

**40 Day and 40 Nights Second Attempt**

Posted by Gibor\_Kaari - 21 May 2020 18:20

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Hi friends,

This is my second attempt in reaching my 40 days goal. I have learned from the previous experience several things. I have also set up other goals besides abstaining from porn and masturbation for 40 days. I think that the addition of judging every person favorably and abstaining from Lashon Hara and also learning more Torah will help me with this endeavor. Also I have taken upon myself to strengthen my Emunah in Hashem and also working on not getting angry no matter what. Anger is a very bad thing that leads to frustration and the distant from there to watching inappropriate things is very short. One should put up fences in trying to watch themselves in order to succeed in their quest. Also prayer is very important. So with the combinations of all of these I'm hopeful that I would succeed with Hashem's help.

Thanks for listening and for your support.

Day 1 Clean.

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Re: 40 Day and 40 Nights Second Attempt

Posted by wilnevergiveup - 21 May 2020 20:45

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Hey @Gibor\_Kaari, nice to see you keeping up!

why the new thread?

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Re: 40 Day and 40 Nights Second Attempt

Posted by Gibor\_Kaari - 21 May 2020 22:03

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Thanks, just wanted to start a fresh...

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Re: 40 Day and 40 Nights Second Attempt  
Posted by ColinColin - 21 May 2020 23:02

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Take it day by day, one day at a time.

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Re: 40 Day and 40 Nights Second Attempt  
Posted by Gibor\_Kaari - 22 May 2020 01:24

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Thank you Colin

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Re: 40 Day and 40 Nights Second Attempt  
Posted by Gibor\_Kaari - 24 May 2020 02:27

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Day 2 clean

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