

Challenge Accepted!!!

Posted by Grant400 - 02 May 2021 01:43

All right! Let's get straight to it.

R' Eliezer, better known as "Lou" and I, both fell off really long streaks of a few months, and needed some help getting back up. So I suggested a 90 day challenge, with the loser having to give \$150 to a tzedaka of his choice (preferably GYE obvs...).

There seems to have been an interest among many more users here, so let us welcome all of you to the party!

Whoever would like to join please respond on this topic. Welcome.

Here are the rules:

Starting from when you accept the challenge, for the next 90 days everyone who joins accepts upon themselves BL"N to post if they fall, and must give \$150 to tzedaka. Even if someone falls that does not absolve the other participants of their kabalah.

If someone acts out, it adds \$2 onto everyone's kabalah. Meaning if one person fails, he must give \$150, but the next must give \$152. This is in order to place a certain level of responsibility upon us not to misbehave, because it will cause others to lose additional money. One clause, there is a ceiling, it can never go over \$200.

Anyone can join. Regardless of where their count is holding, it is 90 days from when they accept the challenge.

After accepting, you will be held accountable.

(R' Lou, please let me know if you would like to join according to theses new rules, if not we can keep the old version for you.)

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Re: Challenge Accepted!!!

Posted by wilnevergiveup - 08 Jun 2021 05:34

What we can do (and this won't help for firs timers who are scared off) is say that in order to join, the initial fine for a fall remains in place and if someone want's to rejoin after a fall they can

negotiate. This will make it different.

We may also make a smaller amount for bachurim who don't have an income.

Just my thoughts.

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Re: Challenge Accepted!!!

Posted by Lou - 13 Jun 2021 16:23

Paid 25 more \$

So I still owe \$79. I just like to post on here to make sure I don't end up not paying.

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Re: Challenge Accepted!!!

Posted by Lou - 13 Jun 2021 18:07

[Lou wrote on 13 Jun 2021 16:23:](#)

Paid 25 more \$

So I still owe \$79. I just like to post on here to make sure I don't end up not paying.

Actually just paid 25 more.

Down to \$54 left

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Re: Challenge Accepted!!!

Posted by Lou - 15 Jun 2021 19:04

All paid up BH

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Re: Challenge Accepted!!!

Posted by EvedHashem1836 - 16 Jun 2021 04:20

Is it possible at all that the pain of paying back in multiple installments and being a bit tight financially would be an added motivator to not pay again and therefore add incentive to recommit?

Not pushing at all just a completely curious question

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Re: Challenge Accepted!!!

Posted by i-man - 16 Jun 2021 05:51

Unfortunately the tab moves up to \$170

I find the challenge to be helpful to a degree and originally said I would recommit, however it seems like many of the participants have lost interest in utilizing the challenge as a tool ,

being that my main interest in doing it was

to do something together with an enthusiastic group of likeminded individuals, and I feel that the sentiment is not so present currently, I will not recommit.

Regardless It's Forward March !

there is a lot of stress and other things I'm not addressing enough so this becomes more

difficult I need to work on that .

Once again regardless of what happens with me or others,I am very proud to be part of the Gye chevra, May we all merit to be victorious over this enemy.

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Re: Challenge Accepted!!!

Posted by Grant400 - 16 Jun 2021 13:34

[EvedHashem1836 wrote on 16 Jun 2021 04:20:](#)

Is it possible at all that the pain of paying back in multiple installments and being a bit tight financially would be an added motivator to not pay again and therefore add incentive to recommit?

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I know I am the one who initiated this challenge, but I feel it isn't the right thing for every case, taking long term results into account. This challenge can add a helpful dose of motivation to someone who is already self motivated and working in the right direction. On the other hand, one who is fed up and slaps himself with this challenge expecting it to be his primary (and maybe only) motivator is spinning his wheels in the sand. It may take him on a white knuckling streak, maybe even for a decent amount of time, but eventually he will bust - money not withstanding. (Even if not, was there a longer term benefit? I also believe that a TAPHSIC can have this issue too.)

This is what happened to me and I believe to many here. As soon as I realized this, I started working on myself again - without punishments, and BH I am doing amazing.

So before anyone reaccepts or encourages others, think about what goal you are trying to achieve with this challenge. It may not be the one you need.

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Re: Challenge Accepted!!!

Posted by Lou - 16 Jun 2021 21:43

[EvedHashem1836 wrote on 16 Jun 2021 04:20:](#)

Is it possible at all that the pain of paying back in multiple installments and being a bit tight financially would be an added motivator to not pay again and therefore add incentive to recommit?

Not pushing at all just a completely curious question

I have a longer response but probably better left unsaid.

Short answer is Thank you very much for your concern. I appreciate that you are thinking of me. but no thanks.

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Re: Challenge Accepted!!!

Posted by Yerushalmi - 24 Jun 2021 20:10

Hi fellow Challengers!

I have not really posted here since I accepted the challenge.

The past 2 weeks were very difficult for me. Lots of things going on in my life now, and I was very tempted to give in. I actually started playing with myself 'down there'. I suddenly remembered that challenge, and that I agreed to pay the money if I act out. I am very tight these days (that is one of the stresses), and I was able to stop myself just in time!

At least for me, this challenge was all that stood in my way from acting out! It worked!!!

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Re: Challenge Accepted!!!

Posted by wilnevergiveup - 25 Jun 2021 07:14

I hate to admit that this challenge has been keeping me in the game lately.

Going through a rut where I don't have too much motivation for pretty much anything. What can I say, I'm counting down the days for this thing to be over. Hopefully by then I will be in a better place emotionally.

I don't plan on giving in, it's just not the same in the moment. Hashem has been looking out for me though. Many timely emails on the group as well as some other ways.

It has been said before that down times are for holding on and not doing anything that you will regret.

At this stage in the game, I think the make it or break it is motivation to actually put in the work. Also, this might be when all those buried stuff make their reappearance.

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Re: Challenge Accepted!!!

Posted by wilnevergiveup - 27 Jun 2021 13:09

Fell. I owe \$170?

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Re: Challenge Accepted!!!

Posted by Snowflake - 27 Jun 2021 13:13

Alas I fell too. What is the price?

Getting back in the game for sure as of right now, but not recomitting. I don't wanna lose more money lol.

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Re: Challenge Accepted!!!

Posted by Markz - 27 Jun 2021 18:50

You see I'm not sure about taphsic for myself and others (granted it works for some, but not for many and perhaps most gyes). The reason I believe a fee challenge doesn't work for me is because we know that the subconscious is more powerful than the conscious.

When there's lust going on, it's often simmering slowly in the subconscious. When it rises to the surface, a few dollars here or there are no match to anything we consider more important at

Does this resonate with you?

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Re: Challenge Accepted!!!

Posted by wilnevergiveup - 27 Jun 2021 19:27

[Markz wrote on 27 Jun 2021 18:50:](#)

^{that time}
You see I'm not sure about taphsic for myself and others (granted it works for some, but not for many and perhaps most gyes). The reason I believe a fee challenge doesn't work for me is because we know that the subconscious is more powerful than the conscious.

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Does this resonate with you?

You nailed it!

I think that I would have been better off without it (although I did get pretty far). The risk is that when we take upon such a challenge (talking for myself) we forget can forget about why we are really doing this and focus too much on this. At some point I said, screw it, I'll give the 150 bucks and then I'll be free.

I realized afterwards that I really need to rekindle my own self worth and values. That's why I am really fighting, if I can't do it for that reason, the 150 buck surely wont do it.

I am seeing a therapist and I am working on my life. I am working to be a better person, father and wife. I am not giving up, I just think that this isn't for me anymore. It needs to be for more than money.

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