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Posted by farblunjet - 13 Apr 2020 04:35

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Re: : \

Posted by lionking - 13 Apr 2020 07:22

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Farblunjet,

You mentioned in the past, issues you were struggling with, including anxiety and suicidal thoughts, of which a psychiatrist has helped you.

Are you keeping up with him?

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Re: : \

Posted by farblunjet - 14 Apr 2020 20:28

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I've seen a few therapists for a few years, but haven't been to one in the last two or so years. I've gotten what I could get from therapy, I understand my issues, I just need some people in my life. I am soooo lonely

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Re: : \

Posted by DavidT - 14 Apr 2020 20:41

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You are not alone. That is why this website exists, to come together virtually as a group of good friends and help other people who are struggling.

keep strong and we'll get over these difficult times together. .

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