

Holy Yid's Continuing Journey

Posted by Holy Yid - 18 Dec 2009 01:17

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Hi I am alive. I am past 90 days, through the Hand of God, so I am starting a new tread for myself and my friends.

I still don't accept that I am an addict or even if I am an addict I do not accept myself as a full fledged one. Because of that I do not always take all the precautions other people on this site take. I want to diverge for a second and say that I respect all those who do take those precautions I just like to believe that I can get away with less. Anyways I felt that I should be ??? in ?????? ?????? so I spent a week acting as though I was a fully addicted addict with almost zero resistance.

I was very careful about what I saw outside, when I used the web and what non Jewish stuff I looked at and so on. I discovered a shocking thing. That after the week I was calmer and felt more in control of my life.

Maybe I'll *pretend* to be an addict long term.

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Re: Holy Yid's Continuing Journey

Posted by DovInIsrael - 26 Apr 2010 19:30

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lol - don't be so impressed.. I jsut know how I am... I am so out of touch with trends, and what is up to date.

I buy new ties - they go out of style

finally decided to buy a nice (and expensive) camera...that very year digital cameras come on the market.

if I buy a cellphone... who knows they might announce a new surgical procedure whereby one can have their phone implanted in their hand.

the good news is I am not alone...

when my wife went back to the states for a family simcha, her nephew announces wanna see my new ipod?

to which she states - Whats an ipod?

her uncle was SHOCKED (to say the least) ipod?? whats an ipod?? HE (her nephew) has 7 of them!

She is like me - and likes to stay with things she knows... (and the next part is true) she went to the store to buy a SONY WALKMAN...the kid at the counter did not even know what this was...had to ask a manager for help... my wife says he gave her such a look , like what planet did you just come from???

she persisted in her request... and after searching... the store actually found one (a dusty one at that) all the way in the back of the warehouse!

(she told me these stories when she came back.. I was rolling on the floor.. I can just imagine everyones reaction!!!! )

and yet - we waste our time searching the internet...looking for pleasure. When will we realize how wonderful our wives are - if we would only spend time talking to them and getting to know them.

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Re: Holy Yid's Continuing Journey  
Posted by david712 - 26 Apr 2010 20:07

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I got a good laugh because i can relate. So yes i have a old phone barely know what a ipod is. mp3 or whatever. So why do we know what a computer is??internet??

Big DOV can we get rid of the computer and net - do you think that will make things better? ( i dont have computer at home. One thing i can say - i have lots of time when im home. I have

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Re: Holy Yid's Continuing Journey

Posted by DovInIsrael - 28 Apr 2010 14:57

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my wife hates the computer - i get so focused and tune her out..

nothing to do other then talking to my wife and kids

I can talk wiht her for hours - give her my full attention but later if she sees me on the computer all she can think of, is how much I am ignoring her.

Maybe THIS is supposed to be my built insafety device.

I told my wife recently I think what I need is to have an affair...

with the Shkinah (and as far I know She does not have any internet access )

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Re: Holy Yid's Continuing Journey

Posted by david712 - 28 Apr 2010 16:55

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[DovInIsrael wrote on 28 Apr 2010 14:57:](#)

I told my wife recently I think what I need is to have an affair...

Dov how honest you are with your wife. kol hakovod. lol

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Re: Holy Yid's Continuing Journey  
Posted by Holy Yid - 28 Apr 2010 20:14

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I think about getting rid of my computer. I would look for a smashing the cell phone pic but photos are blocked on my computer.

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Re: Holy Yid's Continuing Journey  
Posted by DovInIsrael - 29 Apr 2010 19:41

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i think you have it backwards -

seems to me we get RID from our computers...

intense pleasures trigger intense memories of pain.

other wise why else would we need our pain-killers.

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Re: Holy Yid's Continuing Journey  
Posted by Holy Yid - 07 May 2010 17:37

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Just saying Hi. i like the new forum will be in touch.

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Re: Holy Yid's Continuing Journey  
Posted by Sturggle - 12 May 2010 08:31

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Well, HI, to you too.

Looking forward to hearing from you.

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Re: Holy Yid's Continuing Journey  
Posted by Holy Yid - 09 Jun 2010 20:32

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Hi guys. I am still alive and thank G-d clean. I saw an eitzah from Reb Yisroel Elya Weintraub ZTL for guarding your eyes. When you see something challenging remember that when you preform a mitzvah it is an eis ratzon. So if I don't look I will daven for something I need and my tefilah will be answered more. I have tried it and it works.

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Re: Holy Yid's Continuing Journey  
Posted by frumfiend - 17 Jun 2010 22:36

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Regards

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Re: Holy Yid's Continuing Journey  
Posted by Holy Yid - 18 Jun 2010 20:24

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Thanks for the regards.

I just want to expound on the the thought from Rav Yisroel Elya Weintraub. Right after we we do a mitzva it is an ?? ???? for tefilla. For this reason we say a ?? ???? after someone is called to the Torah. He has just finished the mitzva of reading the Torah so he can daven and Hashem will listen. This is also why we say "harachamans" after "benchin". we have just fullfilled the mitzva and we can now daven to Hashem.

If we see a woman who excites us we should remember that if we don't look then we will have preformed a mitzva and it will be an ais ratzon to do daven. If we don't look then we should ask Hashem for something we need.

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Re: Holy Yid's Continuing Journey  
Posted by yedidya aleph - 24 Jun 2010 20:05

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[david712 wrote on 26 Apr 2010 20:07:](#)

I got a good laugh because i can relate. So yes i have a old phone barely know what a ipod is. mp3 or whatever. So why do we know what a computer is??internet?? Big DOV can we get rid of the computer and net - do you think that will make things better? ( i dont have computer at home. One thing i can say - i have lots of time when im home. I have nothing to do other then

I am aslo very non-electronic....no cell phone,no blackberry,no i pod, no home computer,no radio,no t.v.

However,i do have a computer at work and have internet access with blocks.

I have been using the computer more and more like for searching directions,paying bills,making bus reservation, ect.

part of my job duties involves searching for resources on-line,so it is hard to avoid going on-line. BTW ,when i did not have internet access,i was able nebech to act out plenty on the telephone with free s\* line calls. So I guess it is not the computer which is the enemy ,it's my addiction to pleasure/escape.

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Re: Holy Yid's Continuing Journey  
Posted by david712 - 24 Jun 2010 20:15

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[yedidya aleph wrote on 24 Jun 2010 20:05:](#)

BTW ,when i did not have internet access,i was able nebech to act out plenty on the telephone with free s\* line calls. So I guess it is not the computer which is the enemy ,it's my addiction to pleasure/escape.

True, however the p\*\*\* was not as easy to access. So if we are doing well (like Yedidya A. 56 days) it would be an easier fight.

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Re: Holy Yid's Continuing Journey  
Posted by bardichev - 25 Jun 2010 06:41

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Hey u guys sound like a bunch of old timers sitting in a barber shop talking about the brooklyn dodgers

Who cares???

Just keep on truckin

No nafka minna!!!!

Oy gevalddddddd!!!

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