

Challenge Accepted!!!

Posted by Grant400 - 02 May 2021 01:43

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All right! Let's get straight to it.

R' Eliezer, better known as "Lou" and I, both fell off really long streaks of a few months, and needed some help getting back up. So I suggested a 90 day challenge, with the loser having to give \$150 to a tzedaka of his choice (preferably GYE obvs...).

There seems to have been an interest among many more users here, so let us welcome all of you to the party!

Whoever would like to join please respond on this topic. Welcome.

Here are the rules:

Starting from when you accept the challenge, for the next 90 days everyone who joins accepts upon themselves BL"N to post if they fall, and must give \$150 to tzedaka. Even if someone falls that does not absolve the other participants of their kabalah.

If someone acts out, it adds \$2 onto everyone's kabalah. Meaning if one person fails, he must give \$150, but the next must give \$152. This is in order to place a certain level of responsibility upon us not to misbehave, because it will cause others to lose additional money. One clause, there is a ceiling, it can never go over \$200.

Anyone can join. Regardless of where their count is holding, it is 90 days from when they accept the challenge.

After accepting, you will be held accountable.

(R' Lou, please let me know if you would like to join according to theses new rules, if not we can keep the old version for you.)

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Re: Challenge Accepted!!!

Posted by Hakolhevel - 16 May 2021 14:56

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To me, if one is looking at this stuff and not being MZL is just torture, so at some point you will either decide to be MZL CH"V or to stop looking.

Hatzlacha

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Re: Challenge Accepted!!!

Posted by EvedHashem1836 - 16 May 2021 17:09

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Fair points. If I look at images I will reset my 90 day streak as well hopefully that will be extra motivation not to look

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Re: Challenge Accepted!!!

Posted by Grant400 - 19 May 2021 23:05

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Had a small hiccup. I was being careless and ended up bumping into something. Tore myself away after a few seconds bh. I will iyh write up a list of precautions I will be mekabel, with consequences to be read daily. I am trying not to let this get me down. I knew better. BH I didn't fall.

My resolve is only stronger!

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Re: Challenge Accepted!!!

Posted by ??? ???? ???? ??? - 20 May 2021 00:25

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Don't let it get you down, Grant! It sounds like it was, as you wrote, a hiccup. Even though your post was about your own situation, by updating you are helping to keep all of us accountable to each other. Shkoiyach.

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Re: Challenge Accepted!!!

Posted by lionking - 20 May 2021 03:49

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Sheva,

in the spirit of keeping each other accountable, I will post a quick update.

B"H I'm holding by 30 days on this current count. It is extremely hectic and stressful days, but I'm trying to go with the flow and accept Hashems will. I would have loved to post more often, but don't have the time for iitHatzlacha rabba everyone!

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Re: Challenge Accepted!!!

Posted by DavidT - 20 May 2021 14:27

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[Grant400 wrote on 19 May 2021 23:05:](#)

Had a small hiccup. I was being careless and ended up bumping into something. Tore myself away after a few seconds bh. I will iyh write up a list of precautions I will be mekabel, with consequences to be read daily. I am trying not to let this get me down. I knew better. BH I didn't fall.

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Yosef Hatzadik

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Re: Challenge Accepted!!!

Posted by Lou - 24 May 2021 17:16

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Sorry guys

The new price is \$156

I hope to somehow pay up my new debt.

Obviously I am done with the challenge but best of luck to all

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Re: Challenge Accepted!!!

Posted by Looking\_to\_improve - 24 May 2021 21:17

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I think I saw that you do the knas of a taphsic only if you remembered it at the time when you act out. Is that the same for this challenge/ is it tolui in each individual?

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Re: Challenge Accepted!!!

Posted by Hakolhevel - 24 May 2021 23:33

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[Looking\\_to\\_improve wrote on 24 May 2021 21:17:](#)

I think I saw that you do the knas of a taphsic only if you remembered it at the time when you act out. Is that the same for this challenge/ is it tolui in each individual?

Me thinks no loopholes for this, otherwise it takes from the strength of the group resolve

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Re: Challenge Accepted!!!

Posted by Hakolhevel - 25 May 2021 13:24

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Sorry everyone,.new price is \$158.

I recommit to the challenge today.

It did help me immensely. It got me to 21 days and more importantly to start working a program, but the last few days I was lax... And it showed.

One final note for those who are into surrender, I think it finally makes some sense to me. I'm not surrendering lust, I'm surrendering my "control" over lust, because I have none. I cannot control it and use it as I wish. When I buy that lie, it controls me, not the other way around.

Thanks for listening and wish me good luck

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Re: Challenge Accepted!!!

Posted by lionking - 25 May 2021 13:42

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HH, thanks for recommitting.

I am going through a stressful time in my life now, normally I would have "relaxed" with acting out, or at least with a movie or something. This challenge has helped me tremendously, especially the fact that it would cause the price to go up for everyone else.

I think we need to be more active and support each other in order for this challenge to be successful, or else it is not anymore different than any other chart or taphisc which hasn't helped everyone always.

I'm sorry if I'm not so active. I wish I would have more time in the day.

Hatzlacha on your journey forward.

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Re: Challenge Accepted!!!

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Posted by ??? ????? ???? ??? - 25 May 2021 15:42

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[lionking wrote on 25 May 2021 13:42:](#)

I think we need to be more active and support each other in order for this challenge to be successful...

What do you suggest? Regular posting on this thread? The email chain?

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Re: Challenge Accepted!!!

Posted by Grant400 - 25 May 2021 16:02

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Oy! I fell! \$160

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Re: Challenge Accepted!!!

Posted by Grant400 - 25 May 2021 16:30

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[Grant400 wrote on 25 May 2021 16:02:](#)

Oy! I fell! \$160

I'll be honest. I needed that fall. I knew it was going to happen. It was only a matter of time. I am going to have to make huge changes. I know why I fell and I removed 99% of the cause at a high cost for me. (I cannot remove all because of business reasons.) I just can't afford the cost of continuing like this. B"H my falls now are negligible compared to many months ago, but I gotta rip myself out of this already.

Now I'll really honest. What I just wrote is a load of hogwash.

The problem is - I said this so many times before. I typed this too many times in the past. So what's gonna change?!? Every time I start fresh with a vengeance from the devastating lack of enjoyment from the act I craved, it eventually fades into nothingness.

Will I just continue to parrot the words my brain wants to hear, without feeling it the way my heart wants to feel? Continue to fool myself?

Why am I so foolish? Why do I still convince myself that my excuses work, when they are so flimsy I wouldn't trust them to hold a day old tuna fish sandwich?!?

Will I be on this site forever, still gleefully clicking "clean" for a while and then tearfully hit the "fall" button? Can I continue to "realize the issue...remove it...and expect change?

All the causes and all the excuses are c\*\*p. The blame is on me. The onus cannot be placed on anyone/anything else. Will I continue to live like white trash in a trailer park? Will I lose control like a car in a blizzard? Is truth so foreign to me, I forget its name constantly?

Oh! What to do?

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