Wrestling theYH

Posted by 90days4ever - 14 Sep 2020 20:41

_____

Hi guys,

It occurred to me that there is a strong comparison between the fight of a professional wrestler and the struggle with the YH in terms of lust and p&m . Im listing just a few that have affected my perspective on this journey to break free from the YH chokehold, maybe this can be of help to others to.

1) It's unheard of a wrestler being killed in the ring whilst fighting his opponent.

so to no one will die from abstaining from p&m or fighting lusts. We have the inbuilt strengths to fight back, albeit they might need perfecting and fine-tuning over time with access to the right tools skills and training. Remember Rome wasn't built in a day

2) The cardinal rule for every wrestler is to get right back up as quick as possible after a fall

So to in our fight dont get discouraged from falls just get right back up in to the fight, you can't fight lying down. The way to the championship is only through the fight and inevitable falls slips etc.

3) Never ever let your guard down that's when the opponent will attack . Being haughty and over confident in your abilities spells disaster.

4) The opponent will look for your weakest points and will attack you where your most vunrable. Wrestlers do lots of research on their opponents and follow them closely during matches to learn the others faults weekpoints style of fighting and previous injuries, so they can stratagise accordingly. Be aware the YH does exactly the same he is a professional champion wrestler, however with the right tools hashem gives us the strength to overcome him.

5) The first wrestler to become dominant over his opponent will likely ware down his opponent and win.

So be warned not to let the YH become dominant in the first place, everything should be done

to prevent it controlling you, otherwise you don't get time to breathe or think rationally it will just throw everything it has at you leaving you exausthed.

Signing of for now, maybe I will conjour up some more lessons to be learnt some other time, but for now this is enough to swallow.

==