Breaking free for Bochurim headed towards Shidduch Posted by Yid613400 - 22 Jan 2020 03:17

Hi,

I'm fairly new to GYE. I'm 21 and have been struggling for quite a few years.

It's always been bothering me and I've tried countless times to stop watching porn etc.

I've even spoken and confided with my rebbi about it, nothing seems to help. I have a filter and of course I get around it. I've tried leaving my phone out of my room at night

Its all hit me recently beacuse my parents started talking about shidduchim, which to me seems very **scary**, to enter into a new stage in life with a new person that you are supposed to support and be supported by, but at the same time have this **nasty** addiction?!???

Any help would be greatly appreciated.

Re: Breaking free for Bochurim headed towards Shidduch Posted by Iodaas - 22 Dec 2020 13:58

Big big mazel tov!!!

I am married for 4 years with kinderlach B"H and I never told my wife anything its a thing from the past and she does not need to know. The chofetz chaim writes many times about loshon hora that there is no heter to tell your wife, even if it means to keep a secret.

This may not be loshon hora but it might not be beneficial to tell her, it can actually cause alot of damage. I had the urge to tell my wife from the beginning but I did not and the more I got to know her I realized that thank god I didnt!!! Even if it is under control she will never understand how you can look at shmutz, for the same reason that most girls dont do it!!

Most rabbonim will tell you the same

@ chaimsimcha wishing you alot of hatzlocho on your wedding may have only sholom bayis and no bad secrets to share only good moments and memories.

Re: Breaking free for Bochurim headed towards Shidduch Posted by Shnitzel and kugel - 22 Dec 2020 14:49

I agree! Don't tell your wife if it's under control and it's a thing from the past.

Re: Breaking free for Bochurim headed towards Shidduch Posted by Chaimsimcha13 - 22 Dec 2020 21:07

Thanks so much...for all those that feel it's impossible you clearly see guys that were able to accomplish and move on. It's hard to see the big picture from the bottom of the mountain but based on guys who are climbing and are pretty high we can tell you it looks really good from up here and we would love for you guys to join us. You just have to try and hashem will help!