

I want a girl so badly

Posted by FighterWithFire - 01 Apr 2021 03:27

(Warning: Fairly graphic)

Throughout my struggle with pornography, the root of the problem has been my desire for a girl. I'm 20 years old, still a couple of years away from dating, and my lust to have sex with a girl is through the roof. B"H, I have refrained from "hooking up" online, but it hasn't been for lack of lusting. I actually one time created an account under a spam email address on one of those sites, and messaged a woman who asked if I would want to meet. When I responded in the affirmative, she asked if before we did, I could send her a picture of myself. I actually considered it. Then I deleted the account, the email, turned the browser off, and broke down crying. I have not re-created an account since then, but the desire to is through the roof. The only reason I haven't is because I think of how it would destroy my future, but sometimes the thought process switches to how it COULD destroy my future, and the lust encourages me to take the chance.

I've written my story on here before

(guardyoureyes.com/forum/1-Break-Free/362124-Falling-hard-nonstop), but now I feel like I've finally hit on the root of my struggle. I don't think (and neither does my therapist) that I am an addict, as the lust is not nonstop, and often, the lust is not for porn, (I have no trouble with masturbation whatsoever, thank God), but for actual sex with a girl; the porn is manifested in that desire. I cannot filter more than what I already have, as the access to the porn is via my PARENT'S (when I'm home) unfiltered devices, which they don't know I have access to (hence they don't see even a remote need for a filter, as they have no clue of the problem; nobody does, save for my therapist-one would never guess looking at me that I struggle with this, I do well in Yeshiva B"H, have terrific parents, B"H).

In short, it's hard, the access to hook up is often right there under my nose, and any eitzos/advice for dealing with this horrid struggle would be greatly appreciated.

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Re: I want a girl so badly

Posted by farmer k. - 10 Sep 2021 05:59

just a small point I thought id like to share.

1-relationship and love is built on giving, 2-every time you control yourself, which all of us know takes extreme emotional strength, and is like cutting out part of yourself and your own personal pleasure.

so in essence every time you control yourself your giving insane amt. to future marriage. so in other words your building your future marriage and love right now.

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Re: I want a girl so badly
Posted by Hashem Help Me - 10 Sep 2021 16:32

[FighterWithFire wrote on 09 Sep 2021 21:56:](#)

[Hashem Help Me wrote on 09 Sep 2021 11:18:](#)

Beautiful! Keep it up! What has worked for you?

As embarrassed as I am to say it, it was really being in Yeshiva that helped.

Why am I embarrassed?

Because I just fell.

After 33 clean days.

Was at home for the fast, lonely and bored, the lust hit...and I fell.

So like many guys out there, the structure of yeshiva is very beneficial for you. Plan ahead to bain hazmanim. Set yourself up safe - 1. A realistic productive schedule. 2. Strict guidelines to treat any unfiltered devices at home as muktzeh.

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Re: I want a girl so badly
Posted by Captain - 10 Sep 2021 18:40

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If I may add, 3) chizuk every day for fighting this taivah, to remember how we were motivated in see what I did there?)

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