

Do you enjoy it less now?

Posted by farblunjet - 22 Oct 2018 19:47

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After starting to fight the urges a year or so ago, when I do succumb it doesn't give me the high I used to get, because It's like I have this thing me knocking me in the head: "it's a sin ....it's a sin..." and I cannot be in the moment and enjoy it as I used to. But sometimes that makes me feel better when I tell myself afterwards "i did it but i wasn't really into it."

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