My summer forum Posted by eyes - 12 Jul 2021 15:10

Hi I would like to document my summer struggles here. I will update hopefully daily or at least as much as I can.

Thanks

Eyes

Re: My summer forum Posted by eyes - 08 Nov 2022 23:07

I started off on the wrong foot this morning.

BezH I hope to try to make the rest of the day good.

EYES

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Re: My summer forum Posted by trying11211 - 08 Nov 2022 23:32

You can't walk only with one foot, even tho you start with the wrong foot, than your second step will be with the right foot.

LOL

so don't care which one was the first one.

stay strong and be well

Re: My summer forum Posted by eyes - 14 Nov 2022 10:55

Hi Everyone just an update

BH everything has been good in general over the last few days, today I was searching or clothing and by accident went on a website which I though was for shirts and it wasnt so I quickly went off and BH did not really see anything.

I was on an unfiltered devise the whole day. BH I diod not google anything inappropriate. I just did the work I needed to. For some reason my filtered computer does not allow me to do some of my school work.

I should have let my sponser know before hand. I will IYH let him know the next time.

I was watching a shiur by Rabbi Yitzchok Schochet who was speaking about his father Rabbi Emmanuel Schochet ZT"L

please watch the last 5 minutes of the video where he talks about shmiras einayim

www.torahcafe.com/rabbi-yitzchak-schochet/the-rebbe-and-the-author-in-memory-of-rabbiimmanuel-schochet-video 52cb6f6a1.html

Tomorrow BezH I need to go on the train to my school and there will for sure be people who are not dressed. I will IYH do my best to be careful.

Thanks everyone for your support

EYES

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Re: My summer forum Posted by eyes - 14 Nov 2022 11:21

Also I have a question that has been bothering me for a few weeks

When Odom and Chava were in Gan Eden before the chet eitz hadas they had a longing for each other and had sex in the open, that is why the snake came along. All this happened before they knew bad from good and got a yetzer hora.

So bringing it down to us.

Is having a wanting for the opposite gender the way Hashem made us or is that from the yetzer hora?

WOuld love to hear rom everyone

Thanks

Eyes

Re: My summer forum Posted by Hashem Help Me - 14 Nov 2022 12:33

It is definitely the way Hashem made us, and we are supposed to act upon this desire at the appropriate time in the appropriate manner. Maybe in other religions sex is viewed as sinful (and because of that their so called "holy" people do not marry); not in Judaism - not at all. It is lechatchila to engage in sexual relations. The sifrei kabbala go to great lengths to educate us how great yichudim take place when a husband and wife join together properly. The Avos Hakedoshim and the tzaddikim in all the generations attempted to have children and were

mekayem this mitzva.

Regarding the yetzer hara towards sex that we "picked up" **after** cheit etz ha-da'as, interestingly, it is one of the answers why we do not make a bracha on having relations. There should really be a birchas ha'nehenin made due to it being a pleasurable activity as well as a birchas hamitzva, being that one is being mekayem a mitzva. Some say that being that a bit of yetzer hara always mixes in (because of the chet of the etz ha-da'as) it would not be proper. However, they say one should definitely praise Hashem for the pleasure and opportunity to perform this mitzva.

Re: My summer forum Posted by Teshuvahguy - 15 Nov 2022 20:02

eyes wrote on 06 Aug 2021 03:40:

Hi Everyone,

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Today, I did something I would never thought of doing. I met with a fellow GYE member in the city where I live. At first I was questioning myself if I did the right thing. I know I did. I am telling you, I have never met such a refined human being before. Never mind knowing what he struggles with. We met for 30 minutes in the park. He really boosted my moral, and put me on another plane.

I had a different image of the people behind different names on the group. But now I see that everyone here is so pure and holy. I just can't get my head around it.

All you guys are so amazing.

?I would encourage anyone to meet up or call someone when they need. This group is beyond.

Thanks again

Eyes

I agree, @eyes...the guys on here who have stepped up to support me and whom I have had the

privilege to cheer on in their successes and give hugs and chizuk when they fall short are nothing short of amazing. There are a few people here I would love to look right in the eye and say "thank you" for helping me have a much, much better life.

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Re: My summer forum Posted by eyes - 16 Nov 2022 04:07

Good day to all

BH today went well

Had interviews for a job.

With Hashem s help something will work out

EYES

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Re: My summer forum Posted by yehudebikel - 28 Nov 2022 14:54

how are you?

were waiting to hear your success stories!!!

Re: My summer forum Posted by frank.lee - 26 Feb 2023 13:03

Hi Eyes, hope you are doing great!

Re: My summer forum Posted by eyes - 28 Feb 2023 01:30

Hi Frank,

Im here BH dont worry

I am on the website every few days

I am following you guys

Thanks for reaching out

If you guys want to hear more just let me know

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Re: My summer forum Posted by chancy - 28 Feb 2023 17:40

Hi Eyes.

Of course we want to hear more!

Im unquenchably thirsty for more posts from fellow strugglers. I wanna hear all about the ups and downs

Re: My summer forum Posted by jackthejew - 28 Feb 2023 20:36

chancy wrote on 28 Feb 2023 17:40:

Hi Eyes.

Of course we want to hear more!

Im unquenchably thirsty for more posts from fellow strugglers. I wanna hear all about the ups and downs

More about the ups. Many, (myself included) don't put up enough fuss about our general life wins in Avoidas Hashem. Not just in our Kedusha struggle.

Re: My summer forum Posted by eyes - 01 Mar 2023 22:23

lyh when I have time I will

Not right now

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Re: My summer forum Posted by eyes - 20 Mar 2023 23:57

Hi Guys

A bit of an update

BH the summer is coming to an end and the winter is settling in.

Went back to university at the end of February.

I worked in a store that attracts lots of people of all cultures and dress.

BH over the summer I was able to stay tuned.

However, after so many days BH BH BH of being clean, the nagging thoughts of what I saw so

long ago start crawling in.

Also these days I BH have lots of stress, good stress, but its still stress. There is a very easy door, one that is able to remove the stress for just a short period of time. But the short term pleasure is very lerring. Its easy to go there.

Oh, I also got a smart phone. But with HHM's guidence, it is BH locked from any smutz. Although there is a way to find out some shmutz. I try to be careful.

A short recap of how I am feeling about my count.

BH as you can see I am many days clean. It BH includes not googling anything inapropiate things or clothing, looking in the street etc. But now with BH so much stress in my life the load is getting unbearable.

My thoughts BH over 200 days, What were those 200 days? those 200 were the inspiration of staying clean. They were those firey days that I was committed. But now is when those firey days are gone and now is the real deal.

Almost every day BH I get up at 515 AM to learn at 530 with a chavrusa Chassidus Chabad. I try to take a lesson from what we learn daily and carry it with me throughout my day.

Its not easy being in University where most of the students are teenagers and dress how teenagers dress.

BH with all the stress it is hard to keep focused on the task.

But with Hashems help we will be matzliach

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