## **GYE - Guard Your Eyes**

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More than a fall...
Posted by Spike Ed - 08 Apr 2018 11:58

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I have been on and off gye for a while now, probably a couple of years. I have had good streaks and many falls and am grateful to have the forum and community here for help and support and now I need it more than ever. After a decent streak I had the deepest fall I have ever, and will ever have. That is because it involved another person. I am married with a child and the incident wasn't sex though it was a sexual act that lead to a fall. I don't know where to go from here. The whole incident lasted maybe 5 minutes and I am afraid I have lost my soul to a place that I can't return from. I honestly feel like I deserve "karet" to be cut off from the Jewish people and am afraid of what comes next.

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