 01 Nov 2024 04:06

[upanddown wrote on 31 Oct 2024 12:42:](#)

[kavey wrote on 31 Oct 2024 10:50:](#)

It seems like your struggling with the decision whether or not to leave kollel and are perhaps conflicted about what you "should" vs what you "want" to do?

Two Suggestions?

- 1) Have you read Ben Torah for Life? At the beginning I think he provides a nice Hashkafa which could help balance some of the emotional part of what you may be feeling
- 2) If you haven't had a frank discussion with your wife, please do. It makes facing the "world" that much easier and is also a tremendous growth opportunity

Thank you for your care.

I've done both. I've read Ben Torah for Life, it's a fantastic book. The problem is that I'll forever feel like a failure. Like a lost opportunity. I'm blessed with a very sharp brain, have vast knowledge in Shas and also in Halacha to a certain extent. Nevertheless I feel like a squashed tomato. For the past many years I've been learning with very little motivation. I'm watching others who have been learning for many years without obtaining a position, shrivelled in their

own being, 50 year old guys still very busy preparing their coffee while schmoozing about the latest hack... absolutely ridiculous. Is this what the Chazon Ish wanted when he said everyone should be learning for the next 2 generations? The few dafim that are learnt in Kollelim nowadays during the entire vinter zman can be done in half the time.

Is this a topic for GYE forums? Of course it is. It has a direct effect on the Kedusha struggles. Work hard and learn hard and you're sorted. ????? ??? ??? ?????? ?????? ??????. Chazal knew what they're talking about. 50% of battles with the ????? ??????? is preventable. If I were to be occupied with working and learning, I'd be struggling with P&M as much as with Loshon Horah - in certain places, with certain people etc, not constantly.

My wife knows about my struggles (besides for the sexual ones). She's very much on board and supportive. She's not very passionate for learning, but that can be (partly) blamed on myself. In general, she's not spiritual at all, if I were to become a chiloni she'd happily join me... (I can blame her for some of my decreasing enthusiasm.) So at the end of the day it's up to myself to decide how I want to go further.

I'm very torn.

I'm frustrated.

I'm upset with our leaders.

Wow "no words". Though this being GYE, we always want to give our 2 cents!

I'm confused though, are you in EY or America or someplace else? Getting different vibes and despite this being GYE I do want to be somewhat targeted and clearly I think the environments are very different...

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Re: I'm Fed Up
Posted by upanddown - 01 Nov 2024 08:22

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[upanddown wrote on 31 Oct 2024 12:42:](#)

[kavey wrote on 31 Oct 2024 10:50:](#)

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Somewhere else on this planet... but I know the world in EY and USA very well. Been everywhere for extended time and have global connections. (can't compare btw, I believe the situation in the USA in general is definitely much more normal in this respect.)

The Torah was given for every place though. And the Torah and Chazal very much emphasise the importance of a man working and learning, as it was throughout all our generations. ???
??? ??? ????? ????? etc. There are just too many people struggling and I believe 50% of yungeleit in Kollelim would do much better if they were to get themselves a job. Their yiddishkeit would be better. Their learning would be better. And they wouldn't be talking about money all day...

Don't get me wrong. I myself am very pro Torah learning, I give gemara Shiurim, I have yeshiva students and encourage them to learn.

But it's just too upsetting to watch and experience the negative impact the system has on so many people.

But I'll first focus on myself before fixing the world.

And I'll do it fast.

I'm petrified of cande...

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Re: I'm Fed Up

Posted by kavey - 01 Nov 2024 10:10

Ok you come across as someone who's able to think deeply, is self aware and is able to communicate coherently in writing. A great combo! Looking to hear more about your journey..

Maalah Maalah!

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Re: I'm Fed Up

Posted by rebakiva - 03 Nov 2024 01:10

"Yoirdei hayam baunious" getting into the sea in a boat >the system
up
and down