

Chat With A Teenager... gevurah from hashem

Posted by DavidT - 16 Jan 2020 16:27

This is a chat that I recently had with a 17 year old boy. I am posting it here with his permission and all identifying or possible personal content has been removed.

I hope other teens (and anyone else) will read this and get inspiration that it's possible to be strong and win with Hashems help...

(your feedback on the conversation is appreciated)

Message by {17 YO Boy}: Am i always gonna have temptations and always have to fight myself not to?,

Message by DavidT: the temptations become much weaker as you build self control muscles,

Message by DavidT: I know many singles that pulled out of it very nicely and so will you IYH,

Message by {17 YO Boy}: Like i dont fall every day so its not like a clean day is a big achievement,

Message by DavidT: if you have a temptation and you keep strong... its a very big achievement,

Message by DavidT: you must view each clean day as a major achievement and celebrate it,

Message by {17 YO Boy}: Alright sounds good,

Good Morning, how is your day going? Keeping strong?

Message by {17 YO Boy}: Bh i am doing well. And keeping string yesterday was clean,

Message by DavidT: Great! you made my day... keep it up and remember, every clean day is a major win and it will add up quickly... till you get to the ultimate goal of being completely clean , with Hashems help,

Message by {17 YO Boy}: Yea BH!!,

Message by {17 YO Boy}: IY"H i will be clean soon,

Message by {17 YO Boy}: Like for ever,

Message by DavidT: Good morning, I'm just checking in. Are you keeping strong?,

Message by {17 YO Boy}: Yea im still clean!!!,

Message by DavidT: Have a great shabbos and keep strong,

Message by {17 YO Boy}: Thank you you to. Thanks i will i havent fallen in five days,

Message by DavidT: B"H, you made my day! you'll keep on growing and one day you'll help others too

Message by {17 YO Boy}: Amen!! IY"H

Message by DavidT: Hi, how was shabbos? is today a day off, or same as every day?,

Message by {17 YO Boy}: Shabbos was good still didnt fall.,

Message by {17 YO Boy}: Does it make sense that since im not doing it, i feel like sad and depressed and like i keep asking myself why im trying to stop myself. But im staying strong, Sunday,

Message by DavidT: its extremely common. the yetzer hora has many good tricks. When you get these feelings you need to visualize the pain and terrible feeling that you have right after a fall... The fact is that the pleasure of not acting out and having self-control is much greater,

Message by DavidT: Hello, how is it going

Message by {17 YO Boy}: Still havent fallen!!,

Message by DavidT: are you counting the clean days?,

Message by {17 YO Boy}: Yea like im at 9 now i ythink,

Message by DavidT: WOW B"H! keep it up. It will not be an easy journey , but klal yisroel needs you to be clean so you'll be able to help others ... and IYH you'll have a great bright future ahead ... there is so much at stake here

Message by {17 YO Boy}: Shoot i feel like im gonna fall,

Message by {17 YO Boy}: I feel really weak,

Message by {17 YO Boy}: Is it ok if i fall? I deserve it. I have been so good for so long...,

Message by {17 YO Boy}: Im stronger than this. Im not gonna let myself fall!!!!,

Message by DavidT: Hey. I was in shul davening for you..., I never had such a case like you, I want to ask you a few things,

Message by DavidT: 1- do you agree that a create a forum post with the text messages of our conversation (without your identity of course)? I think it will go viral,

2- where did you get such gevura from? Your parents?,I'm genuinely amazed.. not trying to just make you feel good,

Message by {17 YO Boy}: Thank you so much for davening for me!!! It definitely helped!,

Message by {17 YO Boy}: My Gevurah is all from Hashem. I have been davening for gevurah for monthns now and Its just I know that Hashem gave me a test and i know that Hashem knows I can pass it so today when i texted you i was gonna fall i was ready to let myself fall. I made excuses to myself like "its fine because I have been good and deserve it" but then i just thought "why do i want to do this. Its not worth it. I feel better when i dont do it. Im happier long term. I am stronger than the temptations" and i just closed my phone and went to my living room and learnt some gemara,

Message by DavidT: Beyond amazing..., I'm really embarrassed... you're much stronger than I was at your age...,

Message by {17 YO Boy}: Dont be embarrassed. Im strong with your help,

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Re: Chat With A Teenager... (beyond amazing!)
Posted by 360gye - 16 Jan 2020 16:41

Very inspirational for anyone. I particularly am inspired by the way he jotted down his struggle play by play and eventually over powered it

Thanks for sharing

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Re: Chat With A Teenager... (beyond amazing!)
Posted by wayup - 19 Jan 2020 17:40

wow this is wonderful it gave'd me a lot of chizuk since i'm also around the age of that 17 year old strong boy it gave'd me a lot of chizuk seeing the gevurah that he has its more then just gevurah, i'm also struggling very hard one day up and one day down it's very hard, it would help me a lot knowing how others did it up, specially that boy of 17 to stop from one day to another for such a long time ! and just say no by a hard nisayon !

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Re: Chat With A Teenager... gevurah from hashem

Posted by DavidT - 21 Jan 2020 15:05

The Gemara (Pesachim 113.) states, ,???? ????? ????? ??"? ??? ???

"There are three people Hakadosh Baruch Hu publicizes [to reveal

their praise] every day. They are: **a bachur who lives in a city and doesn't**

sin; a pauper who returns a lost object; and a wealthy person who tithes

in privacy." Because these deeds are difficult and that shows our devotion

to Hashem.

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