

Holy Yid's Continuing Journey

Posted by Holy Yid - 18 Dec 2009 01:17

Hi I am alive. I am past 90 days, through the Hand of God, so I am starting a new tread for myself and my friends.

I still don't accept that I am an addict or even if I am an addict I do not accept myself as a full fledged one. Because of that I do not always take all the precautions other people on this site take. I want to diverge for a second and say that I respect all those who do take those precautions I just like to believe that I can get away with less. Anyways I felt that I should be **????** in **??????** **??????** so I spent a week acting as though I was a fully addicted addict with almost zero resistance.

I was very careful about what I saw outside, when I used the web and what non Jewish stuff I looked at and so on. I discovered a shocking thing. That after the week I was calmer and felt more in control of my life.

Maybe I'll *pretend* to be an addict long term.

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Re: Holy Yid's Continuing Journey

Posted by Kollel Guy - 28 Jan 2010 21:39

[Holy Yid wrote on 28 Jan 2010 21:25:](#)

I wish I had my own slogan

How about:

"If a Yid wants to be Holy, all he needs to do is remember he's a Holy Yid"

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Re: Holy Yid's Continuing Journey
Posted by Holy Yid - 28 Jan 2010 21:48

Will consider it. I still like keep on trucking better

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Re: Holy Yid's Continuing Journey
Posted by imtrying25 - 29 Jan 2010 12:58

How you be HY?? seems like your doing great. Tamshich trukkin!!!

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Re: Holy Yid's Continuing Journey
Posted by Holy Yid - 31 Jan 2010 20:09

I Fell On friday and last night. in general i spend way too much time online. once i go online I do not get off For a long time. will post more later.

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Re: Holy Yid's Continuing Journey
Posted by imtrying25 - 31 Jan 2010 22:22

Sorry to hear about your recent falls!! :-\ :-\ :-\ :-\

If spending time on line is hurting us we need to curb it. Although we may gain by spending time here but if the loss outweighs the gain its not worth it!!

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Re: Holy Yid's Continuing Journey
Posted by Holy Yid - 02 Feb 2010 06:16

i took an ax to the truck. I opened the web on my cell phone. I have been in free fall almost since. I AM LIVING IN A DAZE FEELING NUMB. i am planning to get the web off phone soon but i need to live till then.

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Re: Holy Yid's Continuing Journey
Posted by imtrying25 - 02 Feb 2010 12:33

We need to STOP!!!!!! We need to think of something to help us through till then!!

Any ideas?? We *NEED* to do this. Our sanity can not wait!!!!

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Re: Holy Yid's Continuing Journey
Posted by silentbattle - 02 Feb 2010 18:24

Gte outside, go for a jog, focus on the many other areas of your life - and smile!

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Re: Holy Yid's Continuing Journey
Posted by Holy Yid - 02 Feb 2010 21:20

I sort of hit rock bottom. I was knocked out and felt raw inside. I realized that I am only vaguely aware of how much of the week has already pasted. After that I did not have strength to have urges. At the moment I am stable but I know I need to commit to the program and get back on track.

I am thinking about starting a new thread on the 90 day part and start over.

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Re: Holy Yid's Continuing Journey
Posted by Holy Yid - 03 Feb 2010 06:36

i am more stable now. tonight i mailed a letter and the two haskamos to a bigg rabbi in my city. i plan GOD willing to send more. i pray that the biggest kiddush hashem possible will come out of this

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Re: Holy Yid's Continuing Journey
Posted by silentbattle - 03 Feb 2010 16:54

Amen.

Why would starting a new thread help? It's still a part of the journey of your life -a fresh start doesn't mean avoiding where you're coming from...

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Re: Holy Yid's Continuing Journey
Posted by Holy Yid - 03 Feb 2010 17:58

I Think I Should Go Back To The Wall Of Honor And Count 90 Day There. I Started The Thread Here After I Got To 90

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Re: Holy Yid's Continuing Journey
Posted by Holy Yid - 03 Feb 2010 20:59

Hi guys. I crashed. I am picking myself back up. I am trying to stay focused on living in

meaningful ways. I started making slogans.

"Live today for tomorrow"

Do things today that I can look back at and be happy I did.

"The internet is not living"

Being online will not help us

I am also very humbled. I am focused on being very careful about what I look at and focusing on real living.

I reread my old posts and realize how much I have learned and grown in the last six months. I might be starting the 90 day thing over but there is so much more to life than 90 days. Even when I loose control I am so much better off than six months ago and best of all there is "hope you can believe in"

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Re: Holy Yid's Continuing Journey
Posted by imtrying25 - 05 Feb 2010 13:43

HY. why not live today for *today*??? I know that sounds dovish but its so true. we wwanna be happy every second so lets live today for today. Now for right now!

Have a great shabbos and always cheerin you on!!

IT25

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