

Help. cant figure myself out!

Posted by fightingyyid - 22 Dec 2009 05:07

ok here is my deal. for as long as i can remember i have been "horny as hell". I have always felt a burning desire for women. BUT it never really developed into anything crazy. in 10th grade i discovered how to masturbate, but didnt do it often. by the time i was in 11th grade it was like once a week sometimes like once every two weeks. i watched regular movies, and no big deal bec. they were always around in my house. bein hazmanim i did look at a little porn, but also nothing crazy and never for a long periods of time. i knew it was wrong and i could never bear to GAZE at porn for a l0ong time. after high school i did some real shtieging in avodas hashem and for the next 4 years i maybe masturbated once a YEAR, (we all slip). and yes i did look at the occasional porn. HOWEVER all this time my yetzer was burning inside of me like hot lead in my blood, and the only thing that kept me good was that i ALWAYS had this thing in my head that after i get married it will all be good. and i drilled into my head that after i really have sex, the world is gonna be different im gonna be able to walk on water...etc. so you see the whole time i was a bachor, although i was clean but the desire was still there and it was there bad! the bottom line is that if it moved i imagined having sex with it, kollel wives, girls. anyone (female and legal, of course). But remember i was still officially clean, but managed with my hopes of after i get married ill be good. right? because the gemara in Baba Metzia says that women are more horny then men, so it all be good. me and me wife will have sex all day long and ill live happily ever after right? WRONG! i got married b'h to an amazing women however do to past trust issues that she had combined with Bais yaakov education of sexual issues, our sexual relationship needed a lot of work. we were in therapy and bh things are ok now. HOWEVER my whole fantasy world of sex after marriage was out the window. i found myself looking a porn (also not for hours but more then i would like) i found myself watching movies ONLY if there was nudity in them. i was masturbating once in a while but still more then once a year. i began to peep through the windows to see the neighbors and maybe a glimpse of something assur.... basically it was my old fight back to haunt me.

the thing is like this i dont watch porn regularly and i never did. i dont masturbate at all now bh.

i found myself slipping to many times on the computer (which i like to be on because i am computer saavy and like to learn new things) so i signed up for Webchaver accountability AND for A+ hedgebuilders (sever side) Internet filtering. BUT i still feel like i have hot lead burning through my veins.

Also the main issue i have is that sexual lust is NOT like any other addiction or t'eavah. why?

any person in the world can live without drugs, smoking, alcohol. But sex we NEED in order to live. sometimes we have to go to sleep with our wives and activate the sex part of our brains. How can i make a clear line between lust and love? they both are sex.

any advice will be great sorry for the rambling i just wrote it as it flowed from me

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