

Is SA (Sexaholics Anonymous) Kosher?

Posted by danielks - 22 Apr 2020 16:48

I attended a SA phone conference for the first time in my life and at the end of the call, the attendees started saying what I believe was a Christian prayer. How can Jews attend SA meetings if the attendees pray together at the end?

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Re: Is SA (Sexaholics Anonymous) Kosher?

Posted by Shmuel - 22 Apr 2020 18:29

The book "God of Our Understanding: Jewish Spirituality and Recovery from Addiction" by Rabbi Shais Taub might be helpful here

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Re: Is SA (Sexaholics Anonymous) Kosher?

Posted by Markz - 22 Apr 2020 19:57

[danielks wrote on 22 Apr 2020 16:48:](#)

I attended a SA phone conference for the first time in my life and at the end of the call, the attendees started saying what I believe was a Christian prayer. How can Jews attend SA meetings if the attendees pray together at the end?

Well, there's always the option of clicking the backspace button and going back to what dov [here](#) calls - **Worshipping Naked "Shiksas"**

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Re: Is SA (Sexaholics Anonymous) Kosher?

Posted by danielks - 22 Apr 2020 20:42

I don't see how that answers my question...

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Re: Is SA (Sexaholics Anonymous) Kosher?
Posted by Markz - 22 Apr 2020 21:28

You asked how come Jews can go to SA where you encountered worship. As a Jew I'm answering with a question - So is it any better than not going to SA and staying in what Dov calls worship.

But to answer your question, is it necessary for you to be there for the prayer section at the end?

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Re: Is SA (Sexaholics Anonymous) Kosher?
Posted by AnonyJew - 23 Apr 2020 02:48

It would seem to me that it depends on the content of the prayer. I'm not familiar with it but do they mention the name of an avodah Zarah? If they simply say something along the lines of Heavenly Father it would seem you could have in mind that you're directing your tefilah to Hashem and I don't see that it would be a problem.

On the other hand I would recommend reflecting on where your concern is coming from. Meaning to say if you're sincerely concerned because you want to be closer to Hashem or if this is a ploy of the *yetzer harah* to get you to avoid something that would help you get closer to Hashem (i.e. attending the meetings and recovering from the addiction).

Just my \$0.02

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Re: Is SA (Sexaholics Anonymous) Kosher?
Posted by Shmuel - 24 Apr 2020 12:57

Special Webinar this Sunday: Are the 12 Steps Compatible with Judaism?

You're invited to join a special webinar this Sunday **Rav Doniel Katz** and **Eli Nash** that will discuss whether the 12 step program is compatible with Judaism.

Rav Doniel Katz is the founder of The Elevation Project. A visionary educator and internationally sought-after lecturer, Rav Katz's open and compassionate teachings have transformed the lives of thousands around the world.

Eli Nash is an entrepreneur who has invited the world into his journey of recovery from addiction and has inspired many to look more carefully at their own story as a source of meaning and purpose.

In what promises to be an insightful and riveting conversation, Eli and Rav Katz will explore how Eli's personal recovery story matches up to what is found in the ancient Jewish texts. If you are a seeker of spiritual wisdom, knowledge and personal development, this conversation is for you. Those who are in recovery from addiction may be very interested in hearing the Kabbalistic perspective on this aspect of the human condition.

Come find out. Live.

When: THIS SUNDAY Apr 26, 2020 02:00 PM Eastern Time (US and Canada)

[Click here to register in advance for this webinar](#)

After registering, you will receive a confirmation email containing information about joining the webinar.

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Re: Is SA (Sexaholics Anonymous) Kosher?
Posted by hopeful1 - 24 Apr 2020 15:32

Was it the Serenity Prayer? Thats the traditional *poem* used in many peer support groups. (AA, NA, SA, etc). I personally, find the poem meaningful, and all groups encourage a

connection to a higher power. Everyone has their own version of what a higher power looks like, be it G-d or your earthly support system. Everyone has their own relationship to their higher power, and you dont need to subscribe to anyone elses.

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