

SA Phone Group

Posted by Ineedhelp!! - 08 Dec 2009 15:54

Hi GYE community,

I thought of something that I think many people on the forum could benefit from. Right now we have these SA groups where there's a sponsor and sponsees on the call going through the 12 steps. It is great for anyone who wants to go through the steps. I am doing that, but I am also doing something else that I think has helped me tremendously. I call in on a non Jewish phone group. They dont have a sponsor run the call. They have people like me and you, in recovery. Theres a literature and they red questions and go around to people on the call and answer the questions. Everyone has like two minutes maximum to answer each question. I think this would be a great idea for us to do. we could make our own support group. where we just answer the questions and everyone gets to speak (if you want you can just listen, but the call is based on people speaking up). These people do it every night but we dont have to. We could do it any set number of times per week. If anyone has interest in this then reply on this thread with your amount of interest (not at all, somewhat, very, YES YES YES, etc.), how many times a week you would the call to take place, and which days it should take place. I personally would want like 3 times a week. Thursday, Motzei Shabbos and maybe Monday but thats all flexible.

Have a great day everyone!

-Yiddle

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Re: SA Phone Group

Posted by struggla21 - 09 Dec 2009 20:27

I'd like to join!

Just let me know when and where (on the phone obviously lol - i mean where to call)

Great Idea!

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Re: SA Phone Group

Posted by Lechayim - 09 Dec 2009 20:33

I believe it should be open to all participants, not only DC callers. Are you saying there will be goyim on the call Yeedle?

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Re: SA Phone Group

Posted by Ineedhelp!! - 09 Dec 2009 21:41

Great Struggla! That makes 4 I think

Dont worry Loynata its not restricted to DC callers, Steve means that we'll just advertise it for people on the DC call and maybe get a shout out from DC if he thinks its a good idea. And no, it will be strictly for GYE members. If a goy calls in we wont kick him off but it will be only advertised on GYE.

Lets get more people!! (I would say 10 is good number but i think we could do it with 8 as well)

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Re: SA Phone Group

Posted by Steve - 09 Dec 2009 22:20

yiddle's right, I didn't mean to restrict it to only the DC guys. I just didn't know what he meant to do. We're all in this boat together. Just don't sit on my life preserver...

I think tho', yiddle, you may get more people once we get past step 5, I think we'll feel more secure when we see ourselves climbing out and see more of the light at the end of the tunnel.

But you might feel diff, since you've been in other groups. Waddayathink?

Is there a point in the step program where this discussion could be counterproductive, make us step, back instead of foreward?

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Re: SA Phone Group

Posted by Ineedhelp!! - 09 Dec 2009 23:58

Ive never been through the steps before, I have just joined in on a random nightly call where the people go through certain questions answering them. It may help to have gone through 5 steps because people may be more open afterwards. Who knows. What I know is that we need like 4-6 more people. Thats not much!!

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Re: SA Phone Group

Posted by the.guard - 10 Dec 2009 08:31

To all you guys who want to sign up for Yiddle's call, have you ever tried Elya's call? I understand there's a lot of room for talking and discussion there too!

If you describe exactly what you think members stand to gain from this call, and why it is different than [Elya's free weekly phone conference](#), then maybe I'll announce it in a chizuk e-mail...

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Re: SA Phone Group

Posted by Ineedhelp!! - 10 Dec 2009 14:50

Guard,

I was once on Elya's call and although its is great for people to be on, it is not ideal for many people to be on. Just like woith DC's calls it can very hard for a person to speak up, especially if one person talks alot. But in the type of call that I would like to set up, everyone has an allotted time to speak so no one can feel that they cant speak up. I also don t what the format of Elya's call is, but this call would not directly have to do with the 12 steps. This will be a more of how you are doing in general, how your day went, what to expect in the next day and how you plan on trying to prevent lust from entering your body. Unlike Elya, I will not say that one should get sobriety from joining this call. If a person does that is great, but doing this alone will probably get them sobriety so I am not going to promise that. Another difference between Elya's call and this call would be timing. I would like to make the time when people have the most difficult time with lust, over the weekend(atleastst for me). maybe a Friday and Sunday call (or even MotZei Shabbos). But we would need more people to commit because not everyone will be able to make very call becasue it si going to be on the weekend.

What do you guys think?

-Yiddle

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Re: SA Phone Group

Posted by Tomim2B - 10 Dec 2009 15:22

As I understood it, and as Yiddle just mentioned, some of the guys participating in Duvid Chaim's calls wanted something for the days that there are no calls (Friday - Sunday).

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Re: SA Phone Group

Posted by Ineedhelp!! - 10 Dec 2009 15:26

Tomim,

That I did not know! Maybe privately you can tell me who specifically? Maybe we can recruit them. So if Tomim is in I guess that makes 5 for a trial call.

-Yiddle

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Re: SA Phone Group

Posted by Steve - 10 Dec 2009 19:38

I don't know if there were specific people mentioned on the call itself, but I think he was stating it from the general concensus that the crew feels less chizuk on Fri-Sun because there's no call those days. DC always suggested and reminded us to spend those days in the company of others, not to be alone, and also to try volunteering or helping others on those days. The giving and the fuzzy slipper feeling of joy it gives us was one antidote he gave over for those times.

Now after today's call I see the giving is more than that - it's a frontal attack on the selfishness and egotistic state of being that got us here. THERFORE, ERGO, it will naturally help to lessen the desire for lust, as it will one day be it's undoing altogether.

That's ERGOTistic, vs. EGOtistic.

I like that....

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Re: SA Phone Group

Posted by Ineedhelp!! - 10 Dec 2009 19:50

Nice pun with ergo and ego. I am going to work out the quirks (is that the right word to use? eh,

who knows/cares) with DC. He and Guard are both in for it and DC said we could use his conference call line cause no one uses it then anyways. Hopefully this will be something that more than **5** people will catch onto!!

-Yiddle

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Re: SA Phone Group
Posted by Steve - 10 Dec 2009 20:15

let's just find a time when there's no static on the line.

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Re: SA Phone Group
Posted by Ineedhelp!! - 10 Dec 2009 20:19

OR LASERS!! ;D

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Re: SA Phone Group
Posted by the.guard - 10 Dec 2009 20:37

Go Yiddle Go! This sounds really great! Kinda like Imtrying25 is trying to set up on Motzai
:D

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