

Introducing myself

Posted by Danie - 27 Mar 2020 05:31

Hey I'm glad to finally join a forum of this sort and really look forward to growing and overcoming with the rest of you.

=====

Re: Introducing myself

Posted by DavidT - 27 Mar 2020 14:20

Welcome to this great journey!

I wanted to write you a few words of chizuk...

Please remember that Hashem loves us and is our Father. He is not a mean and demanding tyrant who angrily demands perfection and doesn't realize what we are going through. Hashem understands the great challenge of self-control. He relates to you on an individual level and realizes how hard it is to win this battle.

He knows the emotions you experience when you want to give in to your desires. He feels your pain when you sway back and forth and are torn over what to do.

Since He created the challenge and put it in the world, surely He understands better than anyone else how difficult it is to overcome.

Although it isn't easy, we really can permanently leave the web of sin if we put in the effort. By changing our perspective and using techniques to attain self-control, we will escape the yetzer hara's grasp and succeed.

Controlling ourselves will become progressively easier once we start working on it.

=====

=====